



# APPNA

## NEWSLETTER

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NOVEMBER, 1993

### President's Message

#### New Directions

*Ussalaam-o-alaekom.* I consider it important to keep you informed about all the ongoing activities of the Association and some of our future plans.

The second meeting of the Executive Council for the current term was held in conjunction with the Midwest Regional Meeting in Downer's Grove, Illinois. This new concept of regional meetings is being tried to provide a closer to home opportunity for participation in APPNA activities to the members who cannot always come to the annual meetings. The programs that were initiated at this regional meeting include:

a. **Reactivation of Women's Auxiliary.** In a planning session chaired by the auxiliary president, Mrs. Tanveer Khan, the decision was made for planning a nationwide organization to coordinate and develop the APPNA's spouse programs.

b. **Youth Forum.** A new task force, the Youth Forum, chaired Dr. Raana Akbar, has been appointed to coordinate and to develop guidelines for all the activities involving our youth. This group will supervise the coordination of all programs that are carried out through Social Forum, CAPPNA, SAYA (Society of APPNA's Young Adults), and any other component organization. The youth program organized at the Midwest Regional Meeting by Dr. Naheed Qayyum was very successful.

c. **Committee Meetings.** We offered the membership an opportunity to give their input to the Association through various committee meetings. The committees held open discussions for a total of ten hours on Friday to deliberate on their plans and hold hearings for the general membership. The committees then made their recommendations based on this input to the Executive Council at the business meeting the following day. On the one hand, this process allowed open and greater participation by the membership in the committee deliberations; on the other hand, it streamlined the debate at the Executive Council, permitting a more efficient conducting of the business.

d. **Reorganization Effort.** Finally, the Officers have launched a major reorganization effort to make the APPNA more responsive to the needs of the times; also, to render it more representative of the membership. For this purpose, a one-day strategic planning retreat will be organized at the next regional meeting, which is being planned for the West Coast in spring of 1994. The next Executive Council meeting will also be held at that time. Also under planning is a "leadership training workshop" to prepare future leaders of the Association for their responsibilities. Please do join us.

Once again, if you have any ideas, comments, or concerns, kindly communicate these to one of the officers by mail, fax, or telephone. I assure you they will receive my full attention. I send you my best wishes for the Holidays. *Wussalaam.*

M. Khalid Riaz, M.D.  
President

The APPNA Newsletter is published periodically by the Association of Pakistani Physicians of North America (APPNA). All items must reach the Editor-in-Chief at least one month before the publication date of the next issue. Address all items to Khalid J. Awan, Editor-in-Chief, APPNA, 1921, Park Avenue, SW, Norton, VA 24273, USA. Telephone (703) 679-4571, Fax No. (703) 679-5736.

## Passing of a Father

Khalid J. Awan, F.P.A.M.S.

*Bismillaahir Ruhmaanir Raheem. Nuhmodoho wa Nosullee A'afaa RasoolihilKareem.*

"A great, pious and just king died. When Azrael (the angel of death) returned to heaven with his soul, the other angels asked him:

'Have you ever felt pity for anyone during your assignments?'

'Yes,' said Azrael, 'once a woman gave birth to a boy in a desolate desert where for miles no human was around. I had been sent to collect her soul, and the infant was left behind with none to look after him. I couldn't help feeling great pity for that helpless baby.'

'Do you know,' said the angels, 'the soul of the mighty king you have brought today belongs to the same infant you left in that wilderness.'

'Glory be to the Most Merciful Who does what He wills,' cried the Angel of Death."<sup>1</sup>

That the true purpose of why anything happens is known only to the Almighty is illustrated by the above anecdote from *Imam Al-Ghazali's Keemya-e-Sa'adut*. Nonetheless, some events in life render even the strongest of faith to a flimsy barrier before the sense of loss and heartache that ensue them. Death of a parent is one such tragedy for a Muslim.

