

APPNA

NEWSLETTER

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JANUARY/FEBRUARY 1992

VOLUME I NUMBER 4

PRESIDENT'S MESSAGE

Dear Members: Assalam Alaikum!

I sincerely wish that all of you are enjoying the New Year! By the grace of God, we had a very successful 12th International Health Conference from December 17-19, 1991 in Rawalpindi/Islamabad. About 150 delegates from North America were registered for this meeting. The Chief guest at the inaugural session was Mr. Waseem Sajjad, Chairman of the Senate. APPNA made a strong case for its recognition as a "Resource Medical Organization" by the Government of Pakistan. We need that evaluation so that the Central and Provincial Government agencies start submitting their proposals to APPNA regarding health issues in Pakistan. Mr. Sajjad strongly concurred with our suggestions and promised to work on it.

The two day Scientific Session of the Meeting took place at the Ayub Auditorium, Army Medical College, Rawalpindi on December 18-19, 1991. It consisted of lectures, mini-symposia and state of the art lectures and work shops. A new precedent was set up at this time. After the conclusion of the meeting in Rawalpindi, members of APPNA fanned throughout Pakistan to provide "One day of free medical service" to the needy.

While in Islamabad, a delegation of APPNA called on the U.S. Ambassador, Mr. Nicholas Platt. APPNA has developed informational material about its various programs. He agreed that this material would be distributed by all U.S. Consulates and the Embassy to be available to all Pakistani physicians who have been granted U.S. visa. Two recently arrived physicians have become members of APPNA, because of this effort.

APPNA and The Pakistan College of Physicians and Surgeons are exploring various areas of cooperation. The College would appreciate the donation of teaching materials (i.e., medical books, journals, slides, audio and video tapes). Please send all materials to the Central Office. Shipment will be paid by the college.

The APPNA Spring Executive Council Meeting will be held on April 17-19, 1992 at the Lowes Anatole Hotel in Dallas, Texas. Hope to see you there.

Mushtaq A. Khan, M.D.

The APPNA Newsletter is published bi-monthly, six issues per volume, one volume per year by the Association of Pakistani Physicians of North America.

EDITOR'S NOTE

A proportionate representation for the House of Delegates based on a certain numerical strength of the members! Or a two-tier system comprising of the Board of Trustees as the Upper House and the Executive Council in the guise of the Lower House!! Or directly elected Board of Trustees who wield appreciably more power than they do now!!! These were some of the thought provoking ideas discussed during the November Retreat. Would the possible implementation of some of these ideas mean the demise of APPNA as we know it now? Would it involve lessening the impact of the alumni associations? Would doing away the alumni organizations bring fealty to the one major institution, APPNA homogenizing us more, further cutting previous ties, increasing assimilation? Would it end alleged ascendancy of the two majority alumni in the association? Does the fact that the last two years the largest contingent of

Pakistani medical graduates from a certain institution which still does not recognize a difference? How well would the dominance of the two majority alumni be thereof? We should give the Pakistani idea, yet we should also give the majority of our members voice. If the majority at par with the APPNA members is chosen, on the basis of previous APPNA leadership is chosen, on the basis of previous ties because of the way the Constitution is written. This may have very little relevance to our time.

Meanwhile when all is said and done the spouses auxiliary of Fatima Jinnah and other women physicians languishes in the deepest obscurity (in comparison with the relative obscurity of the women's auxiliary). Will something be ever planned to eradicate their plight!

LETTERS TO THE EDITOR

Statements appearing here are those of the writers and do not represent the official position of APPNA or its committees. Comments on any topic are invited from all members. The editors reserve the right to publish replies and may solicit responses.

Letters must be signed and should be submitted in duplicate, double spaced with the name and address of the author (s) on the letter. Please send to Raana Akbar, M.D., Editor - APPNA Newsletter, 4701 Towne Center, Suite 303-304, Saginaw, MI 48604.

WOMEN'S AUXILIARY

To the Editor:

The physicians from Pakistan as well as the children of APPNA have come together as a group. The next logical step is for the women of APPNA to form an auxiliary. This auxiliary should serve as an extension of the main APPNA body, as an advisory committee. The goals of the auxiliary should be to focus on our concerns as parents and as members of this society.

Whether we plan to return back to Pakistan (in three months or twenty-five years) or whether we decide to stay, America is where we are living now - it is where we are bringing up our children. We must strengthen the ties we have with each other in order to help our children integrate into this society while maintaining Muslim beliefs and values. Some of us are not adequately familiar with the society. How can we help our children if we do not know or understand ourselves? The auxiliary will provide a means of support and education for us all. We would have a medium through which we could all express our concerns.

I suggest that a pilot committee be formed to formulate the constitution and bylaws for the auxiliary. This committee should set up a program for the June, 1992, meeting in New York. A General Body Meeting should be held for the women and the necessary steps should be taken to approve the Constitution and Bylaws, officers should be elected, etc. We should not have any speakers or program but instead a forum should be set up to discuss

issues pertaining to our special needs. We should encourage all women physicians and nonphysicians to participate. An active role of women is vital to the success and survival of APPNA.

