



# APPNA NEWSLETTER

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## MESSAGE FROM THE PRESIDENT

### Riaz M. Chaudhry, M.D.

First of all let me congratulate every one involved with the Chicago convention. A job well done! The convention focussed on networking and friendship; I am proud to say that with everyone's help we were able to accomplish a significant part of the agenda for this year. Most importantly we were able to come together. My heartiest congratulations to the winners in the APPNA elections; Drs. Akbar, Arian and Hussain, and my special thanks to Drs. Khan, Atiq, Arshad, and Rahman for pledging to work for the betterment of APPNA. THIS IS THE REAL SPIRIT OF APPNA.

The convention theme lived up to its name. The two seminars on Community Empowerment and Peace and Prosperity in South Asia were well received. The seminar on Peace and Prosperity was totally packed and members lined up long after the completion of the event to talk to the speakers. We are grateful to Congressman Henry Hyde, Chairman of House International Committee, for issuing a strong statement in favor of Kashmir and Pakistan. Congressman Bonnior and Senator Tim Johnson echoed similar messages of strong support both for Kashmir and Pakistan. Those of you who missed the presentations by Prof. Steve Cohen, Amb. Dennis Kuxs, Dr. Aga Saeed, and Dr. Akbar Ahmad really missed a lot of thought provoking and soul-searching ideas.

It is with deep gratitude that I thank the leadership and team work of my partner, the Chair of the Host Committee, Dr. Mushtaq Khan and his team of APPNA leaders and volunteers who worked tirelessly for several months to make the convention a great success. I am thankful to Drs. Murtaza Arain, Ayaz Samadani, Nisar Chaudhry and Alavi for their time and effort.

One of the resounding success of the meeting was the enthusiasm and participation of new members. Thanks to the election process as well as the work by the membership committee, APPNA ranks swelled by several hundred new members. We also saw many young people connecting and integrating with APPNA. This is a welcome new trend. A number of young girls and boys were present early Saturday morning at the Community Empowerment seminar. "This is not your APPNA any more, it is ours," a young girl told me at the Junoon concert. I am hoping that this trend will continue for years to come.

This year the CME program arranged under the leadership of Dr. Samadani was undoubtedly the best ever. The program was well oriented and we have requested Dr. Samadani to arrange the CME at Nishtar for the winter meeting. Thanks to Dr. Dilawari's efforts this year APPNA was accredited to issue its own CME credits.

I am also thankful to the APPNA trustees; Drs. Akbar, Hamzavi, Ahmad and Malik for their support and advice. I am especially thankful to the Chair of BOT, Dr. Aslam Malik for his timely and kind advice on a number of issues. As always I am thankful to all the APPNA officers and the Executive Council for support.

You are well aware of APPNA Free Clinic project. I am happy to report that it was discussed in Chicago, and a committee will now be appointed. My request to all of you is still the same. We are at the half way mark and a lot more work is still to be done. Let us continue to work on all that is constructive and positive for APPNA and Pakistan.

On a personal note, I will always be indebted to the tremendous support from my wife, Samina and our four kids. Anila the eldest, Nadia, Sophia and my buddy Asif. These five individuals give me the strength and courage and make my life complete and for that I am thankful to my Creator.

May Allah Almighty bless us in all our efforts and forgive us for our shortcomings.



President Riaz M. Chaudhry, M.D.

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## NEWSLETTER STAFF

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*M. Shahid Yousuf, M.D.*

## EDITORIAL LINES

### Furrukh Sayyer Malik, M.B.B.S

The centrists and the realists.

The dogma of tradition has always been a cultural icon in the human society. It has survived the pendulous swing between the realists and the centrists. APPNA as a Microcosm of the larger habitat has a traditional facade and among its folds, members with extreme ideas. The recent annual convention in Chicago stands testament to a peaceful and prosperous coexistence of divergent but progressive views.

The civil code of conduct in the electioneering, cordiality of the contestants and gracious acknowledgement of the fair fight were few examples of a tolerant political process. It stemmed and strengthened the tradition of mutual respect and tolerance in APPNA. The meetings were well attended; participants showed significant insight and objectivity in discussions and above all respect for the opposing view.