A physician is, or at least is supposed to be, fully versed in handling the professional, social, and even spiritual aspects of death. But the sudden death of my father earlier this year shook me completely, and made bare the facets of this phenomenon that I was oblivious to before. A host of apprehensions, regrets, and grief overwhelmed me, and no professional expertise could eradicate or ease them. My father's presence, his advice, his prayers were an invincible shield between me and all adversity. This subconsciously emboldened me to fearlessly take on every challenge that came my way. After his demise, there quietly appeared a strange reluctance, a caution in my approach. In Whittemore's<sup>2</sup> words, "With his passing I was abruptly stripped of any illusions of my own immortality; no longer might I comfort myself with the thought that he was next in line ahead of me. For any boy, that is one of his father's silent functions—to stand as a shield between his son and the abyss." For me, my father also was the role model in my professional conduct. His utter lack of greed and intense concern for his patients nurtured in me the desire to become a doctor. He was fiercely self-dependent, and would rather limit his needs than to put himself under obligation to others. He would say, "Faith in Allah and self-reliance mean that the need you cannot meet yourself isn't your need." This taught me the true meaning and value of self-respect.

Months later, faith, reflecting, and time have greatly eased my grief and fears. Why, then, make it the subject of an editorial. Because a healer must appreciate in depth

the physical as well as the psychologic aspects of human existence, I assumed, perhaps too pretentiously, that my reflections on my recent bereavement might shed some purposeful light on the latter aspect. Moreover, we—I mean most of our colleagues—have reached that stage in life where many among us have already suffered this tragedy, and the others too will sadly face it in time. And because there can't be any material answers to something that comes to a physical end, I thought my musings on my father's death may be of some consolation or comfort to others.

My apprehensions arose from my losing his guidance and prayers that in my mind never missed their mark, my regrets from not having been there with him all that time, and my grief from losing someone who loved me so dearly yet so selflessly. Who would I now open myself to when plagued by inner fears and doubts?

As the shock of my father's death began wearing off, my attention became more focussed on my own role as the leading link in the life chain of my family. I found in me an unconstrained willingness to be more attentive to the needs of my children, more eager to extend to them my hand in help, and more tolerant to their youthful antics. Also, because my father's wisdom and experience are there no more to boost me, a more deliberate behavior has quietly displaced the impetuosity in me. A keener awareness of my own mortality brought on by his passing has erased from my mind every temptation to place any expedient consideration before honesty or self-esteem. Even in his death, my father has taught me how to be a better father and man. An intelligent person would learn from anyone's death. Said the Prophet ﷺ, "Kafaa bilmaote waezhun." (Death is the most effective preacher of them all.)<sup>1</sup>

To ponder over the philosophical and spiritual perceptions about death is an efficient balm to the grief of the bereaved. This is not necessarily restricted to one's religious beliefs, for a rational analysis the daily observations about life and death may also bring solace to one by giving a clearer understanding of this reality.

Death is not the end. Socrates, though not very vocal about God, was totally convinced of the immortality of the soul. Hence, when authorities hand Socrates the cup of hemlock, Crito asks him in Plato's *Phaedo*, "How shall we bury you?" "However you please, if you can catch me and I do not get away from you," replies Socrates with a gentle laugh. Clearly, he was speaking of man's true self, his soul, which on ridding itself of prison of flesh becomes free of all confines, and never perishes. Death simply is a transformation. Plato<sup>3</sup> held that death is "nothing but the divorce of two separate entities, body and soul." But where does the soul go after severing its corporeal bonds?

Returning to its Maker is a deeply rooted spiritual concept about soul. "I will take no more my physick, not even my opiates; for I have prayed that I may render up my soul to God unclouded," insisted Dr. Samuel

Johnson, the noted English scholar and lexicographer, in the final days of his terminal illness.<sup>4</sup> Proclaims the *Holy Qur'aan*: "Say, Allah gives you life, then gives you death; then will gather you together on the Day of Judgement; about this there is not the least doubt." (45:26)

Although soul's breaking of ties with this world is complete and permanent, in Islam a meaningful and continued relationship may be maintained between the departed soul and those it leaves behind. A *Hadith* says, "When a man dies, all his ability to earn reward from good deeds comes to an end. But there are three things that keep bringing benefit to a person even after death. Firstly, a charitable trust one established or contributed to during one's life; secondly, the valuable knowledge one imparted to others while alive; and thirdly, a devoted offspring who keeps praying for his salvation."<sup>5</sup> I am glad that my father did the necessary to keep benefitting from our world even after his death.

