



APPNA

NEWSLETTER

DEADLINE for Submitting Material
for the Next Issue: October 10, 1997

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Volume 7, Number 3

August, 1997

Editor-in-Chief:
Khalid J. Awan, MD, FPAMS

Editorial Secretary: Margaret A. Phelps, COT
APPNA Office Secretary: Denise Burt

President's Message

A SUMMER SPLENDID

Ussalaam-o-alaekom. The Association just concluded its 19th Annual Convention in New York. With this convention, APPNA has reached several milestones. This was the largest and truly splendidly managed meeting in the history of APPNA. The Annual Banquet seated 1,650 participants. The Continuing Medical Education program was both well-organized and well-attended. The feedback that I have received overwhelmingly declares the meeting as outstanding.

The Association is indebted in gratitude to the members of the Local Host Committee and especially its dynamic chairman, Dr. Arif Muslim. Their dedication, hard work and commitment was the single biggest reason for the success of this convention. On behalf of APPNA, I thank them all. The limitation of space does not allow me to mention all the names; however, a special gratitude is owed to Dr. Arif Toor, Dr. Asim Malik, Dr. Naveed Iqbal, Dr. Inamul Huq, Dr. Irfan ul Huq, Dr. Izhar ul Huq, Mrs. Saeeda Alam, Adnan Muslim, and many volunteers and workers who were members of a great team with great leadership. My special thanks to the chairperson Dr. Arif Muslim, Dr. Asim Malik, Dr. Naveed Iqbal, and Dr. Saeed Bajwa for obtaining significant financial sponsorship for the meeting. As long as we have such dedicated members in APPNA, our future is, of course, very bright.

APPNA also achieved another milestone by reaching over 1300 mark in membership this summer. With the Executive's approval of the APPNA North American Medical Graduates Association (APPNA NAMA) and the Allama Iqbal Medical College Alumni Association (AIMCAA), we have entered a new phase of growth. The increasing participation of young physicians and our second generation Pakistani-Americans has further ensured a definitely very bright future for APPNA. We are on a path of growth, and I welcome them all to the ranks and the family of APPNA and wish them great success.

The meeting was not only big in numbers, it was also big in substance. APPNA launched its most ambitious project of Human Development, and presented it as a gift to Pakistan on her 50th Anniversary. This foundation, with its goals of community advancement in Pakistan, will need all the support from all Pakistanis in the United States, including non-physicians. I urge you to support this project, as it provides us with another great vehicle to help our country of birth. Under the able leadership of Drs. Nasim Ashraf and Khalid Riaz, and several other APPNA members, and an active role played by the APPNA Executives, I have no doubts that this project will be successful in achieving its goals.

My message would not be complete without thanking Dr. Mushtaq Sharif, Dr. Khalid Riaz, and the Executive Secretaries of APPNA, Denise Burt and Tina Cederborg, who spent countless hours working late in the evenings, making arrangements for the Annual Summer Meeting. My thanks also to Tia Sundquist, and the trio from Dr. Muslim's office, Arlene, Lynn and Linda without whose help this meeting would not have been such a great success. Lastly, and on a personal note, I wish to express my appreciation to all the members of APPNA family, and especially the APPNA officers, who were a great source of comfort and support during my recent illness. I feel truly privileged to be a member of such a great family. Thank you, and may God bless you all. *Wussalaam.*

Shaukat H. Khan, M.D.

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Time to Come Home

Khalid J. Awan, F.P.A.M.S.

*Bismi-Allaahir Rukhmaanir Raheem. NuhmodoHoo wa nosullee
aalaa RasoolleHil Kareem.*

After an arduous trek, an explorer wanders into an uncharted territory of deep Africa, and is warmly welcomed by a primitive tribe, who are called the people "who place pots on the heads of strangers." For weeks he is feasted and pampered in all sorts of ways, and he figures that their strange sobriquet means people who empty all their storage pots in a show of hospitality to the strangers. At the end of a month the natives arrange for a big festival in a huge cave, and seat the explorer on a throne made of stone slabs. They bury a huge earthenware pot, much like the ones they have been using every day only a lot bigger, in the raging bonfire in the center of the cave. The natives dance around the leaping flames to pulsating drums, chanting: "It is a goat without horns, and more than a goat; it is an ox without horns, and more than an ox." After an extended revel, the dance suddenly ceases, and everything in the cave turns still. Two gargantuan natives with long-handed iron pincers approach the fire and lift from it the huge earthenware pot, now heated to an angry white glow. Before he knows, two monstrous natives pounce on the explorer and render him motionless with tight ropes. He sees the upturned red-hot pot slowly rising next to his shoulder, and a heart-rending scream that erupts from his ghastly gaping mouth tears through the dark jungle, ringing that he now knows what the tribe's nickname really means: they are cannibals.

The intensity of alarm and disbelief stirred by a recent report brought to mind this paraphrased scene from H. Rider Haggard's *She*, a fascinating romance that spins the tale of a queen who, having killed her lover in a fit of jealous rage, searches out the secret of immortality, and waits over a thousand years to be reunited with him upon his rebirth.¹

The said report by Paul Gerber,² a senior contributing editor of *Physician's Management*, tells about an absolutely unbelievable experience of a just-out-of-residency doctor who signed an employment agreement with a physician practice management company (PPMC). The physician, who felt amply secure with the PPMC promise of \$300,000 salary, says, "It was represented to me that this would be my practice, to be run according to my style and philosophy, and that the PPMC would bring in management and marketing expertise." Very soon he saw that signing the contract had simply made him an indentured servant to the PPMC. The company had direct control of the marketing decisions, practice revenues, fees, billing, and the patients inquiries about their accounts. Although all these affected the image and reputation of the doctor alone, he was kept totally in the dark about them. The PPMC control of practice's bank accounts and the purchasing policies even forced the doctor at times to spend his own money for repairs and purchases. The worse was yet to come.

When the PPMC ignored doctor's repeated letters and many telephone calls, he became worried about his liability and the ethics of his practice, and gave the PPMC the notice of cancelling his contract according to its terms. Instead of negotiating, the PPMC immediately sealed off his office, for they also held the lease to it. The doctor was left with nothing: no office, no access to patient records, no telephone, no secretary. And though the PPMC was fully aware that the doctor was in town and where he could be reached, the patients who called the office "were told that he had left town and nobody knew where he was." This took place after he had just operated on 20 patients. To give them postoperative care, he hurriedly opened a temporary office. But the PPMC promptly slapped him with a lawsuit for violating contract's noncompete clause. And that's where today's fact becomes akin in essence to Haggard's fable: the naive young physician is the wretched explorer, his alluring contract the horrible "red-hot pot," and the contracting greedy companies the symbolic anthropophagous predators.

