



# APPNA Newsletter

Volume 21 • Number 2  
Fall 2011

A BIENNIAL publication of the Association of Physicians of Pakistani-Descent of North America

## *APPNA Fall Meeting*

September 29 - October 2, 2011  
Hotel Marriott Marquis  
New York City, NY

*Association of Physicians of Pakistani Descent of North America*



# APPNA

*Association of Physicians of Pakistani-Descent of North America*

## Member benefits program

As a member of the Association of Physicians of Pakistani-Descent of North America you are a part of an organization dedicated to supporting health, education and humanitarian causes. We are committed to fostering connections among all physicians of Pakistani-Descent, while providing special benefits for members, in thanks for their support.

The ALL NEW APPNA member benefits include nationwide discounts on hotels, airlines, car rentals and insurance, PM & EMR solutions & medical billing services, office & medical supplies and VISA.

### APPNA

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[www.appna.org](http://www.appna.org)



Manzoor Tariq, President  
APPNA 2011



## Message From The President



Manzoor Tariq, MD

Dear APPNA Family,

As we welcome fall, the season of change and colors, it is time to reflect upon the occurrences within APPNA from the time of the Summer Journal. This year has been very progressive and productive for APPNA as we have made significant positive accomplishments to make for a better and stronger APPNA.

### 34th Annual Summer Convention

The 34th Annual APPNA Summer Convention held in St. Louis, Missouri on June 29th-July 4th, 2011 was a meeting to remember. The event was tremendously successful and profitable with over a quarter million dollars in profits. There were events to engage all attendees, from a golf outing, CME, mushaira, bazaar, CAPPNA and SAYA, YPN, a peace walk, multiple social forums, a fashion show, and a multitude of musical entertainment. I thank everyone who helped to organize the meeting as well as all those who attended the convention. I sincerely hope you had a great time as it was my honor, as the APPNA President and a resident of St. Louis, to host you at the 34th Annual Summer Convention.

### White House Iftar

On Wednesday, August 10th, 2011, President Barack Obama held his annual Iftar and Dinner at the White House and I was honored to be one of the invited guests. The event was attended by members of Congress, diplomats from the Muslim world, select White House staff, and members from the Muslim community in the United States. I was overwhelmed by the respect and appreciation that the fellow guests had for APPNA and all that APPNA does. Many of the people I spoke with that evening had heard about APPNA and its various charitable projects and were impressed by the organization. When President Obama came to speak with me, he was well briefed on APPNA and very appreciative he was of what APPNA does. I updated him on our recent activities and charitable contributions throughout the world, in Alabama, Joplin, Japan, and of course, Pakistan. I also told him about our ongoing fund raising efforts for Somalia, which was the subject of his Ramadan greetings speech this year. President Obama admired APPNA's Free Clinic initiative and commended all of our efforts. This event was not just memorable for me but it was also a hallmark event for APPNA as it was the first time in APPNA's history that the APPNA President was invited to the White House iftar and Dinner. Credit for this great leap is due to you, the membership, for bringing APPNA to this level through your contributions and participation. I

congratulate everyone on this memorable moment for APPNA and encourage everyone to help expand our philanthropic, charitable, and educational organization and to take APPNA to new heights.

### State Department Visit and Tackling Visa Issues

Dr. Saima Zafar, Dr. Asif Mehmood, myself, and other APPNA members traveled to Washington, D.C. on July 20th, 2011 to share a constructive conversation with key officials on how to best advance people-to-people relationships between the U.S. and Pakistan. We met with several Senators, Congressmen, and Marc Grossman, United States Ambassador to Afghanistan and Pakistan. The most important item on our agenda was the hardships being faced by young physicians in obtaining visas. We also briefly discussed the future of Medicare and Medicaid reimbursements. We are ever grateful to the above mentioned dignitaries for their cooperation and commitment to this cause. This was only the beginning of an ongoing dialogue between APPNA and the government of the United States. We have scheduled more meetings with key officials to help strengthen and rectify the relations between the United States and Pakistan and to be more proactive in overcoming visa issues.

