



APPNA

NEWSLETTER

Raana Akbar, M.D., Editor

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NOVEMBER/DECEMBER 1991

VOLUME I NUMBER 3

PRESIDENT'S MESSAGE

Dear Members: Assalam Alaikum!

The Association of Pakistani Physicians of North America (APPNA) was incorporated on August 29, 1977, in the state of Michigan. Since then APPNA has been involved in various projects and programs in the USA and in Pakistan. It has donated cash, medical books, journals, instruments and equipment to charitable institutions in Pakistan. APPNA is also involved in medical research in Pakistan and in sponsoring short-term visits by Pakistani faculty members to the USA. APPNA holds two major conferences a year, one in the summer in North America and one in the winter in Pakistan. Rural health has also been a major APPNA concern. Through "APPNA SEHAT" it has been providing valuable services to improve the health of poor people of rural areas of Pakistan. Improvement in medical education has been also of special interest to APPNA. Recently APPNA has submitted a proposal for postgraduate medical education to the Government of Pakistan. APPNA has championed the cause of international medical graduates in the USA. It also provides supervision to "CAPPNA" (Children of the Association of Pakistani Physicians of North America). The list of APPNA activities is almost unending. I have mentioned but a few of them.

As we enter the last decade of this century it is time to pause, and plan for the future direction of APPNA. During the last Executive Council Meeting in Toronto, Canada, the idea of a retreat for a brainstorming session received wide support. Your ideas and suggestions will go a long way in making APPNA a more effective organization to meet the challenge of the next century. Results of that meeting will be reported to the membership in future APPNA Newsletters.

This year we also plan to publish a comprehensive directory of all the physicians of Pakistani origin in North America, including physicians in training. You may be contacted by mail or telephone. To offset the cost, we will need advertisements in this directory. Please help us in gathering this data and ads for this directory.

The preparations are in full swing for the *Twelfth International Health Conference in Pakistan* which will be held in Islamabad/Rawalpindi on December 17, 18 & 19, 1991. Please register for this conference now. Hope to see you soon.

Yours sincerely,

Mushtaq A. Khan, M.D.

The APPNA Newsletter is published bi-monthly, six issues per volume, one volume per year by the Association of Pakistani Physicians of North America.

EDITOR'S NOTE

Another one of us is gone. Did he leave any traces?... Will his footsteps be lost, in this vast melting pot?... Will there be anybody listening for him, looking for him? We, who are the lost generation, the perennial gypsies, suspended between two worlds, happy in neither, always yearning for the other, where are we going? Does anybody know?

There was a time when people used to know where they came from. They were secure in their destinies. The Khans knew the Maliks and the Maliks knew the Chaudhries. That was a time before our parent's time. There have been many immigrations since.

And now we, who have chosen material security... what is our ultimate direction?

Yes! we know who he was - and no, he was not just an immigrant, without a background. What you thought strange, was dear and natural to him and we, his brothers know him and understand. We will bathe him, anoint him, and carry him with loving hands. He was one of us.

And we are afraid that we will not leave any footsteps. Together we stagnate in collective despair. He is gone and so is a part of ourselves. We will not find that part and the Khan will not know the Chaudhry and the Chaudhry will not know the Malik. The assumption of ties withers, of the illustrious background dims, faith is a faint recollection. We are at the crossroads.

Raana Akbar, M.D.
Editor

LETTERS TO THE EDITOR

Statements appearing here are those of the writers and do not represent the official position of APPNA or its committees. Comments on any topic are invited from all members. The editors reserve the right to publish replies and may solicit responses.

Letters must be signed and should be submitted in duplicate, double spaced with the name and address of the author (s) on the letter. Please send to Raana Akbar, M.D., Editor - APPNA Newsletter, 4701 Towne Center, Suite 303-304, Saginaw, MI 48604.

SUMMER MEETING - MUSICAL PROGRAM

To the Editor:

The musical program which was performed at the APPNA meeting in Chicago, June, 1991, was a flop. The music was too loud, and it was not of a good caliber.

I would suggest inviting Munni Begum and party which includes Mr. Asif Ali and Mr. Farid Khan for the APPNA meeting in New York in 1992. They have previously visited the USA in 1990 and performed excellent programs in various cities of the U.S. Muni Begum also performed very successfully in the 1984 APPNA program which was held in New York.