To retain control of the aspects of practice for which he is accountable, this courageous doctor has resolved to fight it out toe to toe. He says: "Stockholders do not care about quality of care that is delivered (by these companies)....They are only concerned about profits."

Said Cicero,³ "Trickery disguised as intelligence is life's greatest scourge." Our modern world has at all levels and in all degrees become soaked with this scourge and trickery. It is vital that every physician stays keenly alert, watches the disguised "red-hot pots," and gets his professional contracts thoroughly evaluated by reliable legal counsels before affixing his signatures on them. Even more urgent is that APPNA now seriously focuses on the professional needs of its membership here at home. By success of its programs like APPNA SEHAT, winter convention, and the recent human development undertaking, APPNA has currently achieved a stability in continuation of its services to the motherland. Now it must focus on establishing an efficient service to provide real guidance and assistance to its members in matters that seriously influence their professional interests. Come home, APPNA!

Meanwhile, at the individual level, each among us facing a pressing predicament should turn to a tip from the *top-ranked* in Hart's *100 Most Influential Persons in History**: "Surely Allaah reproves resigned helplessness, and He commands that you apply utmost shrewdness in handling all matters. And if then a thing gets beyond your control, say: 'Allaah is enough for me, and the best He is to depend on.'" ⁴

References

1. Haggard, HR: *Three Adventure Novels - Unabridged*, part 1, *She*. New York, Dover Publications, Inc., 1951, pp 73-80.
2. Gerber, P: Anatomy of a PPMC-Related Lawsuit. *EyeWord*. March 1997, p 55.
3. Cicero: *Selected Works*. New York, Penguin, 1960, p 186.
4. Abo Dawod, Imam SA: *Sunan Abo Dawad*, vol 2. Delhi-2, Eteqaad Publishing House. 1990, p 109. ■■■

* The full title of the book by Michael H. Hart is *The Hundred - A Ranking of the Most Influential Persons in History*.

COMMITTEE REPORTS

Treasurer's Report

M. Javed Akhtar, F.A.C.S.

Ussalaam-o-áalakum. Just a few words to let you know the financial health of the Association.

The insert enclosed with this issue of the *Newsletter* concisely outlines the revenues and disbursements of the APPNA funds as of end of June 1997. The financial strength of the organization is owed to:

1. Increase in membership.
2. Increase in registration and attendance at the summer and regional meetings.
3. Donations from advertisers and big pharmaceutical companies.
4. Royalties from the use of APPNA-MBNA card, but it's a minor contribution so far.

All of you can help increase the revenues for APPNA from these sources. Please help us recruit new members from your area by calling, faxing, or writing the Central Office the names of physicians who are not yet members of APPNA. We will then send them the necessary brochures, application forms, etc. Also, I am sure you are currently using some sort of credit card, kindly consider switching to APPNA-MBNA card. If you give a call to Denise at the Central Office, we will have the papers necessary for this sent to you.

Many thanks for your support and God bless you.

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Host Committee

(19th Summer Convention, New York Hilton- July 3-6,1997)

Arif Muslim, M.D., Chairperson

July 4, 1997 weekend has come and gone. The 19th Annual Meeting of APPNA is now history. The great team effort of the Local Host Committee, the Executive Committee, Officers, and last, but not the least, the Central Office staff made this meeting a successful one. The initial responses have been very favorable. I wish we could do more in the entertainment program, but overall we gave it our best. We are hoping you enjoyed it as much as we did in arranging it for you.

My thanks once again to the entire Committee. I would also like to compliment the Youth Committee Executive members who have really shown great maturity and did set up an excellent program.

I am sure this meeting will also be a financial success. I hope to provide you with a detailed accounting by the next Executive Committee Meeting.

New York City will be ready for APPNA in 2000.

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Nomination and Election Committee

Waheed Akbar, M.D., Chairperson

I did initially think that it was a challenging assignment, but as the election day approached nearer, the enormity of the job increased exponentially. There were some question raised about the electioneering process, but the system that has been set up over time, particularly the set of guidelines compiled by Dr. Mushtaq Khan, proved very satisfactory. My committee spent numerous hours talking to Denise in the central office setting up these guidelines, as well as expounding and explaining the process to the candidates. I would like to commend Denise Burt for her organizational capability and thoroughness in handling election related matters. The two members of my committee, Dr. Zeenat Anwar and Dr. Mushtaq Khan, were always available for me as well as the candidates.

On Saturday morning the representatives for the candidates checked the systems that included:

- (1) sending out of the ballots,
- (2) receiving of the ballots,
- (3) secrecy maintained during process, and
- (4) tabulation at the office.

Any questions raised during the vote counting were thoroughly addressed, and resolved to everyone's satisfaction. Everybody left the tabulating room delighted about the fairness of the operation. Subsequently, too, nobody has been able to pinpoint any problem. Nonetheless, during the general body meeting, some members recommended changes in the election process, the foremost of which entailed getting a neutral party involved. I personally think that under our Constitution the current election method is rendered absolutely non-partisan and non-biased.

Finally, I recommend that a booklet should be compiled that outlines the rules and regulations that guide the Election and Nomination Committee, and which should also be mailed to the candidates in advance of the elections.

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Fall Executive Council Meeting

October 10, 11, and 12, 1997

Hyatt Regency Hotel, Atlanta

265 Peachtree Street, N.E., Atlanta, GA 30303

APPNA room rate is \$130

For Reservations Call: (404) 577-1234

* Please make your reservations as soon as possible.

APPNA Alliance

Naheed Arshad, Chairperson

The APPNA summer meeting in New York marked the introduction of a new event 'The Alliance Family Night Talent Show'. Approximately 300 people were in attendance. Saeeda Alam, the Alliance Host committee representative planned the menu, which was especially pleasing to the children.

It was indeed a pleasant sight to see children of all ages in the room with the adults.

While there are always many ways that one can improve this event, initiating something new is always the hurdle.