Adeeba Ahmad
Marquette, MI 49855

In response:

Your comments and suggestions are greatly appreciated. Women's Auxiliary has already been in operation for quite some time and in fact, at the 1991 Summer Meeting there were a number of women who had a group meeting and discussed several issues and concerns, particularly pertaining to the families and upbringing of the children, in general, as well as to the western society in particular. This dialogue will certainly be continued in the upcoming 1992 Summer Meeting.

Shahida Khan, M.D.
Chairperson, Women's Auxiliary

1992 ANNUAL SUMMER MEETING

To The Editor:

This is in reference to the APPNA Newsletter dated Nov/Dec. 1991, Vol.1, No.3. Dr. Saeed Khan had suggested inviting Mr. Asif Ali and Munni Begum to perform at the APPNA musical program in June 1992, in New York. Since Mehdi Hassan is now residing in the U.S., we could invite him. He certainly will add more prestige to the occasion. His point of contact would be his son Tariq Hassan (703) 354-1001.

Mohammad Shaukat, M.D.
Aurora, Co



LETTERS TO THE EDITOR

1992 ANNUAL SUMMER MEETING

To the Editor:

There were no arrangements made for a baby sitter at the APPNA meeting in Chicago, June, 1991. Even the local baby sitter for the hotel was on vacation for that month. If you feel that young doctors with families should come forward and attend such meetings, please make sure that arrangements for baby sitters are made for the next Annual Summer Meeting in 1992 in New York.

M. Alamgir Khan, M.D.
Troy, Mi 48084

In response:

The membership had been advised to contact the Hyatt Regency Hotel in Chicago well in advance of the 1991 Annual Summer Meeting. As the hotel did not receive any requests for baby sitting prior to the meeting; therefore, no baby sitters were scheduled. The 1992 Annual Summer Meeting will be at the Rye Town Hilton in New York. Information regarding the baby sitting will be communicated to the membership. I strongly urge members needing this service to notify the hotel in advance.

Arif Muslim, M.D., Chairman
1992 Local Host Committee

ANNUAL WINTER HEALTH CONFERENCE

To the Editor:

The members of APPNA who belong to Medical Colleges situated in areas other than Karachi and Lahore feel totally left out. This becomes more pronounced during the annual winter meeting. In

particular the recent cancellation of this meeting in Hyderabad resulted in resignation of Dr. Pathan thus causing dissension in the membership of our association.

In view of this I would like to call a moratorium on APPNA meetings in Pakistan for the next four years. This should continue until the political, law and order situation improves. I would further like to put this as a resolution for the next General Body Meeting. The medical colleges should be encouraged to have their Alumni meetings every year.

Sadiq Mohyuddin, M.D.
President, St. Louis Chapter APPNA

In response:

The recommendation of the Scientific/Education Committee (Chicago, 1991 Summer Meeting) that the Winter Health Conference should be held as a pilot project, without any medical college affiliation, in the Rawalpindi/Islamabad area, was accepted by the APPNA Executive Council. This was subsequently amended by the Executive Council (Toronto, October, 1991) to say that the future APPNA Winter Health Conferences in Pakistan should be held at places where appropriate facilities are available. No consensus was reached regarding this matter during the APPNA Retreat (Chicago, November, 1991).

The Executive Council will make a policy decision regarding this at the forthcoming Spring Meeting (April 17-19, 1992). I would urge all APPNA members to participate in this discussion. The final decision will be based on the majority view.

Mushtaq A. Khan, M.D.
President

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REPORT

APPNA RETREAT, NOVEMBER, 1991

The APPNA Retreat which was held at the Oakbrook Hills Hotel and Resort, Oakbrook, Illinois on November 15-17, 1991, was very productive. Several excellent ideas were generated. Final decisions on these issues will have to be made by the Executive Council. Following is a brief summary.

1. AN OPEN FORUM

An Open Forum will be held during the APPNA Summer Meetings to discuss the burning issues confronting the membership. These issues will be well publicized in advance and a proper time will be allocated to them for generation of a productive discussion.

2. THE NEW MEMBERSHIP

It has been decided to develop an informational package regarding APPNA for new members especially Physicians in Training. This package would contain information about APPNA, its activities, and its various component associations and chapters as well as the various benefits accrued by being its member. The Constitution and Bylaws Committee was urged to redefine the category of physicians-in-training, as there was a need for increased participation in the Association for them.

3. ANNUAL WINTER HEALTH CONFERENCE IN PAKISTAN

There was no clear-cut consensus on medical college affiliation with the Winter Conference in Pakistan. It was also felt that local family practitioners and other specialists should be encouraged as much as the house staff to participate in these meetings. It was also suggested that the program should include subspecialty subjects.