### APPNA Central Office Changes

Based on recommendations made by the Office Management Committee, chaired by Dr. Imtiaz Arain, APPNA's Executive Committee hired Jennifer Wozniak on July 18th, 2011 as an Office Administrator for the APPNA Central Office. She is currently adjusting to her role and getting to know fellow staff. We are confident that she will be a great addition and asset to the Central Office and its management. My sincere thanks to the Office Management Committee and particularly Dr. Imtiaz Arain, Chairman of the OMC.

### Somalia Fund Raising In Ramadan

During the month of Ramadan, a time for increased charity and awareness of those affected by severe hunger, our community came together to help fight the famine in Somalia. APPNA appealed to our membership for donations and within hours we raised over \$30,000 through an online fund raiser. The first \$10,000 raised have been donated through USAID and the World Food Programme and the remainder of the funds will also be donated through the same organizations. I would like to thank everyone who contributed to this noble cause.

### New Floods in Sindh and Existing Flood Reconstruction

As of the time I am writing this message, floods are sweeping away many areas of Sindh once again. According to recent estimates, approximately 10% of the population of Sindh has been affected. We

have released \$10,000 on an emergency basis and are actively fund raising right now. As a result of our experience within flood relief and reconstruction, APPNA has been able to react much more quickly and in an organized manner. We are doing our best to help as much as possible and to minimize the physical damage and health issues that the floods could cause.

The APPNA sponsored village in Munirabad already has forty homes built and our goal is to build a total of 130 homes. Our plans also include the construction of a school, dispensary, vocational rehab center, and water purification system. In the last four days of Ramadan we were able to raise \$70,000 and more funds are coming in each day. The estimated completion date of the village reconstruction is early December and we hope to organize an outing to visit the village during the APPNA Winter Meeting in Bahawalpur, Pakistan.

At the summer meeting, APPNA was surprised with a generous donation of \$150,000 presented by Dr. Asif Mehmood on behalf of the Southern California Chapter of APPNA. These funds were allotted for home construction in the village of Sajawal. As in Munirabad, our goals are to not only build homes but also a school, dispensary, and vocational rehab center. Construction of this village is temporarily halted due to the recent floods but we hope it will resume by the middle of October depending on the weather conditions. APPNA is ever grateful to the Southern California Chapter for their generosity and astonishing donation.

### **Hepatitis C Project and Hepatitis Day**

APPNA participated in World Hepatitis Day on July 28th, 2011 by sponsoring Hepatitis C awareness activities throughout Pakistan. APPNA's Hepatitis C Initiative organized Hepatitis C awareness activities at many medical institutions and hospitals throughout Pakistan at which they distributed medical literature. I am very thankful to the Hepatitis C Initiative Committee and SWDRRC for all their hard work. Under the leadership of Dr. Maqbool Arshad and Dr. Aisha Zafar, they have accomplished a lot in a short time and have started a vital project for Pakistan. APPNA is planning seminars focused on Hepatitis C at the Winter Meeting in Pakistan. A special meeting for the Hepatitis C Initiative will be organized at the Winter Meeting in Pakistan.

### **International Trip to Africa**

APPNA's 10th International Meeting is right around the corner. This is the second international trip for APPNA this year and is an African Safari to Tanzania which will be taking place on October 15th-23rd, 2011 with an optional extension trip to Cape Town, South Africa from October 23rd-28th, 2011. There was limited registration for this trip and it filled up quickly. Mr. Tipu Ahmad and Dr. Riaz Chaudhry, Chairman of the International Trip Committee, have planned an eventful and cultural itinerary for participants.

### **Winter Meeting**

It gives me immense pride and pleasure to invite you to APPNA's Winter Meeting of 2011 in Bahawalpur, Pakistan on December 21st-24th, 2011, chaired by Dr. Dawood Nasir. This year Quaid-e-Azam

Medical College is hosting the meeting in collaboration with APPNA. I look forward to sharing with you the wide-range of exciting events and programs, which could not have been possible without the generous efforts of our dedicated volunteers, across the continents. I welcome everyone and encourage you to register in advance to better facilitate travel and housing accommodations for your visit. Adding to the excitement of our Winter Meeting is the history and energy of the city of Bahawalpur. While I have no doubt that you will benefit from the various APPNA and CME programs and sharing memories and laughs at our banquet, you and your family can also expect to take in many of the sights, sounds, and shops of Bahawalpur. Bahawalpur, the Jewel of the Oasis, is ready with open arms to welcome you. The desert is as enchanting as the music of Saraiki melodies and companionship and memories. The Winter Meeting will indeed be an enlightening and memorable experience for you and your family and will be a meeting to remember.