The realists had their day at the well-organized, westerly oriented fashion show. The enchanting APPNA youth was seemingly oblivious to the traditional, sober and centrist crowd. The Junooni's rocked the Saturday night and for the first time the elders took an early break, leaving the youth to the power of realism.

The community oriented seminars brought a serene outlook to the APPNA family. The social and political amalgam was not only new but attracted a significant minority of APPNA youth. The new APPNA prodigies were shoulder to shoulder with their fathers and mothers. Across the gender gap the goals are suddenly identical.

Empowerment is a beautiful thing.

Democratic empowerment is even more.



## MESSAGE FROM THE PRESIDENT-ELECT

### Mohammad Suleman, M.D.



I would like to take this opportunity to congratulate the chairman host committee Chicago, Dr Mushtaq Khan and his team for a well-organized convention. The standard bar is raised many rungs and it would be difficult to improve upon it.

For the succeeding years we have several programs to keep our focus and motivation. The project of APPNA free clinics is progressing through the APPNA EC and we should continue to improve on its organization and structure. The project of curriculum change in Pakistan Medical Colleges is a massive undertaking and seems to be moving in the right direction. We should provide every assistance to Dr. Samadani and his team for its successful completion. On similar grounds the Internet based education system needs to be supported financially. Drs. Toor and Furrukh are working on its logistics; their efforts need to be strengthened by like-minded members.

Next year is the quarter century mark for the APPNA organization. A milestone in our brief history and for posterity we need to address the journey of APPNA from its humble beginnings to its present stature. Lastly I would request to all the new members to stay involve in the process of commitment and progress shall follow.



## THE DOW ANNUAL FUNCTION

### Zeelaf Munir, M.D.

"We created history and reached a milestone to be proud of."

The Dow annual function was a roaring success with over 300 vibrant attendees including graduates from 1956 to 1998 and 13 of the 20 past presidents in attendance. It was indeed a joyous and memorable occasion for all of us as it marked the culmination of a historic year in DOGANA's history with membership soaring from 150 to over 450. The ladies were greeted with "gajras" and the men proudly adorned the rose buds. The guests appreciated the welcome folders, which included a frameable picture of Dow and a directory on CD-ROM. The outgoing president's

(Zeelaf Munir) services were recognized as our godfather Dr. Iltifat Alavi presented her with a beautiful memento, while the incoming cabinet and the president (Rizwan Karatela) were greeted with excitement. The president outlined his vision of a "global Dow network". The presentation "Dow in Pictures" evoked nostalgia and pride. Dr. Sultan Ahmed officially launched the pledge drive for the Dow Endowment Fund. In the end we were graced by the diplomatic and APPNA heavyweights, as we re-iterated our goal to become a vital contributor to APPNA growth.

## ANNUAL ELECTIONS 2001

The annual elections were conducted in accordance with the Constitution. The elections were by postal ballot and an outside election agency conducted the mailings and receipts of the votes.

For 2002 offices, the winners are: President Elect, Dr. Raana Akbar; Secretary, Dr. Afzal Arain; Treasurer, Dr. Hussain Malik.

Our many congratulations to the elected officials and we wish them good luck in their future efforts for APPNA.



*Chicago Skyline*

## **CHICAGO CONVENTION**

### **Mushtaq Khan, M.D.**

The 24th annual APPNA convention was a tremendous success. This year the meeting was attended by the largest number of physicians ever. All the events, from the Host Committee Reception to the last Executive Council Meeting turned out to be lively and well organized. The Thursday night Alliance dinner was well organized by Drs. Shanaz Akhtar and Sophia and Mrs. Tanvir Khan. The boat cruise with an hour of CME was packed and participants enjoyed the leisurely escapade. The two-day CME meeting addressed several interesting topics.

The Friday night alumni program and mushiara lived up to their names. The combination of classic dance, folk music, ghazal and "Bhangra" brought the night to a ceremonial high. The youth fashion show was a huge success. The Community Empowerment Seminars on Saturday were well attended. The most striking feature was the participation by APPNA youth. Well-known community leaders like Dr. Aga Saeed, Dr. Akbar Ahmed and Prof. Steve Cohen provided thought provoking and soul-searching ideas.