Personally, I was really impressed with your children, and there had been no doubt in my mind when this event was being planned that the talent existed. It was a pleasure to spend some time with your children during rehearsals and finally to see them perform. The level of the participants' abilities varied, the age group varied, and the content of the show varied. Hopefully, there was something for everyone.

During the afternoon tea on Friday, which was well attended, some very important subjects were discussed, including certain problems that each of our communities face. I felt this was an excellent opportunity to do some brainstorming and at least address the problems. When problems are addressed they stand a better chance of being resolved as opposed to when they are ignored.

There is no doubt that our friendships are growing through Alliance, and that in the future we will be able to provide some good direction to our families. Please do not forget to read two letters from a perspective of the youth about the Alliance Family Night in the Letters to the Editor section of this issue of the *Newsletter*.

Our newly elected officers are:

President-elect: Zubaida Arain

Secretary: Saeeda Alam

Treasurer: Shahnaz Akhtar



CONSULTANTS NEEDED IN LAHORE

We are a leading 350-bed private not-for-profit hospital for women and children in Lahore, Pakistan. The Hospital is accredited for **POST GRADUATE MEDICAL TEACHING PROGRAMS IN OBSTETRICS, GYNAECOLOGY AND PEDIATRICS**. In addition there is a school of Nursing and Midwifery. The hospital is expanding its present services to a 500 bed General Hospital covering a wide range of specialties. We offer an exceptional opportunity to consultants with a commitment to medical education and community service to assist in the expansion and development of our departments.

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Fax # 92 42 7570586
e-mail fmhhosp@paknet1.ptc.pk

* THE ALTERNATIVE PROGRAM *

□ For years, there have been expressions of dissatisfaction from a large number of members about the Saturday night musical entertainment, for they found it inappropriate or uninteresting on account of the liberties that were at times taken during it. To accommodate them I suggested in the editorial titled *On Soirée Musicale* (published in the October 1995 issue of the *Newsletter*) that there should be established an alternative parallel program. The half-hearted attempts to do so got no where. Finally, earlier this year, Dr. Saleem Mir volunteered to take this bull by the horns, and requested the Host Committee for the New York meeting to arrange some hall for him to hold an alternative program on Saturday night. This request was graciously granted by the Committee, and Dr. Mir got down to the business of arranging an alternative program and lining up guests for it. About a month before the meeting I called him to see how things were going. He expressed much concern over cooperation from various quarters, the intended participants in particular. Then he laughed and asked if I would sing some old movie songs, to which I immediately said yes. (How could I let slip an opportunity to fulfill my repressed desires to be a stage star?) I gave him a couple of other names of members who dabbled in poetry and he was all upbeat. Mir, the rat that he is, never even mentioned about my singing the songs when the program was going on, but to everyone's surprise, Mir included, the program turned out to be the best-responded and most enjoyed event of the Summer meeting, with packed house and people lining up along the walls all over the hall. It is a foregone conclusion that the Alternative Entertainment Program now would definitely become another great reason to attend the APPNA Summer meetings. The program organizers, however, would be well advised to be most careful and cautious in that this program does not too deteriorate into another garish parody that has no regard for the socioreligious values on which stands the revered edifice of Pakistan. In the editorial mentined above, it was also suggested that the entertainment portion of the dinner ticket price of those who are interested in the alternative program should be allocated for covering the costs of its arrangement; its fair, its feasible. Following is a report on the first alternative program, which Dr. Mir has cleverly named APPNNA ALAAP (Alternative Literary and Artistic Program). - Khalid J. Awan, M.D., Editor

APPNA ALAAP

Saleem M. Mir, M.D.

Alaap in classical Indo-Pakistani music is the initial melody which sets the mood of the raga that is to follow. The APPNA Alternate Literary and Artistic Program (ALAAP), presented for the first time at the APPNA annual meeting in New York on the night of July 5, 1997, was meant to accomplish exactly that. Yet the turnout, and the success of the program far exceeded any expectations the organizers had in mind when conceiving the event. For any program to succeed, there are two vital factors: the contents of the program presented and the willing desire, or "hunger," of the audience. On the night of the scheduled program, the latter was amply manifested as evident from the jam-packed audience hall, and the continuation of the program into the late hours of the night.

In the first half of the program, essays, short stories, and memoirs, were presented. Tahira Naqvi (Mt. Vernon, NY) read her short story, "Karaylay," a touching descripton of the culture clash in America. Dr. S. Amjad Hussain (Toledo, OH) read from the pages of his book, *Yak Shehr-e-Arzo*. He had earlier spoken on his expeditions in Tibet at the CME program. Here's Mir's *filbadee* poetical indroduction:

دہلوی تھا میں و دن جراتی میں آج تک
تسیر کوہ و دشت آنکھی ہے اب ایجاد
بر مروج زور تو ہے اس فرد کی تلاش
شعر بر جسکے پاؤں ہے سنت فریاد

Dr. Skinder Sheikh, visiting from Pakistan, earned much acclaim by reading his poems particularly one entitled "Karachi;" Dr. Kalim Irfani (New Rochelle, NY) gave a touching rendition of a poem by Faiz Ahmed Faiz. Shehnaz Ahmed, Dr. Saleem Khan

(Delaware), Dr. Rasheed Ahmed (Morristown, NJ), and Dr. Obaidullah Ghazi (Iqra Publications) read from their poetry which was to the delight of the audience.

In the second half of the program, four distinguished poets from New York metropolitan area were invited to read from their works. Mr. Agha Babur, the renowned short story writer, and author of the serialized column *Soreelee Baatayn*, published in Pakistan Link of Inglewood, CA, read a scholarly article on the traditional poetry of the Indo-Pakistan sub-continent, and its ever-evolving legacy as manifest in the Urdu poetry written these days in America and abroad. Mrs. Fraht Zahid, and her equally distinguished husband Saeed Zahid, beautifully recited their poetry:

مورث ہیں مگر ماہند کو بہار کوئی ہیں
اک سچ کے تحفظ کیلئے سب سے لڑی ہیں

Mr. Syed Hanif Akhgar's poetry and melodious performances beld the audience in utter awe:

صبح ازل سے مشاق ابر تک میرے ہاوم سے روئی ہے
اس منظر سے اس منظر تک اس منظر سے آگے ہی

Mr. Syed Zamir Jafri, the comic poet, refreshed the crowd with his brand of poetic humor.