I strongly encourage you to explore these special events, which are detailed in our official brochure and to register early with APPNA in order to better facilitate travel and housing accommodations for your visit. Adding to the excitement of our 2011 Winter Meeting is the history and energy of the city of Bahawalpur. While I have no doubt that you will benefit from various CME programs and enjoy sharing memories and laughs at our Annual Gala, you and your family can also expect to take in many of the sights, sounds and shops of Bahawalpur. The Jewel of Oasis; the city of Bahawalpur, is ready with open arms to welcome you. The desert is as enchanting as haunting Saraiki melodies of companionship and memories. What better way to make memories than to join APPNA this December

I must extend a special thanks to Dr. Riaz Chaudhry, Chairman of the Fall Meeting Host Committee, and the entire Fall Meeting Host Committee. They have been working hard for months to put together what I am sure will be an amazing and successful meeting for APPNA in New York City.

I am thankful to all my committee chairpersons and members for their hard work and allegiance to APPNA. Thanks to them, each committee is thriving and going above and beyond their duties. We are working hard to continue to make this a prosperous and progressive year for APPNA and I look forward to touching basis with you again in the Winter Meeting Journal.

Thank you for allowing me to serve you as your President. It is truly and honor and privilege to be the President of APPNA and I promise to uphold my duties and continue to serve APPNA. As always, your comments, feedback, and suggestions are welcome and highly appreciated.

Best Regards,  
Manzoor Tariq  
President

# Host Committee Chairman's Greeting

## APPNA JOURNAL PUBLISHER

The Association of Physicians of Pakistani Descent of North America

### Executive Committee 2011

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President Elect . . . . . Saima Zafar, MD  
Past President . . . . . Zeelaf Munir, MD  
Secretary . . . . . Mubasher Rana, MD  
Treasurer . . . . . Asif Rehman, MD

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### Disclaimer

APPNA Journal is the Biannual publication of the Association of Physicians of Pakistani Descent of North America (APPNA). The Journal is dedicated to providing useful information to the Association's members with special emphasis on organizational matters. The views expressed are those of the authors and do not necessarily represent the official position of either the Association or the Editor. APPNA does not assume any responsibility for the authors' assertions nor does it authenticate their validity. Products or services advertised in the Journal are neither endorsed nor guaranteed by APPNA. Reproduction in whole or in part of the materials contained in this Journal without prior written permission from APPNA is prohibited.

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**The Editor reserves the right to edit all submitted material.**

***The deadline for submission of materials for the Winter 2011 issue of the Journal is November 15, 2011.***

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Riaz A. Chaudhry, MD

Dear APPNA Family,

Welcome to the APPNA Fall Meeting 2011 in the Big Apple, the Global City.

It is a great privilege and honor to welcome you to the great meeting. I am very pleased that our APPNA Family has a lot of talent. The host committee has put together a beautiful program. APPNA Mushaira by APPNA Physicians and Families, CME program, Young physicians Seminar, Young Professionals Network and Entertainment are among a few highlights.

I must compliment the dedication and efforts of the Host Committee. It takes a tremendous amount of effort and hard work to organize such a meeting.

On behalf of the Host Committee I am excited to have you here in the city that never sleeps. I hope you enjoy the heart of Manhattan in this First Class Hotel and the neighborhood of Times Square. Please relax, enjoy, and participate in the activities we have planned for you.

I thank from the bottom of my heart the President Dr. Manzoor Tariq for his leadership and for choosing NYC for the Fall Meeting. I also greatly appreciate the APPNA Executive Committee for their dedication, the APPNA staff for their hard work and Mr. Tipu for his assistance; who is in himself an institution.

I hope your visit will be memorable.

Riaz A. Chaudhry, Chairman  
APPNA Fall Meeting 2011, New York City



Mahmood Alam, MD

## From The Editor's Desk

Dear Members, The combined issue of APPNA "Fall Newsletter" and "Fall Meeting Publication" is in your hands. The decision to bring one publication was made to contain the hefty cost involved in the production and mailing of the Association's Newsletters in print when electronic media could provide an alternative and effective means of communication. We had started an electronic Newsletter in 2008.