If Munni Begum is not able to come, perhaps Mr. Habib Wali Mohammad can be invited. APPNA Local Host Committee should give this sympathetic consideration.

Sincerely yours,
Saeed A. Khan, M.D., F.A.C.P.
Benton, Illinois

In response

I appreciate Dr. Khan's comments and I take full responsibility for the musical program, and regret the distasteful performance. Unfortunately the person designated to be the organizer of our program took off for Pakistan a month or two before our meeting. We had to put up a program hurriedly and this group, was recommended by some of our members. I can only promise that the next program which I have the honor to arrange, is going to be all of what you are asking for and more. We cannot invite someone specifically for our program as we cannot afford to pay the large sum of money which these entertainers demand. We have always tried to use groups which are touring at the same time.

Sincerely,
Arif Muslim, M.D., F.A.C.G.
Immediate Past-President - APPNA
New Windsor, New York

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Pervaiz Shaikh, Vice President

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SECRETARY'S REPORT

The fall meeting of the Executive Council was held in Toronto, Canada on October 4, 5 & 6. The excellent arrangements for the meeting were organized by the Regional Councilor for Canada, Dr. Shaista Syed. The Council was addressed by His Excellency the Pakistan High Commissioner to Canada, Mr. Hakim Ullah Babar, His Excellency the Council General to Canada, Mr. Tariq Altaf and Mr. Imran Khan. Following is a synopsis of the main decisions and discussions that took place. Please call me if you need further information on any of these topics.

The Constitution & Bylaws Committee. Constitutional amendments have been delineated that will give voting privileges to the Chapter presidents. These amendments will be mailed to the general membership in January and February, 1992, for approval.

Disaster Relief Committee. Dr. Shaukat Khan reported that a disaster relief plan is being developed which would enable APPNA members to respond in an organized fashion to any kind of disaster in Pakistan and other countries.

Internal Audit Committee. Dr. Tariq Iftikhar recommended among other things a decrease in the overtime used by the employees, better planning of their work schedules as well as guidelines for check writing and bookkeeping.

Lifetime Dues Investment Funds. Dr. Hassan Bukhari reported that the current balance is \$243,625 and that another \$4,500 is due from members paying in the installment plan of lifetime dues. He said his committee had been following the instructions given by the previous Executive Council to be conservative in investing. While the returns have recently averaged 8-10%, not even a penny of the principle has been lost (even in the 1987 stock market crash). Some members suggested that the funds should be invested in more aggressive investments aiming for returns in the 14-25% range. However this was not approved.

Dr. Bukhari also informed the Executive Council that the raffle resulted in a profit of \$18,270 for APPNA. In accordance with the directives of the Executive Council the money has been invested with the lifetime dues fund.

Long-Range Planning Committee. Dr. Ghulam Qadir gave a detailed report. The committee is now focusing on three main areas: mentors for physicians in

training, spouses auxiliary and retirement community.

Physicians in Training. Dr. Waseem Arain and Dr. Saeed Bajwa discussed plans to increase the participation of postgraduate interns and residents in APPNA.

APPNA SEHAT. Dr. Nasim Ashraf announced that the Village Improvement Project was launched October 1, 1991. Members desirous of adopting a village should contact Dr. Ashraf.

Publications Committee. Dr. Arif Toor described the plans for publishing an updated directory of Pakistani Physicians in North America by the 1992 Summer Meeting. Dr. Toor also outlined a proposal for an APPNA Credit Card which would be sponsored by MBNA. This proposal was approved by the Executive Council.

Office Management Committee. Three major proposals were approved: (a) plan to eventually own a central office building as opposed to renting it, (b) updating the office computer and increasing the staff to two full-time employees, (c) all alumni and chapters to use the central office for their mailings, bookkeeping, etc., at cost. The last proposal will be discussed with the various alumni presidents in more detail.

Board of Trustees. Dr. Zafar Mahmud, the new Chairman of the Board of Trustees requested greater say and involvement of the Trustees in the day-to-day affairs of the Organization.