شوق سے لہنت ہلگر نور لہر پیدا کرد
لیکن ایک بجے سے دو درڈا لہر پیدا کرد
میںم از گندم جو پیدا کی تو کیا پیدا کیا
ات تر جب ہے مٹا کر سے مٹ پیدا کرد

Judging from how this program was received, it is hoped that this program will continue as a integral part of the annual APPNA convention, and will evolve into yet another highly acclaimed feature of its future. **

LETTERS TO THE EDITOR

We consider all views for publication, if yours are not here, no one wrote them to us. The opinions expressed in the *Newsletter*, however, are solely of the writers, and should not be construed as that of APPNA - *Editor*

A Social Mission and Beyond

Congratulations APPNA Members

EDITOR:

Ussalaam-o-alaekom. It has been a great pleasure seeing APPNA evolving from an organized socialization to an organized social mission. It surely is an honor for APPNA to have hosted the launch of the inaugural meeting of the Human Development Foundation. Not only are we proud that APPNA has played the leading role in bringing several other organizations with similar goals under one umbrella, but we also have made a significant financial contribution toward the project's endowment fund. It indeed is an invaluable gift to Pakistan and her masses.

APPNA has evolved progressively, and is in the stages of refining. With each day, we see it maturing democratically, changing from "exclusiveness" to "inclusiveness" for the broader interests. We need to strengthen our systems so that APPNA could not be misled by any one person, or a few individuals, to an undesired direction contradictory to our common goals. Our journey is not finished yet. Our significant achievements, such as this project, surely endow us with more energy for new milestones. We have just started paying back to the country which gave us the capability to be what we are today.

But there stands before us another equally important task of similar magnitude: not to lose what we have got. Our next generation, our children, who were born here—most of them will not become physicians—are confused about their identity, while the guardians of this generation have sadly lost all sense of what they are themselves. This is a real challenge.

I think three things will help us and our future American generation to live with confidence, pride and self-sufficiency. I call these E B C of survival: Education, Business, Commonalities.

Finding commonalities rather than controversies among ourselves and others will lead to the long-term sociopolitical viability. Developing businesses, and being employers rather than the employees will bring to us and our future generations the financial stability, independence, sense of responsibility, and uncontrolled opinion. And education, of course, is the fundamental tool to successfully achieve B & C.

Is it too early to think about this? The time is running out fast.

Qasim Bajwa, M.D.
Ballwin, MO



Members and Meetings

EDITOR:

Ussalaam-o-alaekom. I wish to point out to APPNA the disservice they are doing to their members. I am referring to the degeneration of the meeting into a social banquet open to the general public instead of a

professional meeting for physicians and their families. It's the responsibility of its officers to ensure that APPNA carries out its primary objective: to provide a professional and social meetings for its members. This year's summer meeting has proved that invitations extended to friends are indeed abused, and complaints about the non-professional social makeup of the meeting were voiced by almost every member I met. It was disappointing that the physician members were shoved aside by the huge crowd that Manhattan drew from the local and neighboring areas of New York. Our family was denied the company of APPNA physician member friends at our dinner table, and we were forced to share the company of New York business owners, despite our advance payment and request for preferred seating. Our friends shared similar experiences at their dinner tables. Following dinner, some paid banquet guests were unable to get desserts and beverages, because the unpaid guests had claimed them first. It is unjust that the physician members should pay the annual dues that only serve to subsidize the meetings for non-members.

With respect to physicians and non-physicians, the Association must lay down some strict rules. Only members and their immediate families should have the exclusive benefits and discounted banquet tickets, and convention hotel charges; non-physician guests may be allowed to attend, but only with their purchase of the premium priced ticket. The physician members and their immediate families should be allowed free admission to the stores set up in the hotel, whereas all others should be ticketed at the door. The proof of APPNA membership should be demanded at the check-in counter to qualify for the physician-member rates at the host hotel.

I request APPNA to act more responsibly toward its members; if not, then perhaps it should consider changing its name from the Association of Pakistani Physicians of North America to All Pakistani People of North America, and open the membership to all.

Naseem Khan, M.D.
Ellicott City, MD



Summer Madness and Central Office

EDITOR:

Ussalaam-o-alaekom. Hundreds of APPNA members took over Manhattan Hilton on 4th of July weekend. They dressed up, picked up registrations, imbibed mango *lussee*, tasted *haleem*, swayed to the tunes of Alamgir, and departed unaware of the unprecedented amount of work that for months consumed the energies of central office staff and dedicated APPNA members. Over 100 hours of extra time spent by Denise and Tina, and almost 60 hours of on-site work by Dr. Khalid Riaz, Dr. Nasir Rana and myself on weekends and nights helped shape the smooth flow of activities.

ASSOCIATION OF PAKISTANI PHYSICIANS
OF NORTH AMERICA
BALANCE SHEET
JUNE 30, 1997

ASSETS

GENERAL FUND:		
Cash in Bank	(Exhibit A)	42,757
APPNA SEHAT FUND (Rural Health Program):		
Cash in Bank	(Exhibit B)	152,035
LIFETIME DUES FUND:		
Investments at Market Value	(Exhibit C)	631,943
RELIEF FUND:		
Cash in Bank	(Exhibit D)	8,202
MEETINGS FUND:		
Cash in Bank	(Exhibit E)	269,128
SPECIAL PROJECTS FUND:		
Cash in Bank	(Exhibit F)	4,711
TOTAL OF CASH AND INVESTMENTS		1,108,776
FIXED ASSETS:		
Office Building - Cost		100,590
Furniture and Equipment - Cost		35,195
		135,785
Accumulated Depreciation	(13,440)
		122,345
TOTAL ASSETS		\$ 1,231,121

EQUITY

Net Worth		1,231,121
TOTAL EQUITY		\$ 1,231,121

(See Accountants' Compilation Report)

EXHIBIT C
ASSOCIATION OF PAKISTANI PHYSICIANS OF NORTH AMERICA
LIFETIME DUES FUND
STATEMENT OF RECEIPTS & DISBURSEMENTS
FOR THE PERIODS INDICATED BELOW