Yes, my dad is dead, but his existence has not ended. He continues to live, in Heaven in reality and in our hearts symbolically. I am sad no more, for I am too occupied being the "devoted offspring" that the Prophet *Sullallahu Alahe wa Sallam* mentions in the above *Hadith*. My bosom is still full of his love, my deeds still add to his good name, and my prayers are still filled with supplications for his salvation. And I add to my prayer, bless, too, O Allah, all the fathers of my fellow APPNA members, those living with them on this earth, and those living with God's promise in hereafter.

#### References

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2. Whittemore, H: Now, I Understand my Dad. *PARADE Magazine*, June 20, 1993, p 14.
3. Plato: *Gorgias*. London, Panguin Books, 1960, p144.
4. Boswell, J: *The Life of Samuel Johnson*, London, Panguin Books, 1979, p 339.
5. Islahi, MY: *Aadaab-e-Zindgee*, Lahore, Pan-Islamic Publishers, 1981, p 199.



## A 1993 Citation

### APPNA Meritorious Services Gold Medal Award

Zaheer G. Ahmad, M.D. (1992 Medalist)

In 1992, the Association of Pakistani Physicians of North America (APPNA) started the tradition of awarding a gold medal to an APPNA member who has distinguished himself by serving the organization selflessly and has attained national and international recognition in promoting medical education and health care including social welfare. There is no shortage of such men and women in this organization. There is, however, one APPNA member who is special and, indeed, very outstanding. He comes from the Northwest Frontier Province of Pakistan, and received his medical education at Khyber Medical College in Peshawar, Pakistan. After graduating from Khyber in 1972, he came to the United States and completed in 1978 his residency in medicine at the Wayne State University in Detroit. He went on to do a fellowship in nephrology at the University of California in San Francisco, completing it in 1980. After passing all the necessary board examinations, he settled down and established his nephrology practice in Myrtle Creek, Oregon, where he is still practicing.

In 1988, he was admitted as the Fellow of the Pakistan Academy of Medical Sciences (PAMS) in recognition of his professional accomplishments. In addition to being a very active and productive member of the APPNA, he is a member of seven other professional medical organizations. He has vigorously worked for our organization since its very infancy, and because of his remarkable leadership abilities became its President in 1987. Nevertheless, his most distinguished contribution came later, when he created and became the leading force behind the "APPNA SEHAT Project" in Pakistan. This public health project is devoted to improving sanitary conditions in Pakistani villages via health education and protecting mothers and children through immunization and education. This project has now become a landmark program that is widely recognized by Pakistani and international health agencies. Through his efforts in carrying out of this project, thousands of lives are being saved. He has devoted his time, energy, and every kind of resource toward this cause beyond the call of duty, never asking for anything in return. The Board of Trustees and the Awards Committee of the APPNA has concluded that this distinguished APPNA member is the most deserving person for this year's Award. It is, therefore, my distinct privilege and pleasure to present on behalf of APPNA its Meritorious Services Gold Medal Award for 1993 to **Dr. Nasim Ashraf, M.D.**

## LETTERS TO THE EDITOR

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### A Bellyful of Banquet

EDITOR:

This year's annual banquet brought to light the sad realization that many of us in the organization have grown older and are probably not prepared to face the cultural gap. As a frequent attendee of our annual summer meeting, I had a lot of misgivings about our entertainment program in the past, primarily because of the cost of inviting entertainers, especially in view of so many pressing needs of the community here, back in our homeland, and the rest of the world. The entertainers, however, were always reflective of the culture that we knew. The dancing by a few of the attendees in the crowd was generally looked upon as disruptive and against our values.

During the banquet last year in New York, there was a major turning point, when one of our sisters started dancing. This year, however, it deteriorated, as some of us sitting in the back witnessed, to combined dancing by men and women. This obviously was also promoted by the selection of the main entertainer for the evening. I don't want to dwell on the ills of this practice, nor am I interested in creating a big debate on this issue. All I would like to express to the Executive Council and our membership is that morally and religiously we should not degenerate to the degree that we as the intelligent leaders of Pakistani Community forget our mission of representing Pakistan and Islam before our fellow Americans, and, particularly, to our youth and children.