Unfortunately, so far our organization has not been successful in producing electronic issues of APPNA Newsletters on regular basis. Print media has its own advantages but cost is prohibitive. We must continue our efforts to establish an electronic Newsletter to communicate and promote our work.

I encourage all members to take time to read through the reports of various component societies and the committees of APPNA. These reports clearly establish the fact that APPNA is a vibrant organization. APPNA empowers our community through her philanthropic work both in the United States and Pakistan.

I thank all the contributors, the advertisers, and the members of the publication committee for their dedicated work to bring this publication. My special thanks are to the President, Dr. Manzoor Tariq, Fall Meeting Chair, Dr. Riaz Chaudhry, and Fall Meeting publication Chair, Dr. Munir Shikari for agreeing to have a combined publication. ■

# President-Elect's Message



Saima Zafar, MD  
FACC, FASE

Welcome to the Big Apple! The fall weather is the best time to enjoy this lovely city. APPNA has made tremendous progress this year, from developing a foundation for free clinics across the United States, to supporting the cause of visa approvals of young physicians with the State Department and helping the destitute in Somalia and continued support of flood affected homeless in remote villages in Pakistan.

Being the President-Elect, this year has been a great learning experience for me.

As I prepare to take on the responsibilities in the coming year, I look forward to hear suggestions from the membership for building on our past achievements.

APPNA's membership continues to grow, and the volunteer work done by its members in broad areas brings great credibility and pride to our physicians of Pakistani-Descent. Our strength also emanates

from our vibrant chapters across North America. This spring, we welcomed the Wisconsin Chapter as the latest member of our component societies.

I would like to thank all Component Society Executive Committees for assisting me in completing the annual verification process of their respective society. I would like to congratulate the Washington DC/ Maryland/Virginia Chapter to be the first component society to complete this process. Fatima Jinnah Medical College was the first among the Alumni Associations to complete the verification process and they certainly deserve our gratitude in setting a great example.

As we move forward, we will strive to make the chapters financially sound and help them through the registration process for acquiring their own non-profit status. In the last quarter of the year, I will reach out to the leadership of all Component Societies, for their feedback about their experience and how we can bring greater influence in our communities from a unified stance through APPNA.

Thank you all for being a part of this great organization. ■

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# Report From The Secretary



Mubasher Rana, MD

Assalaam-Alaikum.

It has been a great honor and privilege to serve APPNA this year as the Secretary of the association. I am grateful for the trust APPNA membership has placed in me. I will highlight some of the salient activities of the association since my last report:

**Summer Convention:** APPNA's 34th Annual Convention in St. Louis was a successful and memorable meeting.

Thanks to the wonderful host committee under the Chairmanship of Dr. Shabbir Safdar for their hard work. The meeting was well arranged and APPNA St. Louis Chapter proved to be the great host. The meeting was well attended with 781 pre meeting Registrants and 2243 Banquet tickets sold.

**APPNA Council Meeting** was held on Thursday June 29th afternoon and Sun July 3rd morning. One of the important motions adopted this year was regarding the Component Society representation in the Council in the event President of the component society is unable to attend the meeting, or in other words streamlining the proxy process to avoid abuse. It was resolved that: *"The delegation of representing the component society in the Council meetings through proxy will follow a set process. Only office holders with decreasing hierarchical position will represent the component societies. It would not be on the discretion of the President of the component society to choose the replacement. The teleconference calls rules will be stricter; only the next person in line of authority will be allowed to represent the Component Society. If the President is not available, the President-elect should represent. No third person will be allowed"*.

During the APPNA Free Clinic presentation by Dr. Imtiaz Arain, a question was raised about APPNA's liability if the Clinics are being operated in different parts of the country under the auspices of various Component Societies. APPNA's attorney has reviewed the APPNA Clinic documents and made necessary revisions. The attorney is confident that central APPNA's liability is minimal if at all in such situations.

**APPNA Constitutional Amendments** are still pending ratification by the General Body. This could not be accomplished due to absence of quorum at the Summer General Body meeting. APPNA Constitution and Bylaws committee plans to send the amendments by mail to the General Body for ratification this fall.