Miscellaneous. The 1991 Summer Meeting was also discussed in detail. All the problems encountered were analyzed. Dr. Mushtaq Sharif outlined a proposal to avoid such problems in the future. The Executive Council was also informed that Dr. Amanullah Pathan had resigned as President of Liaquat Medical College Alumni Association. The Executive Council pledged to support Mr. Imran Khan's efforts to build a Cancer Hospital in Pakistan. The plan for the Winter Meeting in Pakistan (December 1991) and the Summer Meeting in New York (June 1992) were reviewed. Criteria to evaluate these meetings were approved. The spring Executive Council meeting is planned for April, 1992, in Dallas/Ft. Worth, Texas.

Respectfully submitted,
M. Khalid Riaz, M.D.
(708/931-4200)

**TREASURER'S REPORT - APPNA GENERAL FUND
NINE MONTH 1991 - REPORT & COMPARISON**

M. M. Haque, M.D.
(708/323-5800)

	NINE MTHS. ENDED SEPT. 30, 1990	NINE MTHS ENDED SEPT. 30, 1991	1991 PROPOSED BUDGET
RECEIPTS:			
MEMBERSHIP DUES	\$66,300	\$55,725	\$88,000
LIFETIME DUES	27,800	24,150	
ALUMNI ASSOC. DUES	16,560	11,115	
DONATIONS	7,049	24,497	
FMG/ASSESSMENT DUES	3,700	-0-	7,500
ADVERTISERS/EXHIBITORS	11,910	23,675	20,000
GEN.FUND INTEREST INCOME	1,051	2,355	
REIMB. FOR OFFICE SERVICES	1,253	306	1,600
RECPTS:MTGS,	92,037	116,855	100,000
	<hr/> \$227,660	<hr/> \$258,678	
DISBURSEMENTS:			
ALUMNI ASSOC. DUES	10,505	1,205	
ALLIANCE OF FMG'S	4,500	7,500	7,500
LIFETIME DUES INVEST.	50,050	55,000	
PROFESSIONAL FEES	2,394	5,026	3,000
GEN.FUND BANK CHARGES	2,260	436	1,000
INSURANCE	21	213	2,500
POSTAGE/FREIGHT	6,304	9,359	11,000
PAYROLL/RELATED TAXES	33,061	31,200	40,000
OFFICE EQUIPMENT	7,540	-0-	
OFFICE SUPPLIES	7,361	5,005	13,000
RENT	4,500	4,500	6,000
PRINTING	9,649	8,843	18,000
DONATIONS	10,750	2,750	
EXPENSES:MTGS,CONF.S.	42,335	74,775	100,000
PHONE	1,818	1,766	3,500
UTILITIES	276	330	
	<hr/> 195,324	<hr/> 208,483	
EXCESS OF RECPTS OVER DISBURSEMENTS	32,336	50,195	
FUND BALANCE AT BEGIN. OF PERIOD	2,632	11,435	
FUND BALANCE AT END OF PERIOD	<hr/> \$ 34,968	<hr/> \$ 61,630	

MEDICARE CUTS IN PHYSICIAN PAYMENT

The Health Care Financing Administration's (HCFA) proposal regarding the new Resource Based Relative Value Scale (RBRVS) Medicare payment system drew much attention on a national level. HCFA received nearly 100,000 letters from concerned health care providers. The concern of the United States Republican Senate is that this proposal would have a negative effect on physicians participating in the Medicare system since many would have to redirect or discontinue services to Medicare enrollees. In addition the reduction is not budget neutral. It is apparent that HCFA will not retreat from the concept of a 6.5% behavioral offset or a 2% reduction for asymmetry based on historical payment patterns. The position of the American Medical Association is to ask for delay in this ruling while Congress acts on the pending legislation.

New changes in the Medicare system would be effective as of January 1, 1992. Some of the changes will be revised fee schedules, limiting charges, the new CPT office visit codes and the new HCFA claim form. To avoid delay in payments and rejection of claims by Medicare, it is essential for the physicians to familiarize themselves with the new requirements.

Ayaz Samadani, M.D.

COMMITTEE REPORTS

AD-HOC COMMITTEE

Several initiatives have been introduced in this first session of the 102nd Congress that would prohibit discrimination against IMGs involving medical licensure, licensure by endorsement, during residency training, etc. Congressman Towns (D-NY), Solarz (D-NY), Hastert (R-IL), and Dymally (D-CA) have all played key roles in bringing attention to these important issues. In the Senate Senator Paul Simon (D-IL) has been instrumental in introducing and pushing for the adoption of pro-IMG legislation. The bills introduced this year, and those in previous years have been freestanding measures that have received a lot of attention, but little actual consideration by the responsible Congressional Committees. During the past several months, we have been working to change that.