	<u>3 MONTHS ENDED</u> <u>JUNE 30, 1997</u>	<u>6 MONTHS ENDED</u> <u>JUNE 30, 1997</u>
RECEIPTS:		
Income From Investments	46,494	51,287
Lifetime Dues	11,594	19,594
Transfer From Other Fund		
	<u>58,088</u>	<u>70,881</u>
DISBURSEMENTS:		
	<u>0</u>	<u>0</u>
Excess of Receipts Over Disbursements	58,088	70,881
Fund Balance at Beginning of Period	573,856	561,063
	<u>573,856</u>	<u>561,063</u>
Fund Balance at End of Period	<u>\$ 631,944</u>	<u>\$ 631,944</u>
 Fund Balance at End of Period is Represented By:		
Investments in Smith Barney Managed Mutual Funds, at Market Value	11,595	11,595
La Salle National Bank, Chicago, Illinois CD @ 9.25% due 7/7/98 (Accrued Interest is not Accounted)	25,000	25,000
Investment in Oppenheimer Managed Account	292,842	292,842
Investment in Rittenhause Managed Account	302,507	302,507
	<u>\$ 631,944</u>	<u>\$ 631,944</u>

(See Accountants' Compilation Report)

EXHIBIT E

ASSOCIATION OF PAKISTANI PHYSICIANS OF NORTH AMERICA
MEETINGS FUND
STATEMENT OF RECEIPTS AND DISBURSEMENTS
FOR THE PERIODS INDICATED BELOW

	<u>3 MONTHS ENDED</u> <u>JUNE 30, 1997</u>	<u>6 MONTHS ENDED</u> <u>JUNE 30, 1997</u>
RECEIPTS:		
Summer 97 Meeting	312,947	312,947
Spring 97 Meeting	6,645	10,890
Summer 96 Meeting	0	9,140
Winter 96 Meeting	663	13,863
Annual Dues	17,098	17,098
Interest Income	244	557
Miscellaneous Income	45	45
	<u>337,642</u>	<u>364,540</u>
DISBURSEMENTS:		
Summer 97 Meeting Expenses	139,124	139,124
Spring 97 Meeting Expenses	9,093	9,498
Summer 96 Meeting Expenses	1,857	7,247
Winter 96 Meeting Expenses	222	1,895
Summer 95 Meeting Expenses	2,256	2,256
Annual Dues Reimbursement	17,098	17,098
Bank Charges	71	112
	<u>169,721</u>	<u>177,230</u>
Excess of Receipts over Disbursements	167,921	187,310
Fund Balance at Beginning of Period	101,205	81,816
	<u>269,126</u>	<u>269,126</u>
Fund Balance at End of Period	<u>\$ 269,126</u>	<u>\$ 269,126</u>

(See Accountants' Compilation Report)

ASSOCIATION OF PAKISTANI PHYSICIANS OF NORTH AMERICA
GENERAL FUND
STATEMENT OF RECEIPTS & DISBURSEMENTS
BUDGET VZ ACTUAL

	BUDGET Y. E. 12.31.1997	ACTUAL 6 MONTH ENDED June 30, 1997	VARIANCE
	-----	-----	-----
REVENUE:			
Membership Due			
Yearly and Lifetime	80,000	102,287	22,287
Interest Income	1,000	203	(797)
Rimbursement for Office Svcs.	1,300	458	(842)
Royalty MBNA Bank	2,000	1,391	(609)
Newsletter	6,000	2,565	(3,435)
Election Nomination Fee	0	3,400	3,400
	-----	-----	-----
	90,300	110,304	20,004
	-----	-----	-----
DISBURSEMENTS:			
Condo Ass Dues & Taxes	4,400	3,120	1,280
Repairs & Maianatenance	1,000	508	492
Payroll & Related Taxes	60,000	17,597	42,403
Auditing, Acctg & Tax Svc.	6,000	3,400	2,600
Telephone	4,000	2,019	1,981
Utilities	2,000	1,002	998
Postages & Shipping Chgs	5,000	3,683	1,317
Office Supplies & Expenses	8,000	6,610	1,390
Printing	1,600	4,191	(2,591)
Newsletter Printing & Mailing	22,200	5,989	16,211
Admn. & Bookkeeping Svcs	10,000	2,800	7,200
Bank Charges	600	161	439
Insurance	600	0	600
Equipment Upgrade	10,000	0	10,000
Credit Card Charges	5,000	964	4,036
APPNA Website	2,500	1,860	640
Resource Center	1,000	0	1,000
	-----	-----	-----
	143,900	53,904	89,996
	-----	-----	-----
EXCESS OF REVENUE OVER DISBRSMNT	(53,600)	56,400	110,000
	=====	=====	=====
LOAN FROM MEETING FUND	53,600	0	(53,600)
	=====	=====	=====

When the new copying machine surpassed the 90,000 mark, it cried for service before it would make any more copies. Compiling 750 folders and stuffing these with 60,000 papers containing reports and informative material was back-breaking work, indeed. Computer glitches and breakdowns added to the stress of making name badges, tickets for twenty different functions, and making master lists with almost 50 columns on each sheet.

Seating assignment for 1,500 guests challenged our commitment the most, because of our peculiar traits, i.e. sending incomplete forms, not talking to friends you want to sit with, everyone asking for the front seat, and insistence on pre-registering two weeks after the deadline for it had passed.

Traditionally, and constitutionally, seating assignment has not been done by Office Management Committee; however, this was done as a special favor at the request of the President and the Chairperson of the Local Host Committee. On the other hand, if we had not put in our own time, most of the other work assigned to the central office would not have been completed in time. Although increased trend towards pre-registration is a welcome sign, I still wonder: was all this effort worthwhile? Did anyone bother to read what was in the folders? Not even one evaluation form has been returned. Did anyone read seat assignment questionnaire? I thought we were the cream of the literates, men and women of pen. Well, I will let you be the judge!

M. Mushtaq Sharif, M.D.
Chairperson, Office Management Committee

Successful Meeting

EDITOR:

Ussalaam-o-dlaekom. The 19th Annual Summer Meeting was unequivocally successful. Dr. Arif Muslim is to be congratulated for bringing off the most successful APPNA meeting to date. His team excelled in carrying out whatever was assigned to them, and even more: this team, with special help of Dr. Asim Malik, raised one of the largest sums from the pharmaceutical company donations. They deserve our special praise and thanks.