If it is the desire of the APPNA leadership to reflect the culture of the last banquet, it should be made known to everyone, and let's convert our banquets to standard American banquets by providing dancing floor and music, and not pretend to be reflective of what we really are not. This would give some of us "old-fashioned, shy, conservative, and religious fanatics" a chance to make an informed decision about paying those exorbitant charges for a banquet to have poor food, witness degradation of our culture, and observe open disrespect for our faith.

Ghaus M. Malik, M.D.  
Bloomfield Hills, MI



### Reply

*Ussalaam-o-alaekom.* I want to thank you for sharing your concerns regarding the Association's annual banquet and entertainment program of August 14, 1993. I agree that your comments should appear in the Newsletter, and, therefore, I have forwarded your letter to the Editor-in-Chief. I will also include it in

the packets for the coming Executive Council Meeting.

While I personally share your concerns, I am not sure I can offer an immediate solution to this situation. I do, however, intend to try to develop alternative programs for the 1994 Annual Summer Meeting. I would certainly appreciate any ideas and help that you or other like-minded members might be willing to offer in this regard.

M. Khalid Riaz, M.D.  
President, APPNA

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### Barbarity, Bosnia, and Brotherhood

EDITOR:

*Ussalaam-o-alekom.* This is my "open letter" to the immediate past-President of our Association. I have been a regular attendee of the annual meetings, and was one of the first to become a life member. I also am the present President of the Liaquat Medical College Alumni Association. Like many among us, I have been touched by the suffering of Muslims of Bosnia. At the suggestion of some concerned members, I requested you to give me just a few minutes to speak at the general gathering about this horrifying tragedy. I was perturbed by your rudeness and an apparent lack of concern. But I am glad Dr. M. Khalid Riaz was kind to acknowledge me on the stage.

The non-Muslims willingly aired on CNN my plea to find help for my Bosnian patients. As a result, I have a sponsor in New York to house them till it is safe for them to go back, which allows me to bring more people for treatment. My cause is much nobler than sitting there listening to "how I feel about Washington". Don't we have our priorities mixed up?

After CNN aired my patients' cases, I received many calls from different parts of the country offering me help. I will try to get five more patients and carry on my work. For those who want to extend medical help to the injured and suffering Bosnian war victims, here are telephone and fax numbers, and addresses to contact:

Mr. Alex Lupis  
International Organization for Migration (I.O.M.)  
1750 K. Street N.W., Suite 1110, Washington, D.C.  
Telephones : (202) 862-1826 Work (I.O.M.)  
(202) 797-1278 Home  
(202) 862-1879 Fax

Mr. Kenan Begovic  
Counselor for the West Coast  
828 Montgomery LN, San Carlos, Ca. 94070

Telephones: (415) 594-2861 Work  
(415) 368-2045 Home  
(415) 594-0278 Fax

Mr. Mohammad Scharbey  
Ambassador of Bosnia to the United Nations.  
Telephones: (212) 751-9015 (Work)  
(212) 751-9019 (Fax)

The usual steps to take are:

1. Obtain a list of the patients from Mr. Alex Lupis.
2. Choose the type of patients you can handle.
3. Discuss cases with your specialists friends, and get acceptance letter from them. Also, obtain patient acceptance letters from the hospital or rehab centers, and send this information to I.O.M. to the attention of Mr. Alex Lupis.
4. Contact your local real estate agencies. They may provide free accommodation for your patients.
5. Through your local chambers of commerce, you can get as tax deductible donations such items as furniture and other utilities from Sears, Macy's, J.C. Penny, Walmart, local stores, rental companies, etc.
6. Contact drug companies and supply companies for their help.
7. Ask your friends to become patient sponsors. For five persons it costs \$150-200 per week for food and other necessities. The sponsors can take turns. This will make the patients feel that they are not a burden, and at the same time they get to know many people.
8. I can help you open an account with tax-free number under Bosnia and Herzegovna American Relief Fund for collecting donations for your project.
9. Try to treat your patients with minimal hospitalization. Most of them have old injuries that are treatable by out-patient surgery, allowing treatment of more patients at a minimal cost to the hospital.

Start in the name of Allah, and write or call me if you need any further details.