Congress this year is in the process of rewriting provisions of the U.S. Public Health Service Act that provides for the training of health professionals in the United States. The focus of the International Association of American Physicians (IAAP) has been to use this as an appropriate legislative vehicle to deal with IMG issues. In 1988 IAAP successfully lobbied the Congress to use the same reauthorization bills to mandate that the General Accounting Office (GAO) investigate the issue of differences in licensure requirements for IMGs versus the domestic medical graduates. The Health Profession Authorization Public Law 94-484, was enacted similarly regarding IMG provisions as far back as 1976.

The House Health and Environment subcommittee considered the health professions reauthorization on October 1. As a result of the groundwork done during the last year by IAAP and the previously mentioned senators, the reauthorization measure contains the first solid pro-IMG provision that has ever been included as a subcommittee's recommended bill. This establishes a department of Health and Human Services Chartered Advisory Council that will advise the HHS Secretary and the Congress on the International Medical

Graduates, U.S. Medical Graduates, the representatives of ECFMG, the AMA, medical schools, etc. The Council will have the following mandates:

1. To monitor the implementation of the physician credentials verification system being established by AMA. If the system does not work well, the HHS Secretary will advise Congress that a Federal verification system is needed.

2. To study the policies and priorities of states with respect to licensing International Medical Graduates.

3. To consult with state and federal licensing organizations regarding nondiscriminatory policies in initial licensure and licensure by endorsement.

4. To survey ten states annually for determining any discrepancies in medical licensure for IMGs vs. DMGs.

Congressman Towns was able to recommend the bill with a "sense of Congressional resolution" that medical residency training programs in the U.S. should not discriminate against IMGs. At this time we must recognize that these provisions are a long way from being enacted into public law. Hopefully by the time you read this, the health professions authorization will be ready for consideration by the entire House of Representatives. In the meantime, the Senate should be introducing their version of the health professions rewrite during the next several weeks. Once that occurs, and both bills are passed by their respective House of Congress, then there will be a good chance of winding up with a legislative victory.

It has been wonderful to be able to facilitate dialogue between groups that have been at odds with each other for so long. It is important to note that the American Medical Association supported the enactment of the two major House provisions effecting IMGs, which is a major step forward.

Respectfully submitted:
M. Murtaza Arain, M.D.,
Chairperson
Parvez I. Shah, M.D.,
Co-Chairperson

COMMITTEE REPORTS (CONTINUED)

LONG-RANGE PLANNING COMMITTEE

The Long Range Planning Committee has decided to concentrate on the following three projects:

1. Preparation of a list of Mentors for interns, residents and medical students
2. Woman's auxiliary
3. Retirement communities

The Committee has decided to recruit physicians who would be interested in serving as Mentors through this Newsletter. If there is an inadequate response, the recruitment would be deferred to the registration of the next annual meeting.

The Long Range Planning Committee has asked the Executive Council to allocate a space for the Women's Auxiliary to hold an open forum to bring up the issues of interest. The Committee members feel that this open forum will provide an agenda for the future.

The Committee also felt that there was a need to define the activities of the retirement community and the facilities needed to pursue those activities. Once that determination is made plans to acquire such a community can commence. As physicians, most of us are workaholics and apt to put fun and leisure activities

on hold. The Committee recommends a condominium complex with a nearby mosque, a restaurant, a club house, gymnasium, and a golf course in a moderate climate. To make this project a viable entity, we may have to open it to all Pakistanis instead of restricting it to the physicians. The Committee will need a response from the Executive Council to proceed any further.

Respectfully submitted:
Ghulam Qadir, M.D.,
Chairperson
M. Aslam Malik, M.D.
M. Hafeezur Rahman, M.D.
Zahra Yousuf, M.D.
Miss Talat Shah

WANTED

Mentors are needed for physicians in postgraduate medical education programs. Please volunteer and send your name by December 1, 1991, to the APPNA Central Office. Also, please indicate whether you want to be a mentor for medical students, interns or residents nearing the completion of their residency.

Sincerely,
Ghulam Qadir, M.D.