4. AN APPNA CHAPTER IN PAKISTAN?

It was felt that APPNA should not develop a chapter in Pakistan, instead the North American trained physicians there should be encouraged to develop their own organization. Once such an organization is formed, the Association could develop a close relationship with it, vis-a-vis APPUKI (Association of Pakistani Physicians of the United Kingdom and Ireland).

5. A LIAISON OFFICE IN PAKISTAN

A Liaison Office was needed in Pakistan to represent APPNA, and it was thought that initially services of APPNA SEHAT office may be utilized.

6. CHARITY CLINICS IN PAKISTAN

It was proposed that a committee should be formed to evaluate formation of new charity clinics. This committee can also assess the capability and capacity of the presently functioning clinics in Pakistan for future adoption.

7. ANTI-SMOKING DRIVE IN PAKISTAN

Dr. Amanullah Khan is developing a comprehensive anti-smoking drive in Pakistan, and the members at the retreat felt that the Association should fully help him.

8. ONE DAY FREE MEDICAL SERVICE IN PAKISTAN

It was proposed that after the Winter Meeting, the Association should provide at least one day of free medical service. Volunteers were invited to start the project this year in various locations.

9. POST-GRADUATE MEDICAL EDUCATION IN PAKISTAN

The Association is deeply concerned about the state of postgraduate medical education in Pakistan. A proposal has already been submitted to the Government of Pakistan regarding this. The Scientific and Education Committee was advised to develop short term postgraduate courses for interested Pakistani physicians visiting the U.S.

10. ANNUAL SUMMER MEETING

It was felt that stress should be given to the social and cultural concerns of the members. Along with the regular program there should be programs for children, spouses and physicians in training. The educational program should include topics on medicine, business, new Medicare regulations, estate planning, etc. The Local Host Committee will try to implement some of these ideas in 1992.

11. RETIREMENT COMMUNITY

Long Range Planning Committee is busy with a feasibility report on various approaches for the retirement community. Several ideas including Club-med APPNA or members belonging purely to APPNA versus Pakistanis of all professions and a Single location versus several were discussed.

12. CHARITABLE WORK IN NORTH AMERICA

It is important that Charitable work should be done since APPNA is a not-for-profit organization. However, this work should be coordinated through the Local Chapters. APPNA will provide all the necessary support.

13. A POOL OF ACADEMICIANS

The Scientific and Education Committee is to compile a list of the Academicians present in the APPNA membership. This would be for picking individuals to deliver CME lectures at APPNA meetings as well as a resource to help physicians in training.

14. RELATIONSHIP WITH OTHER ORGANIZATIONS

It was felt that before APPNA develops a relationship with any other organization, it should be approved by the Executive Council.

15. SOME POSSIBLE MODIFICATIONS IN THE CONSTITUTION

1. The definition and the role of the Board of Trustees
(Continued on Page 5)

RETREAT REPORT (CONTINUED)

was extensively discussed.

A. The members of the Board should be elected by the general body and the Chairmanship should be rotated for a set period.

B. The Board should consist of Alumni Presidents, Past-Presidents of APPNA and two members at large.

C. The Board of Trustees should have more power.

II. The following ideas were put forth regarding the composition of the Executive Council:

A. A House of Delegates based on proportionate representation.

B. A two-tier system where the Board of Trustees would form one house and the Executive Council

the other house such as the U.S. Congress and Senate.

C. It was also suggested the geographical boundaries of various regions should be demarcated anew to provide better representation of the membership by the Councillors.

The Constitution and Bylaws Committee was requested to give a feasibility report on these ideas.

If you wish to comment on any issue please contact the appropriate committee chairperson immediately. Your suggestions will go a long way in making APPNA a stronger organization.

Mushtaq A. Khan, M.D.
President - APPNA

QUALITY IMPROVEMENT

Recently, increased emphasis has been placed on quality improvement in the health care system. Numerous articles have appeared in different publications. Providers of health care and third party payers are equally concerned. The Joint Commission on Accreditation of Hospitals is stressing the importance of documentation of quality care actions in hospital staff committees proceedings. Quality improvement is a team effort of health care providers. The members of this team belong to diverse fields i.e. physicians, hospitals, nursing staff, health agencies, and transportation facilities. The term "Quality Improvement" is preferred to "Quality Assessment" and "Quality Assurance". The latter two indicate judgment or a guarantee, respectively.

Third party payers are in the forefront, their concern is with the rising cost of medical care. Obviously their priority is to buy the best care for the least amount of money. Quality versus cost is a controversial issue. When a provider is confronted with a quality issue, such as a comment from a review organization, he or she may react defensively but if documentation is proper then the quality improvement process becomes educational.

Ayaz M. Samadani, M.D.

THOUGHTS OF A COUNCILOR

All of us will be making new resolutions for 1992 and collectively I am sure we will make a resolution for APPNA, an organization that has done so much for us in such a short time. We belong to APPNA and APPNA belongs to us. In our capacity as members or office bearers there is always an opportunity to do something for this Association. As a councillor I feel the most important need is to communicate my thoughts regardless of their worth. I feel this is what is needed most; to find time to communicate with each other, feel our vibrations to and fro like the strings of a giant network.