Waheed Akbar, M.D.
Saginaw, MI

Alliance Family Night

EDITOR:

Ussalaam-o-dlaekom. When I was first told about the talent show, I was not surprised the theme of it would be Family Night. In a time where even the U.S. government is concerned about family values, surely the APPNA organization would try the Alliance avenue of having a family banquet provided with the next generation's hobbies and skills. If in our own private towns we attend recitals, school plays, and

school sponsored culture shows, why not a mini-conglomerate of this as entertainment, which presents role models for younger kids (i.e. younger musical talent observing the performance of more experienced). This offers the opportunity for parents to become enlightened with their kids as well as other Pakistani adolescents' opinions, their relating experiences and poetry. Out of the tours, fashion shows, and dinners, I am extremely pleased with Family Night for the particular reason that punctuality was stressed. In addition, all ages could enjoy as long as one was in favor of a family-oriented setting for just one night without the fear of vulgarity in front of our audiences.

Mehrunisa Qayyum
Chicago, Illinois

EDITOR:

Ussalaam-o-dlaekom. I hope with time Family Night will become a grand APPNA tradition. Personally, I jumped for joy when I was told Thursday night was to hold more than just hanging around my room and watching TV - something common for those pre-APPNA Alliance days. For those of us who come to the summer convention days in advance, it was an event truly welcome; a great forum through which our different generations could intermingle. I think all present would agree that hearing Professor Francis Pritchett—an Arkansan from Little Rock to whom Urdu is the most beautiful language in the world—recite the poetry of Ghalib made it all worth it. And who knew Waheed Akbar could tell jokes? Or that Qasim Arshad calls such beautiful *azaan*? The APPNA summer convention is a place to reunite with old buddies as well as to make new contacts. Thanks Alliance, for taking this aim to a new level.

Amna Akbar
Saginaw, MI

It would delight Amna to know that Urdu can boast of a large number of Europeans who not only loved Pakistan's national language, but also wrote both prose and poetry in Urdu. In fact, it was a French scholar who compiled the first ever Urdu dictionary in the 17th century. Even Queen Victoria of England learned to write her daily journal in Urdu. Among the many English Urdu poets of 19th century, George Burns *Shoar* ('*Shoar*' was the *nom de plume* he used in his Urdu poetry) published five collections of his Urdu poetry. Like Pritchett, he was also an admirer of Ghalib, and wrote these verses in his praise:

وہ اردو کے مشاق اور پیشوا
زبان ایسی پائی یہ کس نے بھلا

○ — ○

وہ غالب زمانہ میں کیا ہوئے
کہ غالب ہر اک پر پیشہ رہے

- Khalid Awan, Editor

Bravo, Team Indus!

EDITOR:

Ussalaam-o-alaekom. I would like to recognize Dr. Amjad Hussain, our past President and an accomplished writer, for his achievements as an explorer. Since 1987, he has led four expeditions to explore, study, and photograph the entire 2000-mile length of the great River Indus in Pakistan. Last fall his team reached the source of the river in Western Tibet at 17,000 feet. They were the third group in history to reach that remote and inaccessible point. Their efforts have been commended by the Senate of the State of Ohio and the Explorers Club. Last month the U.S. Congress recognized their achievements and entered the account of their expedition into the congressional records.

On behalf of APPNA, I would like to congratulate Amjad and his team on this singular achievement.

Shaukat H. Khan, M.D.
President, APPNA



Our Secretary's Heartfelt

I wish to extend my heartfelt thanks and gratitude to APPNA for the award received at the Summer Meeting and the adorable ride-on toy given to my two year old son by APPNA for his birthday (he loves it). I have enjoyed my work with APPNA and the wonderful people I have met during APPNA's meetings. I look forward to many more years with APPNA and many more friendships. It is my pleasure to work for each and every one of you. Thank you again!

Warmest Regards,

Denise Burt
APPNA Executive Secretary

18th APPNA Winter Conference

The 1997 (18th) annual Winter Scientific Conference of APPNA will be held on:

December 16, 17, and 18, 1997

at the

King Edward Medical College, Lahore

Registration forms will be included with the next issue of the *Newsletter*.

POSITIONS: AVAILABLE, WANTED

□ **Psychiatry:** Psychiatry resident with family practice background, graduating from a university program in June '98. Presently on a J-1 Visa, seeking help for job placement. Please contact Dr. Kamal, Phone # Res. (540) 772-1058 after 5 p.m. Eastern time. ■

□ **Family Practice:** Family practitioner needed for a practice in San Antonio. Board Eligible or Board Certified. Please apply with full documentation. Texas License one year warranty may be available from the Hospital for the right candidate. ■

□ **Obstetrics and Gynecology:** A female Ob/Gyn, BC or BE required for a practice in San Antonio. One year warranty may be available from the Hospital for the right candidate. Contact Dr. Salar A. Aziz, M.D. for application. Telephones: Residence 210-690-9074; Office 210-828-2311, Southside Office 210-924-7362. ■

□ **Internal Medicine:** Physician looking for J1 waiver. Board Certified Internist and completing Pulmonary Fellowship at Mount Sinai in New York. Dr. M. Hanif (630) 963-6015. ■ (See below also.)

□ **Nephrology and Internal Medicine:** Internist interested in working in an under-served area for a J-1 waiver position. Excellent credentials. Please contact Sarah I. Hussain, M.D. at (412) 563-5675. ■

GOOD NEWS

Illinois State Medical Society will create an International Medical Graduate (IMG) Section. Dr. Sadiq Mohyuddin represented Madison County from Illinois. He repeatedly argued in Reference Committee and later in the House of Delegates at the April meeting in Chicago on April 20, 1997 in front of 180 Delegates urging Section's necessity. His views were supported by the newly elected President, who happened to be an IMG too. Earlier, Reference Committee gave recommendation to defeat the resolution, but the House was persuaded to vote for the IMG Section. In the future, Dr. Mohyuddin will provide update to APPNA.