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M.A. Rahman Chughtai (1897-1975)
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The renaissance of Muslim Painting was brought in by the Founder and Father of Art in Pakistan, M. A. Rahman Chughtai, who at the time of his death in 1975 was declared by International Art Circles as the 'Greatest Islamic Artist'. His death widely condoleed, included condolences from the Secretary General U.N.O Dr. Kurt Waldheim, Vice-President Nelson A Rockefeller of U.S.A, Queen Elizabeth II of England, President Walter Scheel of Germany, and Prime Minister Indira Gandhi of India.

Chughtai Museum preserves and promotes the art of Chughtai, being organized by the artist's family on a private level. It is a place to visit to view art works, receive cultural information, and purchase original watercolours, etchings and aquatints, limited edition prints and publications. Mail Orders are always welcome. Support the Art of your country by purchasing some aspect of Chughtai Art, both for aesthetic pleasure and sound investment reasons.

Chughtai Museum Trust, Mian Salah Mimar Lane,
4 Garden Town, Lahore - 54600, Pakistan. Phone:
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COMMITTEE REPORTS (CONTINUED)

INTERNAL AUDIT COMMITTEE

The Internal Audit Committee was authorized to review the operational activities of the central office of APPNA and to make recommendations for its improvements. The office has two employees, one full and the other part-time. Both of them are cross trained in each other's areas of responsibility. Financial oversight is provided by a paid independent auditor. The system of payments to the vendors does not follow a defined pattern. The checks received at the central office are deposited within a few days in person. The executive secretary has been authorized by the office bearers to sign checks up to \$1,000, but there is no limit on the number of checks. Payroll checks are traditionally signed by the treasurer. Advance travel expense allocations are being given although the supporting documents do not arrive in a timely fashion or in a proper format. Newsletter editing combined with repeated changes impose a heavy burden on the staff. *The Committee also found that during the first six months of this fiscal year more than 200 overtime hours had been logged.

Currently a paid auditor is involved with the financial oversight responsibility. His on site visits are infrequent, the executive secretary sends the copied bank reports on a monthly basis to the auditor. The bank reconciliation is not done on a regular basis. The committee was unable to locate any well-defined budget for the office as well as for APPNA activities. It was painfully evident that the planning for the annual meetings is not finished in a timely fashion and no deadlines exist!

Recommended suggestions:

1. There should be a clearly defined limit not only on the amount but also on the number of checks written during a specified pay period.
2. Bank deposits of checks and cash should be conducted only once a week on a preset day.
3. It is suggested that Editor of APPNA Newsletter devote more effort in reducing the re-editing process at the central office. *
4. All reimbursable expenses for travel allocation should be presented with invoice as soon as travel is completed and APPNA should reimburse the individual within a week after receipt of the invoice, and supporting documents.
5. A local member should be appointed for office supervision (Ombudsman). The office management committee should try to streamline the office procedures and make sure that the office personnel are cross trained and provided with adequate

supervision.

6. The auditor should be considered as an accountant and should provide the APPNA office with on site inspection of its financial activities, including but not limited to bank reconciliation, payrolls and payments. He should provide quarterly financial reports to APPNA and also recommend corrective suggestions.

7. A method should be developed according to which all preparations for the annual meeting could be completed by a specific date. A budget should be allocated for all major expenses and no overrun should to be taken lightly.

Respectfully submitted,
Tariq B. Iftikhar, M.D., Chairperson
Naseer Rana, M.D.
Deen Ameen, M.D.

* Editor's Response:

All the editing is done in the Editor's own office. The Central Office receives the completely corrected finished manuscripts. The Central Office has to correct their own typographical errors as well as any misunderstood instructions regarding typesetting. Minor changes consisting of a single sentence correction per issue may have been undertaken.

SINGLE PHYSICIANS COMMITTEE

There will be a get together for the Single Physicians Group during the "12th International Health Conference" in Pakistan December 17-19, 1991. A speaker will address the group regarding Management of Finances for the Single Physician.

Zeenat Anwar, M.D.
Chairperson

WANTED

We need a speaker who is knowledgeable in Management of Finances for the single physician specifically to address this group in Pakistan December 17-19, 1991.

Please send abstract to:

Hassan I. Bukhari, M.D.
Chairperson, Scientific Program
4001 Worth Street
Dallas, TX 75426

ATTENTION COMMITTEE CHAIRPERSONS

Deadline for submission of articles to appear in the January/February 1992 Newsletter is December 30, 1991. Please mail or fax your report to: Dr. Raana Akbar, Editor - APPNA Newsletter, 4701 Towne Centre, #303-304, Saginaw, MI 48603, fax # 517/790-9200.