With the Grace of God, the Almighty, we are all young and healthy, well educated, observant, elegant in style and proud of our gains. We all carry qualities of being alert, ready to initiate and pursue a purpose. In our pursuit for that purpose we often come across differences in thought. Working with these differentials is what creates the essential flavor. Some of us during this process of confrontation lose heart, get depressed, and give up. We must learn to grow and focus ourselves.

Out there is an opportunity waiting for us. We must grab it before APPNA grabs us and puts us in The Retirement Community.

Abdul Rauf, M.D.
Councillor, Region 5

UPDATE ON DIRECTORY OF PAKISTANI PHYSICIANS

Remember that the **deadline** for mailing the information postcards to the APPNA Central Office is **March 15, 1992**. Any post card received after that date will not be listed within the directory. If you have not received information on the directory, please call the Central Office today at: 708/968-8585 or fax your message: 708/968-8677 or call 1/800-68-APPNA.

AN INTERESTING SURVEY

A questionnaire was mailed to 151 physicians present in Region seven. Replies were received from 44 physicians.

The replies have been compiled and a summary or response is being presented without comment.

Forty-four physicians responded to the questionnaire:

<u>SOCIAL CONCERNS</u>	<u>VERY CONCERNED</u>	<u>SOMEWHAT CONCERNED</u>	<u>NOT CONCERNED</u>
1. Retirement & old age	20	22	2
2. Social Adjustments in North America	18	16	10
3. Religious/Cultural Preservation	31	9	4

<u>ORGANIZATIONAL CONCERNS</u>	<u>TRUE</u>	<u>MAYBE</u>	<u>FALSE</u>
1. Too great an emphasis on health matters Pakistan	14	17	13
2. Inability to fulfill needs of members	19	21	4
3. Inability to fulfill needs of family members	15	23	4
4. Financial foundation not strong	18	20	5
5. Long term (10 year) survival doubtful	10	19	15
6. Communications with grass-root members inadequate	18	21	5
7. Adequate long-range planning	30	13	1

<u>SUGGESTIONS</u>	<u>AGREE</u>	<u>NOT SURE</u>	<u>DONT AGREE</u>
1. Decrease emphasis of our involvement with Pakistan	7	15	22
2. Attract more members	39	5	0
3. Make APPNA financially independent of dues	30	10	4
4. In order to attract interest consider ideas such as:			
a. Retirement Community	25	14	5
b. Group insurance for members	25	15	4
c. Group purchase of office and medical supplies	25	12	7
d. Collective investment projects	21	17	6

Also received were names and addresses of several physicians who are currently not members of APPNA. Plans are being made to invite them for membership

M.Asalam Malik, M.D.
Councillor, Region 7

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COMMITTEE REPORTS

APPNA SEHAT REPORT

By the Grace of God, we successfully completed our two-year pilot projected VIM - Village Improvement Model. A final evaluation was done in October of 1991 by a team of Public Health experts and officials which included representatives from the Canadian International Development Agency, the Dutch Embassy, the British ODA, and the Ministry of Health Government of Pakistan. During this project the following objectives were accomplished.

	<u>GOAL</u>	<u>ATTAINED</u>
1. Immunization of children under 5 years of age	70%	50%
2. Immunization of women age 15 to 45 years of age	70%	100%
3. Installation of water pumps	TOTAL 6	TOTAL 21
4. Installation of model latrines	TOTAL 6	TOTAL 4
5. Percent households with knowledge of ORA (Oral Rehydration Solution)	50%	100%
6. Antenatal exams	50%	95%
7. Child growth monitoring	50%	100%
8. Provision of iodized salt in epidemic areas		YES
9. Functioning health teams at village level (one per small village)		100%
10. Design and field testing of low-cost model of Primary Health care in village setting		YES

(The above objectives were accomplished during the project.)

Dr. Fred Shaw, Dr. Amir Khan and the entire APPNA SEHAT team deserve to be congratulated on a job well done!

VIP - VILLAGE IMPROVEMENT PROJECT

The next phase of our plan, the Village Improvement Project was launched November 1, 1991. This is to be a three-year project with the following goals:

1. Pakistanis all over the world will be able to adopt/sponsor a village of their choice in Pakistan.
2. Collaboration with Government of Pakistan will be increased.
3. Interaction with other NGOs (Non Governmental Organizations) in this field will be pursued. We have already been approached by a few organizations in Pakistan who would like to incorporate our health model into their multisectorial village project.
4. Expansion of the project should include at least 5 more units in each project area. (Each unit comprises 500 households.) The project areas include
 1. Mardan
 2. Murree
 3. Sahiwal
 4. Sind
5. The Project in Baluchistan is to be started.
6. The villages personally adopted by APPNA Members (at least 8 have been pledged so far) will be included. Our goal is to have at least 50 APPNA Members adopt a village over the next year.
7. A provincial office will be opened in Lahore to supervise the increased work load in Punjab.
8. Funds will be generated by soliciting requests and grants to major international and U.S. based donors.
9. APPNA SEHAT Model will be offered to other developing countries.