Mohammad Afzal Arain, M.D.  
Madera, California

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## Conventional Concerns

EDITOR:

*Ussalaam-o-alaekom.* I would like to suggest to President M. Khalid Riaz that he appoint a 1994 convention committee now, and through the Newsletter let the membership know the name of its chairman, so that they can send their suggestions to him. The five basic areas I would like to address are:

1. CME: This area is very weak in our convention. We should have at least 4 hours of CME. Each lecture should be 20-25 minutes, followed by 5-10 minutes of

questions. All speakers should receive equal recognition. And there is no need to invite others, when there are so many talented Pakistani physicians available.

2. Youth Program: We should take part of the blame for not establishing proper guidelines for our youth programs. Practicing and setting a double standard for us and them will never bring about the desired result. We should support the efforts of Drs. Raana Akbar, Naheed Qayyum, Zeenat Anwar, and others for a truly meaningful program for the youth in 1994.

3. Music-Entertainment Program: APPNA Treasurer Ayaz Samdani once said music is in our blood. So, let those who want it have it, but with certain guidelines: prohibiting mixed dancing, modeling, etc. Such events affect the image of APPNA. After the New York Convention, the paper *New Trend*, called us "filthy rich Pakistani physicians." I suggest there should be an alternate program (*mushaira*, Islamic discussions, etc.) at that hour (after the banquet), and let people choose which one of these they want to attend.

4. Recitation from the *Holy Qur'aan* should be followed by its translation in English.

5. Friday Prayer: When the *Khateeb* appointed by the President is late and someone else is asked to deliver the *Khutba*, I suggest that once he starts it, he should finish it even if the Imam of Kaba shows up. This is edict of *Shariah*. Also, there is much confusion about the timing and exact site for the *Zuhar Salat*. The *Adhaan* should be called from the podium and an announcement about the location announced.

6. A Warning: I was deeply hurt by the remarks of a lady who publicly announced that Bosnia should not be discussed at our meetings. She said it is not Pakistan's problem. I wish she would realize that Bosnia may be repeated in Pakistan or even in the U.S.A.

Shahid Athar, M.D.

## Opportunities

Solo gastroenterologist is looking for an associate. Practice located approximately 60 miles from Washington, D.C. and Baltimore, Maryland. Practice is 100% GI. Please send resume to: M.R. Chaudhry, M.D., 336 Mill Street, Hagerstown, MD 21740.



Dr. Abdul Rashid Piracha is looking for a Board Certified Cardiologist to join his practice. The area offers a large variety in housing, an excellent community to raise a family. An excellent opportunity for an aspiring physician. Please send CV to: A.R. Piracha, M.D., F.A. C. C., 100 New Hope Road, Suite # 7, Princeton, WV 24740. Telephone: (304) 487-1431; Fax: (304) 425-5813

## AWARDS AND HONORS

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### Sitara-i-Quaid-i-Azam

Sheikh Sultan Ahmad, M.D., a distinguished member of the APPNA was recognized by the President of Pakistan on March 23, 1993. The citation included the statement: "In recognition of his outstanding achievements in the field of medicine, the President of the Islamic Republic of Pakistan has been pleased to confer on Dr. Shaikh Sultan Ahmad, the award of Sitara-i-Quaid-i-Azam."

Professor Ahmad has the distinction of receiving 16 research grants from the US. He has been selected as the "Man of Achievement" by many US and UK organizations, and was also the recipient of the Runner-up Award in the Young Investigators Award Competition of the American College of Cardiology. He has delivered over 180 lectures at the annual meetings of various institutions. He has over 100 original publications to his credit. He is a Consultant in Cardiology at St. Michael Center in Newark and St. Joseph Hospital and Center in Paterson, New Jersey. He is currently the President of the Board of Governors of the New Jersey Medical and Dental Schools chapter of the Association of American University Professors.

He has made generous contributions to health care delivery and medical teaching in Pakistan. He organized an International Conference on Health in Karachi in 1985 and also published a book on Cardiology for Pakistani students and house officers. He is an active leader of Association of Pakistani Physicians of North America.