The Peace & Prosperity Seminar was a unique event of its kind. Congressman Henry Hyde, Chairman of the House International Committee and the highest-ranking republican gave positive comments regarding Kashmir issues and lifting of sanctions. Congressman Bonier and Senator Tim Johnson echoed similar messages. Indeed the seminars added a new flavor to the APPNA conventions.

The Saturday night entertainment show featured Junoon. It was attended by a large gathering of youngsters. On account of space restraints and over crowding, some members could not enjoy the evening. But for the first time, APPNA youth were inside the hall rocking to the music along with APPNA elders.

I would like to thank the entire Local Host Committee for their hard work and dedication. The next few pages provide a gallery of pictures covering most of the program. Enjoy!



*"APPNA Brotherhood"*

# Photo Gallery



Slick and the not so slick on the Boat Cruise



"Come dance with me."  
Dr. Chauhan



Attentive Audience



Congressman Bonior  
and Dr. Raana Akbar



Dr. Saud Anwar for  
Disaster Relief



Dr. Arshad and friends



Alumni Night



"Bhangra ta Bhangra"



Drs. Shezad, Afzal Arian and  
Muslim bemused at Bhangra

# Photo Gallery



Executive Council Meeting



Drs. Malik and Bukhari



4th of July Spirit



Dr. and Mrs. Javed  
"Cute Couple"



"Hi There"



Guests at Alumni Dinner



Guests at Alumni Dinner



Classy Class

## PEACE AND PROSPERITY IN SOUTH ASIA

*Seminar at the annual APPNA convention Chicago 2001*

*Participants; Congressman Henry Hyde, Chairman US house Committee on International affairs, Senator Tim Johnson, Professor Steve Cohen, Senior Fellow Brookings Institute, Ambassador Dennis Kux and Dr. Maleeha Lodhi, Pakistan Ambassador to U.S.*

The prospect and the process of creating a lasting atmosphere of Peace in the most troubled part of Asia were the running thread. The participants offered a slice of their analysis for the members in attendance. Prof. Steve Cohen addressed the gathering in Urdu and stole the show. His indepth analysis gave a glimmer of hope for the elusive peace in south Asia. The underpinning of the India-Pakistan conflict remains the state of Kashmir. According to the learned professor India has to resolve the issue and the two nuclear powers will have to "piece by piece" address the issue and achieve a "bit by bit" solution. Outside help in the form of U.S. intervention is needed and the professor lamented the lack of involvement by Washington.

Ambassador Dennis Kux defined the U.S. Pakistan relations as the roller coaster ride, which had seen both good and bad times. Among several factors straining the relations, the Ambassador identified the continued condonment of Taliban and Bin Laden by the military regime. He also hoped for democratic elections in Pakistan.

The chairman of the house committee on International affairs, Mr. Henry Hyde opened his address by acknowledging the outdated sanctions and remarked that they (sanctions) have outlived their usefulness and should be removed. Among his attributes to the community and members in attendance he promised to work with the administration to remove the sanctions against Pakistan.

The Pakistan Ambassador, Dr Lodhi thanked the participants for their kind views and stressed the need for continued commitment by the American Pakistani community to stay involved with the process of change. She quoted President of Czech republic, "Genuine politics-politics worthy of change-is simply a matter of serving the community and serving those who would come after us". She reinforced the principal to bring about change in our leaders and transform the social landscape of Pakistan for the welfare of our people.



Senator Tim Johnson



Dr. Maleeha Lodhi



Dr. Riaz Chaudhry



*Prof. Ingrid Matson, Dr. Aga Saeed and Dr. Akbar Ahmad*

### COMMUNITY EMPOWERMENT IN THE NEW MILLENNIUM

*Participants. Dr. Akbar Ahmad, Ex-Pakistan High Commission to U.K., Dr. Aga Saeed, President American Muslim Alliance, Dr. Ingrid Matson, Professor of religious studies at University of Hartford.*

The community empowerment seminar was the first of its kind at the APPNA meeting. It attracted a sizable membership with a healthy representation by women. Dr. Akbar narrated the impact of immigrants to society and identity issues at all levels of integration. Dr. Aga Saeed commented on various levels of political activism. He stressed the need for involvement in the democratic process in this adopted homeland of ours. Voter registration and vote representations are important elements of citizen rights. The growing number of Muslim immigrants and approximately 6% Muslim votes constitute a significant number if the voting is done En bloc for a particular candidate. Hence an association with central Muslim body and active participation in its regional affiliate chapters is the need of the hour, and a must for community survival and say in the local as well national politics. His message to register as voters and use the right to vote at all the levels of the governmental process was well received. Dr. Ingrid, a respected and learned professor of religion, stressed the need for cultural identity and image in this country. A prosperous outlook for Muslim family and its values.