Inshallah, APPNA SEHAT, will carry on its mission to improve the health and the quality of life of the people of Pakistan with the continued support of APPNA members.

Nasim Ashraf, M.D.
Chairperson
(503) 672-4498 home
(503) 673-5177 office

COMMITTEE REPORTS

FUND RAISING COMMITTEE

Please help APPNA by making your purchases on the new Visa card issued by MBNA/Trans Financial Services. APPNA has the following royalty arrangements: For every new account opened by a member, APPNA will get a dollar, for each account that will be renewed APPNA will get \$3.00, for every retail transaction APPNA will receive \$0.15. There will be no annual fee for the first year. Subsequently it will be \$40 for Gold and \$20 for Preferred. We need your full participation in this fund-raising effort to build the APPNA office.

Ayaz M. Samadani, M.D.
Chairperson

WOMEN'S AUXILIARY

All women attending the APPNA Annual Summer 1992 Meeting are invited to join in a group discussion and exchange of ideas over a cup of coffee. There will also be a talk on "The Factors that Effect Children's Behavior and Suggestions for Corrective Measures".

Details of the program and timing will be announced later.

Shahida Khan, M.D.
Chairperson

A MESSAGE FROM THE AMA

The American Medical Association, Department of International Medical Graduates would like to help you with their legal expertise to fight discrimination. If you are a victim of discrimination because you are an IMG, please contact the IMG Department Director, Mr. Jack Hotaling (313) 464-5453 or Busharat Ahmad, M.D., Chairperson of the AMA's Advisory Committee on IMGs office: (906) 225-2531 or home (906) 228-8327. We will fight on your behalf.

SPECIAL ANNOUNCEMENT

The Association of Pakistani Physicians is in the process of publishing its membership Directory which will be available in June, 1992. You may have already received a self-addressed prepaid post card. If you have not already filled out the card, please do it today. If you have not received such a card, please call the APPNA Central Office immediately.

It would be extremely helpful if advertisements can be arranged from your area pharmaceutical representatives, local businesses, personal accountants and attorneys, etc. You are also invited to place an advertisement. APPNA is a charitable, nonprofit organization, all contributions are tax deductible. Advertising rates (black and white only) are as follows:

Full page advertisement.....\$500

Half page advertisement.....\$250

Quarter page advertisement.....\$125

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Mushtaq A. Khan, M.D., President

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ALUMNI ASSOCIATION REPORTS

SIND MEDICAL COLLEGE ALUMNI ASSOCIATION OF NORTH AMERICA

Elections for a new cabinet were held in the last SMCAANA meeting held in New York on October 19, 1991. The following were elected:

President: Syed Zafar Ahsan
Vice President: Rizwan Naeem
Vice President: Javed Suleman
General Secretary: Aftab Ahmed
Treasurer: Zubair Ali

Ali Imran was appointed Public Relations Officer, primarily to enhance the involvement of newer graduates. The Annual Meeting of SMC Alumni Association of North America was held on Saturday, January 25, 1992, at Maimonides Hall, Brooklyn, New York. About 150 graduates attended this meeting. Dr. Arif Muslim was the chief guest. He promised full membership for SMCAANA in the next APPNA Annual Summer Meeting. Dinner was followed by a successful musical program.

OBITUARY

Ashfaq H. Toor, M.D., a Pediatric Pathologist, died on November 17, 1991. He was 38. Dr. Toor graduated from Dow Medical College in 1979 and trained at the Metropolitan General Hospital, Cleveland, 1983-1987. He did a fellowship in surgical anesthesia at the same hospital (affiliation Case Western Reserve University) and another fellowship in pediatric pathology at Mt. Sinai Hospital of New York. He received his certification from the American Board of Pathology in 1988. He was Assistant Professor of Pathology at the Mt. Sinai School of Medicine, City University of New York. He was also a Lecturer in Pathology at National Medical School Review University of California, Irvine. He had a number of original research papers and publications to his credit. He received multiple awards for his original research. He was a member of AMA, College of American Pathologists, the U.S. and Canadian Academy of Pathology and American Society of Clinical Pathologists. He leaves behind his wife Fauzia Toor, M.D. and four children, Sarah age 12, Saad age 5 years, Salmaan age 4 years and Subhan age 3 years.

CAPPNA REPORT

The adults at APPNA do recognize and respect CAPPNA as an independent organization. The advice offered is out of love and concern. The adults have been where CAPPNA is now and it was not easy then, either. It is hoped that with our input and help, CAPPNA Inshallah will emerge as a strong youth organization.