**Membership:** A total of 1504 Annual members have been processed. The number of Lifetime members has increased to 1,135 this year so far. This year there is a special opportunity of reduced membership

dues of \$100 Annual and \$1500 for Lifetime membership. In addition, 112 physicians-in-training have been counted to date.

The membership application form has been revised to include an extra tab for Dentists. It will be presented at the APPNA Fall meeting for approval.

**Office Reorganization and Audit:** We are pleased to welcome Jennifer Wozniak, JD as the new APPNA Office Administrator. She started in July. Mr. Thabraize Ahmed, General Partner of C & A Financial, LP has been contracted with us as of July 1, 2011. He will be providing Accounting Services to APPNA. The audit for year 2010 was completed on time on July 22nd, 2011. The Illinois Attorney General Annual Report, AG 990-IL and Federal 990 were filed and audits completed.

**APPNA Alliance Debit Card Issue:** At the APPNA Summer meeting, Dr. Pervez Rasul, the Chair of APPNA board of trustees (BOT) reported that "an APPNA member is being investigated for abusing the Debit Card that was linked to the APPNA Alliance account for his personal payments". APPNA Ethics and Grievance Committee have also presented their report in this regard. It was informed that APPNA attorney has been discussing this issue at length with the said member's attorney. APPNA EC has had several conference calls on this matter and have also had conference call with the BOT representative and the Chair of the Ethics and Grievance committee. As I write this report, resolution of this matter has not been reached yet.

**APPNA BOT Vacancy:** Dr. Pervez Rasul will complete his term as Chair BOT on 12/31/2011. According to the APPNA Constitution and Bylaws, APPNA Council members are required to nominate three individuals who meet the specified criteria according to our bylaws. The Board elects among the three top nominations submitted by the Council. The request for nominations was sent to the Council. Total of 17 individuals received nominations. The top 3 nominations have been submitted to the BOT. The board is expected to announce their decision on the new member of BOT at the fall meeting.

In closing, I once again want to thank the APPNA membership for giving me the opportunity to serve the association as its Treasurer and Secretary. APPNA is very near and dear to all of us. I will continue to serve the association in whatever capacity I can in the years to come.

Respectfully Submitted  
Mubasher Rana, MD

# Report From The Treasurer



Asif Rehman, MD

Dear APPNA Members,

It has been my honor to serve as the Treasurer and Chairman of the Finance Committee of APPNA this year. The Finance Committee's main focus was to oversee the fiscal stability and well-being of APPNA and ensure that financial reports are timely completed and submitted.

Since the Committee's first teleconference of 2011 we have:

- Ensured that APPNA's 501(c) 3 status is restored.
- Worked with the Board of Trustees to arrange for the 2010 audit.
- Created a time line for financial reporting to improve financial security and transparency.
- Completed and filed the 2010 taxes on time.
- Worked in collaboration with the Communications Committee to obtain a new Merchant Provider which is estimated to save APPNA in excess of \$25,000 per year in fees.
- Approved the re-design of the accounting software to provide proper and accurate financial records. This should be completed in September, 2011.
- Closed 5 non-functional bank accounts for the protection of APPNA's finances.
- Reviewed all bank and investments accounts to ensure proper signatories and tax identification numbers.
- Worked in collaboration with the SWDR Committee to streamline fund payments from the U.S. to Pakistan for Social Welfare Programs.
- Established separate accounting classes for each fund raiser to better track income and expenses.

Despite the current economic downturn, APPNA remains profitable in 2011. There has been a 20% increase in lifetime membership dues received. The Brazil, Louisville and St. Louis meetings earned a net profit. We expect the fall, Safari and winter meetings to be profitable as well. APPNA also continues to cut costs wherever possible. In 2011, printing costs are down more than 20%, with a savings of \$23,000 and payroll has been reduced by 14% for a savings of \$24,000. Due to the consolidation of the bank accounts, bank fees should be reduced by more than 10% by the end of the year.

The Social Welfare and Disaster Relief Committee have been very active and highly successful in assisting the flood and tornado victims in the United States as well as in their relief efforts in Pakistan, Somalia and Japan. Through 8/31/11 they have collected \$809,000 in donations and have dispersed \$585,000; not including the \$264,853 payment to HDF from the 2010 Pakistan Flood donations.

Committee on Young Physicians and its project APPNA House have been tasked with establishing and achieving their professional and financial goals. To assist them in this endeavor, a separate bank account was approved for them in 2011.