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ALUMNI AND CHAPTERS REPORTS

Southern Chapter

Dr. Pervaiz Mussarat and Dr. Zahid Imran

□ **Annual Meeting:** The annual meeting of Southern Chapter was held on March 8, 1997 at the residence of M. Kaleem Arshad, M.D. Dr. Arshad has been the President of the chapter for the last two years. The meeting included the chapter's Executive Council session, a traditional Pakistani dinner, and an entertainment program at Raddison in Kenner, Louisiana. The meeting was well attended and included delegates from the States which comprise the Southern Chapter i.e. Louisiana, Alabama, Mississippi and Arkansas. Following a brief overview of the Chapter's activities, Dr. Arshad introduced the new Executive Council for the years 1997 through 1999:

President: Dr. Pervaiz Mussarat

President-Elect: Dr. Shaista Faruqui

Immediate Past President: Dr. M. Kaleem Arshad

Secretary-Treasurer: Dr. Zahid Imran

Representative Member in Training: Dr. Adeel Butt

Councilors: Alabama: Dr. Khalid L. Khan

Louisiana: Dr. Zahur-ul-Azhar

Mississippi: Dr. Mohammad Athar

Arkansas: Dr. Mufiz H. Chauhan

Executive Director: Dr. Riaz Chaudhry

Dr. Arshad acknowledged the help and dedication of Mr. Tauseef Siddiqui, Mr. Syed Busharat Ali and Drs. Suleman and Dr. Chaudhry. Dr. Mussarat presented a plaque to Dr. Arshad for his leadership and services.

The speakers appreciated the attendance by numerous young physicians and members-in-training (MITs) from the greater New Orleans and Baton Rouge area, and encouraged them to resume a more active role in APPNA activities. Dr. Mussarat strongly voiced that survival of the Chapter and of APPNA itself depended on infusion of new blood. A delicious traditional Pakistani cuisine followed the meeting. Arrangements were available for transportation from and to Raddison Hotel. The entertainment program, which featured local talent like Dr. Naveed Malik and vary talented artists like Shaaz and Janice Miller, made the evening an unforgettable event. The singers presented songs in Urdu Punjabi, and Saraki. The delegates appreciated the hospitality and hard work of Dr. Arshad and his wife, Dr. Jameela Arshad for arranging this memorable evening. The great success of this meeting is expected to even further vitalize the Southern Chapter.

□ **Quarterly Meeting:** Quarterly meeting was held in Shaheen Resturant, New Orleans on May 24, 1997. The meeting was called to order by Dr. Imran. He requested Dr. Mussarat to chair the meeting. Following recitation from the Holy Qor'aan by Dr. Naveed Malik, Dr. Mussarat made a brief presentation about the Pakistan's prime minister, Mr. Nawaz Sharif's appeals to expatriate Pakistanis to support his initiative that may reduce the burden of national debt. Dr. Mussarat encouraged the members to wholeheartedly contribute toward this worthy cause. The minutes of the last meeting were presented and approved. The meeting was then opened for a general discussion. Dr. Imran made a request for contributions for the Southern Chapter that was instantly met by members present at the meeting. A resolution for a membership fee of \$25 annually, proposed by Dr. Kaleem Arshad and seconded by Dr. Juzar Ali, was carried unanimously. Dr. Arshad also proposed to nominate another member for the position of MIT Representative for the Southern Chapter, which had become vacant due to Dr. Adeel Butt's successful completion of residency training. Dr. Juzar Ali seconded the motion. Dr. Suleman proposed to conduct the elections during this session. Dr. Aita was nominated and subsequently elected unopposed. The highlights of the meeting included the presentation of a plaque to Dr. Juzar Ali for his dedication and commitment to APPNA in general and to his endeavors particularly for providing CME activities. Dr. Mussarat announced that he will host the next chapter meeting at his residence in Hammond. A general discussion ensued among members on topics of professional interests and finding ways to increase cohesiveness and communication among the members. The plans for next meeting as well as CME activities were also discussed as a part of the agenda. At 8:30 p.m., Dr. Mussarat announced the official adjournment of the meeting while inviting members and their families to a delicious feast.

New York Chapter

Asim R. Malik, President

New York Chapter reports an exciting new year. A dormant non-functioning Chapter became alive again on March 1997. Whereas for the first two years our membership languished at a mere twenty-five members, it exploded this year to one hundred thirty-one members. New York Chapter is committed to strengthen the goals of APPNA, and it shall be the Jewel in the Crown of APPNA.

New York Chapter's officers and membership were proud to host the 1997 Annual Summer Meeting. Through the Chapter's efforts, enviable amount of funds were collected from the pharmaceutical companies. I would personally like to thank Glaxo, Janssen and Astra Merck for their generous donations. Hats are off to Dr. Arif Muslim, who did a tremendous job as the chairperson of the Host Committee.

Flats For Sale in Islamabad
 Recently completed ground and first floor of a commercial building in Islamabad, Pakistan, with 19 shops in the ground floor and 19 offices on the first floor. (Second phase) intend to build twelve luxury flats on third and fourth floors. This property is located very close to Pakistan Institute of Medical Sciences (P.I.M.S). For more information please contact:
Dr. Mian Amer Masud
Islamabad Fax Number: (92-51) 827-760

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 - EDITOR AND EDITORIAL STAFF**



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SAWADHAAN!* O APPNA

Khalid J. Awan, F.P.A.M.S.

Currently, the character of medical practice in the US is rapidly reshaping, and under its strain the medical community is falling apart in more than one way. Instead of meeting the adversary head-on, the disunited, disorganized, and poorly-informed physicians have become weak-kneed, and are step-by-step giving up their rights, the nobility of profession, the quality of health care, and the interest of the patient. They are caving in to the unjust and dishonorable demands of the government agencies and the third-party payers. Where mounting of the aggressive united front against the external enemy is the need, they are instead allowing the emergence of a cannibalistic element within the body of American medicine. Overwhelmed by frustration and unwilling to "handle the truth," the leaders of American medicine are now being taken over by the instinctive urge to find a vulnerable scapegoat within the profession to put the blame on for what in fact is the result of their own pathetic lack of unity, lack of courage, and lack of willingness to make personal sacrifice for the higher professional cause. The proverbial lamb here? The foreign medical graduate (FMG).

Despite their shouldering much greater load of the country's medical care of the indigent and underserved, their better professional performance record, and the impressive test scores, the FMGs are being made the target of government agencies, legislative bodies, licensing boards, highfalutin professors, and even the professional medical bodies. Some of whom are now not hesitant to even openly declare that their every problem would go away if the FMG's disappeared. This unfortunately has also made the FMGs an appealing quarry for the litigation shysters and profit-motivated patients, who see dollar signs in even frivolous cases because of the jury bias this negative propaganda has created against the FMGs. The recent flurries of lawsuits only against FMGs in some areas of the country confirm this view.