COMMITTEE REPORTS (CONTINUED)

MEMBERSHIP COMMITTEE

During the last two years more than 500 physicians of Pakistani origin have arrived in the US. This number is probably conservative. Many of these graduates belong to the newer medical colleges in Pakistan who do not have any alumni association represented in APPNA.

The requirements for membership in APPNA as pertaining to residents and fellows in training are as follows: Any physicians from a recognized medical college in Pakistan who is in postgraduate training in the U.S. can become a member of APPNA with full privilege without paying dues. He/she could also attend the annual meeting of APPNA without paying any registration fee. However he/she would not be classified as an active dues paying member and therefore could not serve on the Executive Council.

During the last three months I have been in contact with many of these residents in training. They have frequently vocalized feelings of being used for political purposes, the absence of any commitment by APPNA regarding residents and their own general lack of awareness of availability of membership in APPNA and its many benefits. In addition residents feel frustrated in not being able to get \$100 each from 20-25 of their group to form an alumni. Many of them are on a tight budget.

Our recommendations are as follows:

This group of physicians should be offered fully paid active membership at a substantially reduced rate (which would be 25% of the full membership fee), registration at the annual meetings should also be reduced to 50% of the regular rate. We also suggest that the constitution should clearly express the intent of this organization to help residents in

their social and professional development. The Committee is also developing new solicitation material for recruiting members.

M.Hafeezur Rahman, M.D.
Chairperson

PUBLICATION COMMITTEE

The Publication Committee has been assigned the task of producing a new directory of Pakistani Physicians of North America. The importance of this project lies in the fact that not only more than six hundred new Pakistani physicians have arrived here since the publication of the last directory but many individuals have changed their addresses and/or the telephone numbers. The Committee is planning to subdivide this directory by college of graduation, therefore it will serve as an alumni directory as well. At the end of each alumnus chapter there will be an index by year of graduation. The grand index will be by last name, by state and by specialty.

Pictures of all individuals who care to send a passport size photograph, with their name and address on the back, to the Publication Committee by the end of February, 1992, will be published. The Committee has also decided to include the names of the spouses and the names and date of birth of the children in this publication.

Watch for the postage paid data collection card in your mail. You can also call this information in to our toll free number with an answering machine. The number is 1-800-68-APPNA and will remain in service from November 1, 1991 to March 1, 1992. We urgently appeal to all of you to respond to this most important inquiry as soon as you get it and remind your friends to do the same.

Arif A.A. Toor, M.D.
Chairperson

FUND RAISING COMMITTEE

We need your help for building the APPNA office. Please donate towards the **Building Fund**. A donation of \$1,000 (one thousand dollars) will have your name inscribed on a plaque. Send your check to APPNA, Fund Raising Committee, 4121 Fairview Avenue, Suite L2, Downers Grove, IL 60515-2236

Also watch your mail during December/January for solicitation for **APPNA Visa/Mastercard** from Transnational Financial Services (TNFS). Please consider obtaining this as APPNA will benefit from your purchases.

Ayaz Samadani, M.D.
Chairperson

ALUMNI ASSOCIATION REPORTS

NISHTAR ALUMNI ASSOCIATION

Nishtar Medical Alumni had a very successful and well attended meeting in Chicago. A new slate of officers was elected as follows:

President: Shaukat H. Khan, M.D.

Office telephone: (215) 826-4420

President-elect: Shabbir H.Safdar, M.D., F.A.C.P.

Office telephone: (314) 363-4200

Secretary: Zafar Naqvi, M.D.

Office telephone: (203) 354-5511

Treasurer: M.Rashad Chaudry, M.D.

Office telephone: (718) 240-6366

During the APPNA council meeting at Toronto, Nishtar Alumni Association decided to have a one-day scientific seminar at Multan. Probable dates are December 22 or 23, 1991. All Nishtarians are urged to attend this meeting and also present papers. Please send your resume and papers by November 30. We

plan to have a good meeting and a social get together at Multan in December.