APPNA Merit has also been working diligently in 2011 to continue their Grand Rounds program. They have collected \$23,010 through 8/31/11 with \$15,000 in total disbursements.

The Hepatitis C Program increased their fund raising in 2011 and has collected \$44,022 through 8/31/11. This includes a restricted grant from IRUSA, in the amount of \$17,702.20. Disbursements totaling \$27,390 have been made to date.

The Finance Committee continues to monitor and evaluate the Lifetime Investment Fund with Smith Barney, along with members of the Executive Committee and the Board of Trustees. The market continues its volatile downturns as the economy struggles. In an effort to minimize our losses, it was determined that the investment account be re-allocated.

I would like to thank the members of the Finance Committee; cochairs Dr. Naeem Khan and Dr. Azfar Malik; Dr. Shahid Usmani, Dr. Mubasher Rana, Dr. Saima Zafar, Dr. Anwar Ahmad, Dr. M. Rafique Chaudhry, Dr. Hasan Hashmi, Dr. Muhammad Sohail Jilani, Dr. Shabir Joyo, Dr. Arshad Saeed and Dr. Waris Ali Waris; whose support has been invaluable. ■

## Balance Sheet

As of August 31, 2011

	Aug 31, 11	Dec 31, 10
<b>ASSETS</b>		
Cash and Equivalents		
Checking/Savings	607,159	588,022
Total Cash and Equivalents	607,159	588,022
Total Current Assets	607,159	588,022
Fixed Assets		
Building	308,590	308,590
Furniture and Equipment	35,195	35,195
Accumulated Depreciation	(13,440)	(13,440)
Total Fixed Assets	330,345	330,345
Other Assets		
Lifetime Dues Fund, SmithBarney	1,136,012	1,199,818
Total Other Assets	1,136,012	1,199,818
<b>TOTAL ASSETS</b>	<b>2,073,516</b>	<b>2,118,185</b>
<b>LIABILITIES &amp; EQUITY</b>		
Equity		
Unrestricted	1,839,182	1,875,002
Temporarily Restricted	234,334	243,183
Total Equity	2,073,516	2,118,185
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b>2,073,516</b>	<b>2,118,185</b>

## Statement of Activities

Month Ending August 31, 2011

	Unrestricted			Temporarily Restricted		Total All Funds
	General and		Lifetime		Special	
	Building Funds	Meeting Fund*	Dues Fund	Relief Fund**	Proj./CME Funds	
Charitable Donations				848,905		848,905
Zakat Donations				29,220		29,220
Annual Membership Dues	187,150					187,150
Lifetime Membership Dues	147,150					147,150
Meeting Registration		1,074,109			139,775	1,213,884
Conferences		940,208			8,000	948,208
Investment Income	185		(63,806)			(63,621)
Other Income	13,433					13,433
<b>Total support and revenue</b>	<b>347,918</b>	<b>2,014,317</b>	<b>(63,806)</b>	<b>878,125</b>	<b>147,775</b>	<b>3,324,329</b>
<b>Program and General Expenses:</b>						
Charitable Disbursements				910,447		910,447
Zakat Disbursements				5,000		5,000
Payroll and related taxes	156,100					156,100
Meeting expenses		1,870,650			18,701	1,889,351
Allocated expenses***						-
Other management and general expenses	264,785					264,785
<b>Total management and general expenses</b>	<b>420,885</b>	<b>1,870,650</b>	<b>-</b>	<b>915,447</b>	<b>18,701</b>	<b>3,225,683</b>
<b>CHANGE IN NET ASSETS</b>	<b>(72,967)</b>	<b>143,667</b>	<b>(63,806)</b>	<b>(37,322)</b>	<b>129,074</b>	<b>98,646</b>
Transfers						
<b>NET ASSETS, BEGINNING OF YEAR</b>	<b>-</b>	<b>59,476</b>	<b>-</b>	<b>240,255</b>	<b>2,928</b>	<b>302,659</b>
<b>NET ASSETS - AUGUST 31, 2011</b>	<b>(72,967)</b>	<b>203,143</b>	<b>(63,806)</b>	<b>202,933</b>	<b>132,002</b>	<b>401,305</b>

\*The Income & Expenses are included for the following meetings:  
2011 Strategic Planning, Spring, Summer, Fall, Brazil & Africa.