Even the sanctity of the academia has become stinkingly soiled. Democratic fairness is being discarded with as little compunction as tossing away of a used Kleenex. The oppression and trickery are supplanting merit and long revered and followed principles. A very disturbing and shameful example of this is what the University of Medicine and Dentistry of New Jersey (UMDNJ) is doing to Professor Sultan Ahmad. For over a dozen years I have personally known him. I have found him to be impeccably principled, relentlessly hardworking, surpassing in clinical acumen, disarmingly pleasant, and devoted to serving humanity. It shatters my faith in "the system" when I see a man of his stature and accomplishments being victimized simply because of his ethnic background and FMG status. I urge every member to carefully read the following brief account of Professor Sultan's tyrannical treatment. As the editorial in this issue suggests, APPNA must now heed the sinister shift in the wind and become more active in looking after the needs of its membership. Good start would be to take the leaders of UMDNJ to task. - *Editor* -

Future Shocks or Present Predicaments

Mushtaq A. Khan, M.D.

Dr. Sultan Ahmad graduated from Dow Medical College in 1963. After completing Internship and Residency in Medicine at different institutions, he joined the University of Medicine and Dentistry of New Jersey (UMDNJ) - New Jersey School in 1969 as Cardiology Fellow. Since then, he has stayed there rising through various ranks to become tenured faculty member as Professor of Medicine. He is Fellow of several professional organizations. He received Sitare-Quid-e-Azam for his distinguished services in Pakistan, where Professor Sultan is a Consultant to several medical institutions. He has published about one hundred and twenty papers, written eight chapters and one book. He has made over two hundred presentations at National and International Organizations.

So, with all these distinguished achievements, what worries him the most? Believe it or not, his own University (UMDNJ), where he has spent the best and most productive years of his life.

He is fighting for his reputation after the University curtailed his privileges for Interventional Cardiology on flimsy grounds. In fact, he is among several senior physicians fighting the University's effort to limit their ability to practice medicine. These doctors say that UMDNJ, a state funded institution, is trying to replace some long time physicians with younger doctors, who have managed care contracts and have a base of well insured suburban patients. The University is putting tremendous pressure on older and foreign born faculty to retire.

Professor Sultan has successfully fought his way through the External Review Panel. University Hospital's Medical Executive Committee and eventually the New Jersey Superior Court. All have given verdict in his favor. However, the University continues to fight court orders through State Attorney General at great expense to New Jersey taxpayers. He has now filed formal charges with the New Jersey Division of Civil Rights. The case has now been referred to Equal Opportunity Employment Commission of the State of New Jersey.

Professor Sultan Ahmad is a dedicated life member of DOGANA and APPNA. He has written Constitution and By-Laws for both organizations, and has organized their CME programs.

Ordeal of this man is not an isolated instance. It is just tip of the iceberg. In fact, the U.S. Congress GAO office study had concluded several years ago that IMGs are treated differently than their counterparts. It should serve as a wake-up call for all of us as we plan for a unified and concerted IMG strategy. ■■■

* Sanskrit for Beware.

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FAX: (630) 968-8677

August 25, 1997

Dear APPNA Members:

Assalam-o-Alaikom.

Recently some members of APPNA have raised the issue of APPNA Flood Relief donation of \$40,000 given to Syeda Abida Hussain in 1993. In this regard, these members have sent a letter to general membership alleging the misappropriation of APPNA funds. Some recent press reports have further complicated this issue. Hence, I feel it necessary to communicate to you and bring out the facts to the general membership of APPNA.

The facts are as follows: Pakistan was affected by damaging floods in the summer of 1992. APPNA and its members started collection of funds for relief of flood damage. The members were given the option to designate the funds to their choice of charitable organizations in Pakistan. A total amount of \$60,000 was collected for this purpose, out of which \$20,000 was given to charitable organizations in Pakistan, including EDHI Foundation, which received \$16,300. The remaining \$40,000 was given to Syeda Abida Hussain, then the Ambassador of Pakistan in the United States. This money was given with clear objective of spending it to rehabilitate educational institutions in the flood affected areas in Pakistan. The money was not collected for Prime Minister's Relief Fund as described in the said letter.

Subsequently, a task force chaired by me, made follow-up inquiry in Pakistan and met Begum Abida Hussain personally. Committee was given verbal and written assurance by Mrs. Syeda Abida Hussain (as documented by her letter sent to me in March, 1994, copy of letter is enclosed for your review.) that the said money was spent to rebuild two girls schools in flood affected areas of Jhang and Khanewal. This report of the task force was presented to Executive Council during summer 1994 meeting and the issue was resolved to the satisfaction of council.

The said letter has misstated the facts and hence tried to create doubt in the minds of general membership. Therefore, I feel it necessary to bring out these facts to you so that you can make an informed opinion on this issue. The letter also questioned the credibility and integrity of our association. Let me assure you that the integrity and credibility of our association are of utmost importance to all APPNA officers and the Executive Council members, and this integrity would never be compromised. Thank you. ***Wasalam.***

Shaukat H. Khan, M.D.
President APPNA

Syeda Abida Hussain

Shah Jowna House,
Civil Lines, Jhang
Punjab
Tele: 047-2999
4338

Shaukat H. Khan, M.D.
Palmerton Hospital,
135 Lafayette Avenue,
Palmerton, Pennsylvania 18071

Dear Dr. Sahib,

Thank you for your letter which was addressed to Mr. Fakhar Imam which I am taking the liberty of answering.

Fakhar Imam and I had conjointly set up a committee for the Rehabilitation of two Schools in the flood effected areas of Jhang and Khanewal. Dr. Munir Lang of village Lang Shumali, Tehsil and District Jhang, was appointed Chairman of this Committee, with Mohammad Afzal of village Manzarabad, Tehsil Kabirwala, District Khanewal, as the Secretary of the Committee.

We chose the Girls Middle School, Lang Shumali, and Girls Primary School Manzarabad for rehabilitation from the severe damage caused to these institutions by the floods.

The Middle School at Lang Shumali had three classrooms added to the School and the repair works suitably completed, while the Primary School at Manzarabad had to be built afresh because the former building had collapsed altogether.

I have asked the Committee to send you the detailed accounts, alongwith photographs for your record.

Whenever any APPNA Member is in Pakistan, I would be more than happy to accompany them to see these Schools for themselves and the wonderful benefit to them of your kind generosity.

With Kind Regards.



Syeda Abida Hussain.