### President's Pride of Performance Award

For the first time in the history of the President's Pride of Performance Award, given annually by the President of the Islamic Republic of Pakistan, two members of one family have received this distinction in the same year. The recipients, Mr. Laeeq Ahmed Khan and Mr. Agha Nasir are related to Lt. Col. Anis A. Khan, M.D. of Mount Pleasant, Michigan. Mr. Laeeq Ahmad Khan is Dr. Anis's *khalazad* brother and Mr. Agha Nasir is son of his *phoophee*. The latter is also married to his only sister. Mr. Agha Nasir has been Director General of Pakistan Television for a long time, and has received the award in Art-Broadcasting (Sindh) and Mr. Laeeq Khan received the award in Art Comparing (Punjab). We congratulate Dr. Anis for this singular recognition of his family's remarkable achievements. Dr. Anis, himself a humorist and poet, graduated from Nishtar in 1964. I hope one day we will be able to enjoy his artistic talents at the APPNA Annual Banquet. What say you, *O Lummain?*



## ALUMNI ACTIVITIES

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### Dear Dow Graduates!

*Ussalaam-o-alaekom.* To be the President of the Dow Alumni is a great privilege and honor. I as your President for the year 1993-94 also consider it a great opportunity to serve you. I graduated in 1966, and at present am practicing orthopedics and hand surgery in Columbia, South Carolina. My family and I have enjoyed the APPNA and DGANA meetings over the years. Other than the usual issues and concerns that we face as a professional body, I plan to concentrate on membership participation, particularly encouraging the younger members of the 80's and 90's from Dow to become actively involved. If there are any suggestions

or assistance you can render in this regard, kindly communicate these to me by a letter, or a telephone call at night at (803) 772-7544. During the day you can reach me at (803) 794-8157. Another important issue in which your input is needed is our alma mater's 50th anniversary in 1995. The Executive Committee is looking into different options. If there are any other suggestions or discussions on any other topics, do let me know. I look forward to seeing some of you at the fall meeting in Chicago.

Asif M. Sheikh, M.D.  
President, DGANA

## VIEWS, PURVIEWS

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### An Observer's Diary

APPNA, over the years, has been many things to many people. Among other purposes, it has served as a platform for a great many of our thinkers and leaders. The APPNA presidential roll call resonates with the dreams of visionaries, the acumen of political-gurus, the efficiency of technocrats, and the amiability of diplomats. We welcome Dr. M. Khalid Riaz to this distinguished circle of APPNA's alumni. In his first Executive Council meeting, he called himself a facilitator. We have also known him as a man of vision. APPNA looks forward to his leadership with great expectations.

This was a remarkable Summer Meeting that we had in Washington. Kudos to Drs. Pervaiz Shah and Arif Toor for arranging a magnificent get-together. There was a spring's breath in this meeting! Did anyone check the social forum? It was packed, standing room only! The germ of an idea that started with Dr. Zeenat Anwar is ready to bear fruit. Dear friends, let's make way for the new generation. The future meetings must accommodate the young adults, must make room for their needs. We have invested in the present, and we have invested in the hereafter (e.g. APPNA-SEHAT, the Post-graduate Fund and lately, the Social Welfare Project). The question now is should we dare to invest in our future? If we could make a broader forum where our children could meet, could find themselves, could recognize their identity, so that they as adults would be as confident as we were at their age. The forum that would take away some of the suffocating burden that we carry as immigrants. We need to give our children that guided freedom, that opportunity for their healthy development in North American society without losing their faith or the values based on it. We were brought up in a majority culture, our parents did not have these concerns. Our children are under far greater pressure than we ever were. We have to understand this, and make an effort to alleviate some of this heavy load. For once, let us try identifying with the problems of our peers and the lives of our children.

-RW



### In Search of More

Friday the 13th or August 14th, it didn't matter. From all over, they were here in Washington for their business and enjoyment. Up and down the escalator there was a lot more to observe than just the floor and the ceiling of J. W. Marriot. The lobby was crowded, and Pakistanis and Pakistan were flying all over in dashing colors, both male and female, revolving around or in and out of the shopping mall.

As a casual observer, I first thanked God, and then APPNA for creating such a forum, of which we can all be proud. APPNA has given us the opportunity to collectively disperse like a rainbow, the most dazzling color of which to me was the color of youth. I was stunned by their number and their lively activities. Moved and overwhelmed, at that time I made a private wish. I hope that God willing it comes true.