\*\*The Income & Expenses are included for the following funds:  
SWDR, Merit, Hepatitis C & APPNA House

\*\*\*To be determined

## APPNA Lifetime Dues Fund 8/31/2011

	Amount	Percentage
Cash	\$22,194	2.00%
Fixed Income	\$353,957	31.20%
Equities	\$745,606	65.60%
Alternatives	\$14,256	1.30%
<b>Total</b>	<b>\$1,136,012</b>	<b>100%</b>



CONGRESSMAN MAURICE D. HINCHEY  
U.S. HOUSE OF REPRESENTATIVES

September 29, 2011

Dear Friends,

I am delighted to offer my warm greetings as you gather for the APPNA Fall Meeting in New York City. On behalf of the residents of the 22<sup>nd</sup> Congressional District of New York, it is with great pleasure that I welcome APPNA to the Empire State for this important occasion.

Over more than the past two decades, APPNA has grown impressively in size and scope. I offer my deep appreciation and gratitude for APPNA's generous philanthropic efforts over the years to provide national and international disaster relief and provide critical health services to communities most in need. I also salute APPNA's Meeting Chairman, Dr. Riaz Chaudhry, for his longtime friendship and ongoing leadership nationally and locally.

Please accept my best wishes for a successful and memorable event.

Sincerely,

A handwritten signature in black ink that reads "Maurice D. Hinchey". The signature is fluid and cursive, with a large, sweeping flourish at the end.

Maurice D. Hinchey  
Member of Congress (NY-22)

# Fall Meeting Planning Committees



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**Chairman – Riaz A. Chaudhry, MD**

**Cochair – Abdul Majid, MD**

**Cochair – Pervaiz Qureshi, MD**  
*APPNA NY Chapter*

**Cochair – Ashraf Sabahat, MD**  
*APPNA Upstate NY Chapter*

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## COMMITTEES

### Advisory

Mahmood Alam, MD  
Saeed Bajwa, MD  
Fiaz Sheikh, MD  
Abdul Rehman, MD  
Nasir Gondal, MD  
Chaudhry Mohammad  
Sarwar Ghuman, MD  
Salman Zafar, MD

### Audio-Visual

**Mohammad Hamid, MD (Chair)**  
Shah Nawaz, MD  
Izharul Haque, MD  
Zebeha Hussaini, MD  
Najeeb Rehman, MD

### CME

**Mohammad A. Aziz, MD (Chair)**  
**Afnan Tariq, MD (Cochair)**  
**Faiq Hameedi, MD (Cochair)**  
Faiz Bhora, MD  
Rizwan Hamid, MD  
Shamim Salman, MD  
S. Hassan Burney, MD  
Tariq Jamil, MD  
Inmaul Haque, MD  
Naeem Rehman, MD

### Entertainment

**Riaz A. Chaudhry, MD (Chair)**  
Zahid Asghar, MD  
Rizwan Hamid, MD  
Saeed Bhatti, MD  
Abdul Qayyum, MD  
Umar Khan, MD

### Exhibits

**Pervez Iqbal, MD (Chair)**  
Aslam Sheik, MD  
Tariq Ibrahim, MD  
Sajid Mir, MD  
Salman Zafar, MD  
Kausar Zaman, MD

### Finance

**M. Haque, MD (Chair)**  
Akhtar Cheema, MD  
Tariq Jamil, MD  
Asmi Malik, MD  
Nagmana Haque, MD  
Taseer Cheema, MD  
Sajid Mir, MD

### Food & Banquet

**Asim Malik, MD (Chair)**  
Shabbir Joya, MD  
Tariq Jamil, MD  
S. Hassan Burney, MD  
Asif Rehman, MD  
Abdul Majeed, MD

### Hospitality

**Faiq Hammeedi, MD (Chair)**  
Rukhshimida Hameedi, MD  
Tariq Ibrahim, MD  
Junaid Wain, MD  
Saeed Bhatti, MD  
Qamar Zaman, MD

### Publications

**Munir Shikari, MD (Chair)**  
Mahmood Alam, MD  
Taseer Cheema, MD  
Arif Qureshi, MD  
Rizwan Hamid, MD  
Nasir Gondal, MD  
Asrar Ahmed, MD