The participants enjoyed two hours of discourse and the valuable insight it provided.



# Convention Pictures - Main Banquet



APPNA Officers



Drs. Mumtaz and Mushtaq



Guests at Banquet



Guests at Banquet



"Say Cheese"



Dr. Furrukh, his wife Asma and daughter MNM



Dr. Zeelaf, President Dow Alumni



Dr. Butt and his bride Sara  
"I finally found my match"



# APPNA Convention



Junoon Guitarist "Salman"



Junoon



Chicago in Daytime



Chicago by the River



Dr. Shahid Yousaf  
Photo Editor



APPNA Men



APPNA Women

## WINTER 2001 MEETING

MULTAN PAKISTAN, DECEMBER 20-23, 2001

**Habib A. Bhutta M.D.**

The annual winter meeting is scheduled in the city of Multan, Pakistan from December 20-23. The lodging is at the Holiday Inn Multan. Special discounted rates are; single room Rs.2500 + tax, double Rs 3000+tax. A host of services are available on complimentary basis. Reservations can be made directly via phone (011-9261-512511) or email mailto:Holin@mul.paknet.com.pk. Rooms may also be booked by calling the central APPNA office in Chicago. A limited number of rooms are available in the city on the occasion of the 50th anniversary of the college. Please make arrangements early.

The organizing committee under the leadership of APPNA President, Dr. Riaz Chaudhry is planning a very exciting program. Preliminary program includes opening ceremony and local host committee reception. A cricket match (visitor's vs. local faculty), debate contest and golf tournament are also on the agenda. Please contact Dr. Abdullah Khalid (301-587-1992) or Dr. Piracha at (304-487-1431).

Dr. Samadani is arranging an excellent CME program. The informative program shall provide 12 category 1 credits. The main banquet is on December 21st and the keynote speaker shall be the U.S. Ambassador to Pakistan, Ms. Wendy Chamberlain. The entertainment tentatively features well-known local artists including, Zill-e-Huma, Nirma and Omar Shareef.

Please do not hesitate to reach the main office or me (301-490-3443) should you need further assistance.

## FALL 2001 MEETING

The Fall Meeting of the APPNA Executive Council is going to be held in the city of Orlando during the weekend of October 4-7, 2001. The venue is Hotel Royal plaza in the "Walt Disney World" resort, 1905 Hotel Plaza Blvd. (800)-248-7890. Room Rate is \$89.00 till Sept.20. Complimentary transportation to and from Walt Disney attractions.

For more information please call Dr. Mohammed H. Qazi (407) 876-6187 or Dr. Javed Hafeez (813) 641-0613

## SUMMER 2002 APPNA CONVENTION

The annual summer APPNA convention is going to be in the slick borough of Manhattan, New York. It is slated for July 4 - 8, 2002. Hotel Sheraton in downtown Manhattan is the venue. A fun filled agenda is on the cards. Mark your calendar for a rendezvous on Broadway.

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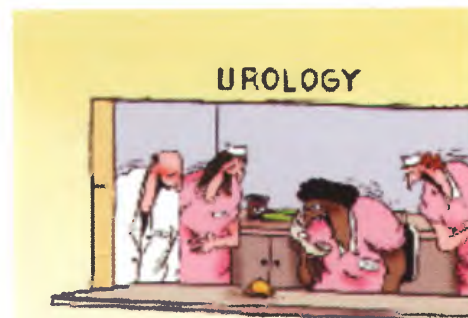
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## GOVERNOR OF TEXAS APPOINTS PROMINENT PAKISTANI PHYSICIAN

The Governor of Texas, Mr. Rick Perry recently appointed Dr. Amanullah Khan of Dallas to the Texas Board of Health. The board adopts rules and policies for the Department of Health.