Respectfully submitted,

Shaukat H. Khan, M.D.,
President

FATIMA JINNAH ALUMNI ASSOCIATION

F.J. Alumni extends a hearty welcome aboard to new members. F.J. Alumni is where our families get a chance to come and meet one another. Our organization is not only a social one for families but we have a vision to develop our talents and potentials as well as our children's scholastic and extra-curricular abilities. We are planning an album for the F.J. Alumni and would appreciate pictures of you and your families with accompanying demographic data.

Sincerely,
Naheed A. Khan, M.D.
Treasurer

OBITUARY

Khan Z. Masud, M.D., an anesthesiologist died September 30, 1991. He was 50. Dr. Masud graduated from Dow Medical College in 1963 and trained in the Cook County Hospital Chicago 1968-1971. He received his certification from the American Board of Anesthesia in 1972. He was Associate Clinical Professor of Anesthesia, Michigan State University and won the Best Teacher Award in 1977, 1980 and 1984. Dr. Masud served as the Chief of Staff of St. Mary's Medical Center and subsequently as the Medical Director of the same hospital. He was Chairman Department of Anesthesia, Director Respiratory Care, Director Pain Clinic, Director Critical Care Medicine. He had a number of publications to his credit. He was a member of AMA, American Society of Anesthesiology, and the Dow Medical College Alumni Association.

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APPNA/CHAPTER REPORTS

WASHINGTON - BALTIMORE CHAPTER

This year Washington-Baltimore Chapter of APPNA Region 5 has, as usual, been involved in several year round activities. A recent letter was sent for further promotion of our social and business activities.

The Executive Council meets about eight times a year and plans the quarterly chapter meetings.

Two quarterly general body meetings have been held this year, in March and June. The political, psychological and social impact of the American involvement in Iraq's war and Iraq itself were discussed in the form of a lecture followed by a question and answer session in one meeting.

Our lectures have a continuous medical as well as a nonmedical education value. At every opportunity we invite a chief guest. The Ambassador of Pakistan has joined us on these occasions. We had also invited congressmen and senators, etc. Observations

tell us that we need cooperation and a solid agenda, and sincere work in spite of our personal commitments. We can reach all our specific goals if we have this agenda and we follow it.

Abdul Rauf, M.D.
Councillor - Region 5

NEW JERSEY CHAPTER

Formation of a local chapter in the state of New Jersey is being considered. We have a large number of members in this state and many of them have provided leadership to the Association of Pakistani Physicians as well as different alumni associations. The first meeting of this planned local chapter is being scheduled for November of this year.

Parvaiz A. Malik, M.D.
Councilor - Region 6

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CAPPNA's goals are best stated in CAPPNA's Constitution & Bylaws which are to promote association amongst the Children of APPNA; to facilitate a greater and better understanding between the youth and their parents, to promote the group as an integral part of North American society, while maintaining Muslim beliefs and ideology and to establish a support organization for its members.

In the scope of CAPPNA issues, dancing and dress are very minor. Why was a band or a disc jockey hired? The youth never asked for a band. It was always provided by APPNA. Was it a test? Why are children constantly being tested? We don't need to dance, and we don't need to be tested. There are so many more issues that need to be discussed. Many children feel alone, they feel that their experience is unique to their situation and that they are not understood. CAPPNA will provide the support system needed by these young people. This organization will strike a balance between Eastern beliefs and Western values, keeping our convictions while working within this value system. A mentor programme will be established in which older members of CAPPNA will guide and advise younger members on issues of concern; how they dealt with discrimination, what they did to get into a good university, what medical, engineering, law school, are like, and much more.

CAPPNA would like to use APPNA's central number as the main number to activate the support network. From the main number, a network of regional members will take over, providing services and help. CAPPNA is a small organization, but it could be opened to children of nonphysicians, increasing its chances of becoming a strong organization. The dream is to become an organization of united Pakistani-Americans, working together to further our visions in this society.

In preparation for the 1992 APPNA/CAPPNA meeting

in New York, a committee which consists of members of both organizations has been formed. The committee will submit its needs for the meeting to APPNA. Over the next few months, CAPPNA will be communicating with its general body to set up an agenda and address their concerns at the meeting in New York.