Presently the membership lists 47 youths. Our potential target should be at least 1,000 members. There are 850 APPNA members and 3,000 Pakistani physicians in the USA. CAPPNA governing council consists of Tehmina Haque, Rehan Haque, Saira Arain, Adnan Arain, Samara Ahmad and Umber Ahmad. Additional adult advisors recommended by Umber Ahmad are Dr. Arif Muslim, Dr. Ayaz Samadani, and Mrs. Busharat Ahmad.

The following suggestions were made during the Oakbrook Retreat.

* A. CAPPNA should be given a permanent space, i.e. one-half page in the APPNA Newsletter

for announcements, letters and news.

B. CAPPNA's proposed constitution should be reviewed by APPNA for final adoption.

C. CAPPNA's income and expense should be channeled through APPNA.

The Youth Program should be held on Friday and Saturday between 3:00 p.m. and 5:00 p.m. Field Trips to be held on Saturday between 10:00 a.m. and 4:00 p.m. CAPPNA should have their own banquet on Friday evening. They should attend the APPNA banquet on Saturday with their parents (to make sure their parents do not dance).

Shahid Athar, M.D.

Adult Advisor & Chairman

1992 Summer Youth Program

** Editors comment:* CAPPNA has a permanent space in the Newsletter. It is up to CAPPNA to send contributions.

APPNA/CHAPTER REPORTS

ILLINOIS CHAPTER (PAKISTAN PHYSICIANS SOCIETY)

The following were elected for a one-year term in November, 1991:

President-elect: Dr. Tariq Iftikhar

Secretary: Dr. Ijaz Qayum

Treasurer: Dr. Riaz Akhtar

Members at large: Dr. Raza Khan, Dr. Nigar Kirmani, Dr. Qazi Masoon, Dr. M. Khalid Riaz

A resident-in training will serve as a fifth member at large.

The Executive Committee of the Pakistan Physicians Society (PPS) of Illinois decided to form the following three committees on January 12, 1992. The Constitution and Bylaws Committee, a committee for the women's auxiliary and another for the children of this chapter. A General Body Meeting was held on Feb. 22, 1992 at the Hyatt Regency Hotel in Rosemont, Illinois, at which time a scientific/educational session, dinner and entertainment program were held.

Anyone wishing additional information :

Please contact: Dr. Javed I. Bangash, President, PPS.

Office telephone: (708) 742-9698.

LOUISIANA CHAPTER (SOUTHERN CHAPTER)

The Annual meeting of the Louisiana Chapter of APPNA was held at Chateau LeMoyne in the historic French Quarter of New Orleans. It was well attended and the sumptuous dinner was enjoyed by all.

The main focus of the meeting was to launch a coordinated campaign to stop the Board of Medical Examiners of Louisiana in its practice of discriminatory laws for obtaining licensure. At the present time the state requirement for a physician to enter a residency program is to have a valid license, however in order to obtain a license one needs a minimum of three years of residency. This creates a "Catch 22" situation. This law as passed by the Board a few years ago to keep international medical graduates out. LA Chapter of APPNA will coordinate its efforts regarding this campaign with the Indian and the Filipino physicians practicing in the area. Negotiations are already under way with state officials. It is hoped that State Legislature will make provisions for temporary licenses to be granted

to physicians in training.

A proposal was accepted to change the name of the LA Chapter to the Southern Chapter so that the Pakistani physicians from neighboring states could participate. The next meeting of the Chapter is scheduled for FEB. 29, 1991, during the week of Mardi Gras. Special discounted rates will be obtained from prominent downtown hotel for our out-of-town guests.

For further information:

Please contact: Dr. Riaz Chaudhry (318) 992-8467
or

Dr. Mohammad Suleman (504) 467-0421.

WASHINGTON-BALTIMORE CHAPTER

President: Dr. M. Hafeez Javaid

Secretary: Dr. Sadiq Akbar

Treasurer: Dr. Abdul Rauf

The Annual Washington-Baltimore Chapter meeting was held on Nov. 30, 1991. A large number of members and guests attended the meeting. The Honorable Begum Abida Hussain, the Pakistani Ambassador to the United States graced this occasion. Dr. Mohammad Naseer Akhtar who has recently been appointed as the Health Commissioner for Washington, D.C. by the Mayor of the same city was another guest.

A program is being worked out by Dr. Naseer Akhtar through which local physicians and surgeons will volunteer to serve D.C. medical clinics in the underserved section of Washington, D.C. Several of us have committed two hours of our time per week for this cause. This will certainly benefit the community here and create good will for Pakistan. This is a unique opportunity for us to become visible in the environment, gain spiritual satisfaction, and project a positive image.