Certainly, the concepts and wishes are there, the ideals are there, and we are not too far from catching up with the right approach. To a certain extent we are already on our way to that right approach. We have pooled our resources, we have gained momentum and through involvement we will maintain our momentum. But have we reached our goal? The answer is yes, if we start pondering day and night on the following questions:

1. How can we fine-tune ourselves to improve our image?
2. How can we create more habits of meeting the challenge?

3. How can we work ourselves to full potential?
4. How can we sprinkle the ingredient of becoming serious?
5. How can we do things on time?

Then and only then our subtle diffusion into the system will become more easy and productive. We need this diffusion by having this most needed attitude.

Are we prepared to search for more? The answer is yes, and we are moving right on.

Abdul Rauf, M.D.

### International Medical Graduates

The International Medical Graduates Section of the State Medical Society of Wisconsin held a joint meeting with the American Association of Physicians from India in Milwaukee. Discussions centered around the health care reforms, various options available to the public, and the importance of medical community's keeping abreast of changes. Dr. Samadani, Chairman, IMG Section of Medical Society of Wisconsin highlighted the salient features of the Clinton Plan, the Robson Plan, and the Wisconsin Partner Care Plans. The academic program consisted of a presentation by Professor Charles Olnow of University of South Florida on Parkinsonism and movement disorders.

Bosnia Relief Group in Milwaukee headed by Dr. and Naheed Maqbool Arshad arranged medical treatment for newly arrived patients from Bosnia. More patients are expected. Problems of Bosnia, Kashmir, and Pakistan were discussed with Senator Russ Feingold.

Ayaz M. Samadani, M.D.

## YOUR INPUT

### Dear Readers,

*Ussalaam-o-alaekom.* In this issue certain changes in format and style will not escape your notice. This editorial choice was made to reflect more appropriately the professional particularity of this publication and to accommodate more material. We make every effort to edit the submitted material in a fashion that would bring all the printed material to a conformity in style of writing. Nonetheless, there are times when it is not possible to achieve this, either because of the nature of the contents of an item, or because of a direct request from the writer to keep the editing to a minimum.

No matter how keen, one mind can never be able to simultaneously focus attention on all facets of a project. The *Newsletter's* Editor-in-Chief is no exception. Therefore, he most sincerely requests your input in the form of your comments about various items that appear in the *Newsletter*. No doubt, every analytical or critical remark by its readers leads to an

improvement in a publication. But a positive note or a few words of praise also go a long way in encouraging the writers. Won't you write us some comments today?

Finally, it is important that the writers follow the following instructions in preparing whatever they wish to appear in print in the *Newsletter*:

1. Type DOUBLE-SPACED all your letters and other items that are intended for publication.
2. Leave ONE INCH clear margin on all four sides of all sheets.
3. Always include you FAX NUMBER.
4. Do not feel upset if your article has been shortened. Sometimes the limited availability of space makes it necessary.

Wishing you a very happy Holiday Season and a safe trip home. *Wussalaam.*

Khalid J. Awan, Editor



## APPNA Questionare 1993

Dear APPNA Members and Pakistani Physicians,

To help the Association design programs that better reflect your needs, take a few moments to go over the following questionnaire, and encircle YES or NO to each inquiry. (We also would greatly appreciate your sending us any other suggestions on a separate sheet.) After completing, cut this section and mail it to the APPNA Central Office, 6414 S. Cass Avenue, Westmont, IL 60559, or fax it to (708) 968-8677. Thank you.

### WOULD YOU LIKE APPNA TO PROVIDE MORE SERVICES FOR:

Item	Answer	
1. Professional support in your practice	YES	NO
2. Information regarding health care policy	YES	NO
3. Information regarding licensure	YES	NO
4. An active role in health care legislation	YES	NO
5. Insurance program	YES	NO
6. Negotiation Managed Care Contracts	YES	NO
7. Provision of teaching opportunities in Pakistan	YES	NO
8. Participation in charitable programs	YES	NO
9. Cultural and social activities at APPNA meetings	YES	NO
10. Continuing Medical Education (CME)	YES	NO
11. Spouses, children, youth, etc.	YES	NO
12. Relocation of your practice	YES	NO

NAME: \_\_\_\_\_ Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

ADDRESS: \_\_\_\_\_