Respectfully submitted:

Umber Ahmad

President - CAPPNA

320 Memorial Drive, #724

Cambridge, MA 02139

(617) 225-8684

Fax (906) 226-7555

SOME IDEAS ABOUT THE CAPPNA YOUTH PROGRAM DURING 1992

The suggested program could be a 30 minute lecture followed by questions and answers, or a Phil Donahue type talk show. Speakers will be chosen by the CAPPNA Committee. There would also be supervised games or sightseeing trips. And last but not the least youth awards/certificates presentation will take place.

Some suggested topics for the youth program:

* *Pakistan - What it Means To CAPPNA*

* *Options for Choosing a Career
and College*

(A panel of professionals, i.e., M.D., engineer, lawyer, CPA, etc., to discuss what is the future of that field)

* *Alcohol and Drugs*

(This could include medical aspects of drug abuse, prevention, detection, etc.)

* *In Quest of Academic Excellence
for Pakistani Youths.*

Shahid Athar, M.D.

Adult Advisor CAPPNA

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FARAH MALIK, PRESIDENT

ANNOUNCEMENTS

EDITORS NOTE: Members wishing to have an announcement appear in the January/February 1992 Newsletter, should submit a typed copy of their announcement to the APPNA Central Office: 4121 Fairview Ave., Ste. L2, Downers Grove, IL 60515-2236 or fax to APPNA at: (708) 968-8677 by Monday, December 30, 1991.

CALENDAR OF EVENTS

December 5-7, 1991

The **10th Biennial Cardiology Conference** is scheduled to be held in Peshawar. For additional information please call Shahid Mufti, M.D., phone (618) 382-4671 or Dr. M. Hafizullah, (092) 521-210041-9, ext. 313 and 376 or please write to: Dr. M. Hafizullah, Organizing Secretary, 10th Biennial Cardiology Conference, P.O. Box 1310, Peshawar, Pakistan.

December 17-19, 1991

APPNA'S "12TH Annual Winter Health Conference" is scheduled to be held in Rawalpindi at the Army Medical College. Group rates have been arranged with the Pearl Continental Hotel, Rawalpindi, Pakistan. Phone number 011-92-51-566-011. Rates: Single RS 1,210, Double RS 2,310. Deadline for group rates is November 30, 1991. Please advise the hotel when making your reservations that you are with the Association of Pakistani Physicians of North America for the APPNA discount group rates.

December 20-21, 1991

The **7th Annual Meeting of the Medical Research Society of Pakistan** will be held in conjunction with the Khyber Medical Alumni Association in Peshawar at the Khyber Medical College. Further information including abstract forms can be obtained from N.K. Burki, M.D., Chief, Pulmonary Division, University of Kentucky Medical Center, 800 Rose Street, Lexington, KY 40506-0084. Telephone: (606) 233-5045.

December 21-22, 1991

The **Annual Winter KEMCAANA Meeting** is scheduled to be held at KEMC. Anyone interested in presenting workshops or papers should contact Hassan I. Bukhari, M.D., (214) 826-2114 or (214) 827-4800.

February 4-7, 1992

The **XII International Biennial Pediatric Conference** will be held in Karachi, Pakistan. Speakers, state of art reviews are welcome. Interested delegates should contact the scientific committee Chairperson: Prof. M.A. Arif, National Institute of Child Health, Jinnah Postgraduate Medical Center, Karachi, Pakistan.

GRIEF TO SHARE

Our members extend their sympathies on the death of **Farooq Raza, son of Dr. & Mrs. Tasneem Raza** and also **Professor Abdul Wayum Lodhi brother of Dr. Hafeez Khan**. May Allah bless their families with courage to face their loss and may peace be upon their souls.

PROFESSIONAL OPPORTUNITY

Cardiology Group

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CONGRATULATIONS

Humayun J. Chaudhry, D.O., a resident in medicine at St. Barnabas Hospital in New York, has been appointed to the Seven Member Editorial Advisory Board of the *New Physicians* which is the official journal of the American Medical Student Organization

Dr. Javed Hafeez was re-elected Chairman, Department of Medicine for the year 1991-92 at South Bay Hospital. He is also a member of the Executive Committee of South Bay Hospital, Sun City, Florida.

Dr. Arif M. Muslim has been elected President of the Orange County Medical Society. He is also Vice-president of the Medical Staff as well as a member of the Board of Trustees of St. Luke's Hospital in Newburg, New York.

Dr. Abdul Rehman was elected President of the Medical Society of the County of Kings, Brooklyn, New York, on July 1, 1991.