WISCONSIN CHAPTER

New officers for the Pakistan Physician Society of Wisconsin are:

President: Dr. Mohammad Ahafi

President-elect: Dr. Maqbool Arshad

Secretary: Dr. Shamim Ahmad Ansari

Treasurer: Dr. Hafiz M. Yunus

ATTENDANCE RECORD FOR 1991 EXECUTIVE COUNCIL MEETINGS & RETREAT

	JUNE 30TH	OCTOBER 4TH - 6TH		NOVEMBER 15TH - 17TH	
OFFICERS:					
Mushtaq A. Khan, M.D., President	P	P	P	P	P
Parvez I. Shah, M.D., President-Elect	P	P	P	P	P
M. Khalid Riaz, M.D., Secretary	P	P	P	P	P
M. M. Haque, M.D., Treasurer	P	P	P		
Arif M. Muslim, M.D., Immediate Past President	P	P	P	P	P
ALUMNI ASSOCIATION PRESIDENTS:					
Azizur R. Arain, M.D., Dow	P			P	P
Bushra Qureshy, M.D., Fatima Jinnah	P	P	P		
Shahid I. Mufti, M.D., Khyber	P				
M. Mushtaq Sharif, M.D., King Edward	P	P	P	P	P
Amanullah Khan Pathan, M.D., Liaquat	P				
Shaukat H. Khan, M.D., Nishtar	P	P	P		
COUNCILORS:					
Shaista A. Syed, M.D., Region 1	P	P	P		
Syed Noor Zaman, M.D., Region 2	P	P	P		
Manzoor Hussain, M.D., Region 3	P	P	P	P	P
S. Latafat Husain Hamzavi, M.D., Region 4	P	P	P	P	P
Abdul Rauf, M.D., Region 5	P	P	P	P	
Parvaiz A. Malik, M.D., Region 6	P	P	P		
M. Aslam Malik, M.D., Region 7	P	P	P	P	P
Durdana Gilani, M.D., Region 8	P	P	P	P	P

COMMITTEE MEMBERS & APPNA MEMBERS WHO ALSO ATTENDED:

JUNE 30, 1991			NOV. 15-17, 1991
Busharat Ahmad, M.D.	Saleem Mahmood, M.D.	Nasim Ashraf, M.D.*	Busharat Ahmad, M.D.
Zaheer G. Ahmad, M.D.*	M. Zafar Mahmud, M.D.*	Shahid Athar, M.D.*	M. Yusof Ahmad, M.D.
Noor Ahmed, M.D.	Sarwat Malik, M.D.*	Hassan I. Bukhari, M.D.*	Zaheer G. Ahmad, M.D.*
Sultan S. Ahmed, M.D.*	A.M. Mussani, M.D.	Riaz Masud Chaudhry, M.D.	Raana Akbar, M.D.*
Raana Akbar, M.D.*	M. Hanif Peracha, M.D.*	Ihsan Ul Haq, M.D.*	Riaz A. Akhtar, M.D.
Zeenat Anwar, M.D.*	Ghulam Qadir, M.D.*	M. Hussain, M.D.	Ilfat A. Alavi, M.D.*
M. Afzal Arain, M.D.	Askar Qalbani, M.D.	Tariq Iftikhar, M.D.*	M. Murtaza Arain, M.D.*
Nasim Ashraf, M.D.*	Fahima Qalbani, M.D.	M. Khalid, M.D.	Nasim Ashraf, M.D.*
Shahid Athar, M.D.*	M. Hafeez Rahman, M.D.*	A. Hafeez Khan, M.D.	Shahid Athar, M.D.*
Arif Azam, M.D.	Shabbir Safdar, M.D.*	Ikram Khan, M.D.	Tayyaba Awan, M.D.
Hassan I. Bukhari, M.D.*	Ayaz Samadani, M.D.*	Naheed A. Khan, M.D.	Hassan I. Bukhari, M.D.*
N.K. Burki, M.D.*	Mohammad Sarwar, M.D.	Shahida Khan, M.D.*	M. Ishaq Chishty, M.D.*
Riaz Chaudhry, M.D.	Abdul Sattar, M.D.	M. Zafar Mahmud, M.D.*	A.R. Chaudhry, M.D.
M. Salim Chowdhrey, M.D.	Mohammad Shafi, M.D.	Sarwat Malik, M.D.*	Azra Haque, M.D.
Ihsan Ul Haq, M.D.*	A.A. Siddiqui, M.D.	Tariq Malik, M.D.	Tariq Iftikhar, M.D.*
S. Amjad Hussain, M.D.*	M.R. Siddiqui, M.D.	Zafar H. Naqvi, M.D.	R.H. Imami, M.D.
Tariq Iftikhar, M.D.*	Amjad Soofi, M.D.	Ghulam Qadir, M.D.*	Nauman Imami, M.D.
M. Khalid, M.D.	Mohammad Suleman, M.D.	Naeem Qazi, M.D.	Atiya Khan, M.D.
A.R. Khan, M.D.	Arif A.A. Toor, M.D.*	M. Hafeez Rahman, M.D.*	Ikram Khan, M.D.
Jamal Khan, M.D.*	Arain Waseem, M.D.*	Shabbir Safdar, M.D.*	Tariq Khan, M.D.
Mohammad A. Khan, M.D.		A.M. Samadani, M.D.*	Nasir Khokhar, M.D.
Shahnaz Khan, M.D.	OCT. 4-6, 1991	Asif M. Sheikh, M.D.	Ghulam Qadir, M.D.*
Nasir Khokhar, M.D.	Busharat Ahmad, M.D.	M. Suleman, M.D.	M. Hafeez Rahman, M.D.*
M. Younas Kiani, M.D.	Zaheer G. Ahmad, M.D.*	Arif A.A. Toor, M.D.*	Nasir Rana, M.D.*
	M. Javed Akhtar, M.D.*	Nasim Toor, M.D.	Parvez Rasul, M.D.
	Javaid Anwar, M.D.	Arain Waseem, M.D.*	Shabbir Safdar, M.D.*
	Zeenat Anwar, M.D.*		