Dr. Khan is a prominent Pakistani Physician in the Dallas region. He is an Ex-President of APPNA and presently serves as the Chairman of Election and Nominations Committee. Dr. Khan is a graduate of King Edward Medical College and at present holds the office of the president of St. Paul Cancer Associates of Dallas. Congratulations to Dr. Khan on this honor.

### "Inside Joke"



"Urology Department, Can you hold?"

## NEVADA CHAPTER

The Appna members from the state of Nevada presented their Chapter credentials at the Annual Convention in Chicago. After due consideration by the Executive Council, the Nevada chapter was seated without reservations. Dr. Farooq Abdullah is the first President of the New Chapter. Congratulations to the new chapter and its office bearers.

## BAHAWALPUR ALUMNI

The members of the Bahawalpur Medical College Alumni presented their constitution as well as the list of their current members. The new Bahawalpur Medical College Alumni of North America (BiMCAANA) is provisionally seated at the Executive Council with full review and formal seating at the fall meeting. Dr. Manzur Tariq is the elected President. Congratulations and good luck to the new alumni association.

## APPNA APPROVED TO ISSUE CME CREDITS

The Education and Research Committee under the leadership of Dr. Reza Dilawari added another feather to APPNA achievements. The ACCME issued accreditation to APPNA to issue CME credits for its educational programs. The credits for the Chicago convention were the first such credits issued by APPNA. This indeed is a remarkable achievement and many thanks to Dr. Dilawari and his team for long hours and dedication to this project.

## POSITION WANTED

University trained, Board Certified and published Psychiatrist (Physical Medicine & Rehabilitation) with over 5 years of post-residency experience seeks PRACTICE/EMPLOYMENT opportunity. Flexible about location. Please contact Dr. Tahir at (949) 266-9108 or email [PMR@peoplepc.com](mailto:PMR@peoplepc.com)

## ACKNOWLEDGEMENT

The Publication Committee would like to express our gratitude to the Executive Council and the general membership for their continued support of the APPNA Newsletter. We would also like to thank all the contributors who took time to pen down their thoughts. Finally many thanks to the members who helped us raise money via the advertisements.

## Please Help! The Macedonian Refugees in Kosovo



**Mercy-USA has been helping refugees in the Balkans since 1992 and is now collecting donations to provide food aid and other assistance as needed to Macedonian refugees in Kosovo.**

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**Association of Pakistani Physicians of North America**

Fall Meeting -October 5, 6, and 7, 2001

**Hotel Royal Plaza -1905 Hotel Plaza Boulevard - Lake Buena Vista, FL 32830**

Phone: (800) 248-7890 or (407) 828-2828

**REGISTRATION FORM**

**(Deadline - September 28, 2001)**

NAME \_\_\_\_\_  
Last First Middle

ADDRESS \_\_\_\_\_

PHONE: (Office) \_\_\_\_\_ (Home) \_\_\_\_\_ FAX: \_\_\_\_\_

EMAIL: \_\_\_\_\_ Medical College \_\_\_\_\_ Year Graduated \_\_\_\_\_

1. Registration Fee:
- |  |         |            |               |
|--|---------|------------|---------------|
| Members  | # _____ | x \$25.00  | U.S. \$ _____ |
| Non-members (includes membership)                      | # _____ | x \$150.00 | U.S. \$ _____ |
| Fee Waived for Life Members and Physicians in Training |         |            |               |
| 2. Friday Night Dinner - October 6th                   | # _____ | x \$35.00  | U.S. \$ _____ |
| 3. APPNA Banquet - Saturday, October 7th               | # _____ | x \$50.00  | U.S. \$ _____ |
- (Membership and registration required to purchase tickets)

TOTAL PAID U.S. \$ \_\_\_\_\_

Call the Hotel Royal Plaza for a special rate of \$89.00 Single/Double. Ask for Group Rates for APPNA. Please make your reservations right away to avoid disappointment.

**Refund Policy:** 100% refund for requests received by 9/28/01. No refunds or cancellations after that date.

PAYMENT (Please circle appropriate method) Check Mastercard Visa American Express Discover  
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