* Indicates Committee Members

Editor's Note: This list is presented to indicate those committee and APPNA members who were present at these meetings. The listing was compiled from signatures on the "sign-in sheets" circulated at each of the meetings. Any omission is regretted.

ANNOUNCEMENTS

CALENDAR OF EVENTS

April 17-19, 1992

The APPNA Spring Executive Council Meeting will be held at the Loews Anatole Hotel in Texas. The group discount rates are \$65 single or double occupancy. Please phone the hotel directly (214) 748-1200 to arrange for your hotel stay for this meeting no later than April 1, 1992. After that date the rates will be subject to availability. When making reservations you must identify yourself as a part of the Association of Pakistani Physicians of North America to receive special rates.

A Reference Committee Meeting of the Executive Officers will be held on Friday, April 17, at 4:00 P.M. All members are welcome. Last session will conclude on Sunday, April 19 at 2:00 P.M. Please note that this meeting will take place on Easter week-end and as travel throughout the continental U.S. will be heavy, you should make your travel arrangements immediately.

We negotiated travel discount group rates with Travel America for the APPNA members traveling to the meeting. Contact Travel America by calling: 1-800-999-6600 or 313-355-3311, or contact the Central Office for further information.

June 25-28, 1992

The APPNA Annual Summer Meeting will be held at the Rye Town Hilton, New York. Registration, hotel reservations and babysitting information can be found elsewhere in this Newsletter. Please contact Dr. Arif Muslim (914) 562-0740 or (914) 565-3266 or the APPNA Central Office for further information.

PROFESSIONAL OPPORTUNITIES

HEMATOLOGY/ONCOLOGY PRACTICE

Associate needed to join a busy Hematology/Oncology practice. Reply to Yusuf Khan Deshmukh, M.D., P.S.C., Specialty Medical Center, 1107 Woodland Drive, #105, Elizabethtown, Kentucky 42701 or phone: 502/769-6665 (days) or 502/737-1936 (evenings).

INTERNAL MEDICINE PRIVATE PRACTICE

Exceptional practice opportunity available for BC/BE internist in a busy Midwest hospital, major trauma center with catchment area of one million. Cross coverage available. Private practice with first year guaranteed income from hospital or if preferred generous salary. Great schools, mosque, growing Islamic Community, town of 100,000. Excellent quality of life. Please send CV to: Box A1191 through APPNA Central office, 4121 Fairview Ave., #L2, Downers Grove, IL 60515-2236.

INTERNAL MEDICINE AND/OR ENDOCRINOLOGY

A busy Internist/Endocrinologist is looking for a partner in a clean and selective Internal Medicine-Diabetes practice with multiple technological procedures and resources available for high productivity in a safe and relaxed environment. Medical school faculty position and teaching opportunities are available in a community based teaching program utilizing all three local hospitals which are within five miles of the office. High, competitive, guaranteed salary with benefits and bonus according to productivity in the first year. Options for buying in as one feels comfortable.

Call Dr. Gulnar Poorsattar at (815) 399-6460 office or (815) 399-5936.

PEDIATRIC PRIVATE PRACTICE

Busy solo pediatric practice for sale in southeast Michigan. 180 bed hospital, level II nursery, good coverage. Easy access to three metropolitan areas. Large Islamic and Pakistani community and mosque. Phone (313) 242-2488.

OPHTHALMOLOGY RESIDENCY

The Society of Pakistan Ophthalmologists International would like to help American children of Pakistani descent who are in medical school and want to enter a residency in Ophthalmology. The Society encourages them to contact the society as early as possible (third or fourth year of medical school) to plan for their future in Ophthalmology. The contact person for the society is Busharat Ahmad, M.D., 1414 West Fair Avenue, #150, Marquette, MI 49855; office (906) 226-2531, home (906) 228-8327 or by Fax (906) 226-7555.

CONGRATULATIONS

Sadiq Mohyuddin, M.D., has been reelected for the sixth consecutive year as a delegate to the Illinois State Medical Society. Dr. Mohyuddin is also serving as the President of the APPNA chapter of Greater St. Louis area.

Mohammed Haider Nomann, M.D., has been blessed with a baby boy on May 19, 1991 after ten years of marriage. The baby has been named Yahya Rahman Nomann. The parents request that the members pray for this baby to bring great blessing to them and to the world.