### Social Activism/Tour

**Rukhshimida Hameedi, MD (Chair)**  
**Zoha Gondal, MD (Cochair)**  
Ahsan Nazir, MD  
Imtiaz Gondal, MD  
M. Shafique, MD  
Nagmana Haque, MD

# Fall Meeting Schedule of Events

## September 30 - October 2, 2011 New York Marriott Marquis ■ New York City, New York

### Host Committee Reception Dinner

Thursday, September 29 • 9:00 pm–11:00 pm • Jewel of India Restaurant

### Friday, September 30

7:00 am - 8:00 pm	REGISTRATION	Marquis Foyer	9th Floor
7:00 am - 10:00 am	Exhibitors Set-up	Upper Terrace/ Barrymore	9th Floor
7:00 am - 8:00 am	Breakfast for CME Registrants	Promenade	9th Floor
7:45 am - 1:00 pm	CME	Marquis -C	9th Floor
1:00 pm - 1:30 pm	Lunch for CME Registrants	Promenade	9th Floor
1:30 pm - 2:30 pm	Jumaa Prayer	Cantor/Jolson	9th Floor
2:30 pm - 4:30 pm	Young Physicians Seminar	Marquis - A	9th Floor
2:30 pm - 4:30 pm	APPNA & AMA Session	Marquis - C	9th Floor
8:00 am - 11:00 pm	Bazaar	Mezzanine I	9th Floor
7:30 pm - 9:30 pm	Informal Networking Dinner	Promenade & Marquis -A	9th Floor
9:30 pm - 1:00 am	Music & Mushaira	Marquis B/C	9th Floor

### Saturday, October 1

7:00 am - 5:00 pm	REGISTRATION	Marquis Foyer	9th Floor
7:00 am - 8:30 am	Breakfast for Meeting Registrants	Promenade	9th Floor
8:00 am - 5:00 pm	Council Meeting	Marquis B/C	9th Floor
10:00 am - 10:15 am	Coffee Break	Marquis B/C	9th Floor
1:00 pm - 1:30 pm	Lunch for Meeting Registrants	Promenade	9th Floor
3:00 pm - 3:15 pm	Coffee Break	Marquis B/C	9th Floor
5:00 pm - 9:00 pm	Young Professionals Networking and Dinner	Soho Complex	7th Floor
7:30 pm - 1:30 am	Banquet and Entertainment	Westside Ballroom	5th Floor
8:00 am - 7:00 pm	Bazaar	Upper Terrace/ Barrymore	9th Floor

### Sunday, October 2

9:00 am - 11:00 am	Council Meeting	Jolson	9th Floor
9:00 am - 11:00 am	Halwa - Puri Brunch	Marquis Ballroom	9th Floor
8:00 am - 12:00 Noon	Bazaar	Upper Terrace/ Barrymore	9th Floor

### Prayer Times

Prayer Room • Cantor/Jolson

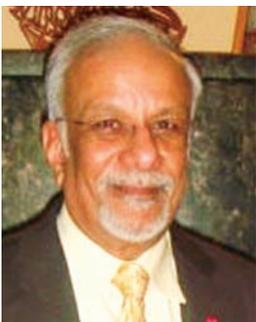
Fajr . . . . . 6:15 am	Maghrib . . . . . 6:45 pm
Duhar. . . . . 1:00 pm	Ishaa . . . . . 8:15 pm
Asr . . . . . 5:00 pm	Jumaa . . . . . 1:30 pm

# CME Seminar Schedule

**Friday September 29, 2011**  
**New York Marriott Marquis ■ New York City, New York**

Time	Topic	Speaker
7:00 am - 7:45 am	REGISTRATION & BREAKFAST	
7:50 am - 8:00 am	OPENING REMARKS	
8:00 am - 8:40 am	Psychosomatic Disorders in Medically Ill Patients	Dr. Masood Afza
8:40 am - 9:20 am	Advances in Endoscopic Staging & Management of Lung Cancer	Dr. Faiz Bhora
9:20 am - 10:00 am	Minimally Invasive Surgical Management of Thoracic Diseases	Dr. Cliff Connery
10:00 am - 10:15 am	BREAK	
10:15 am - 10:55 am	Cardiovascular Disorders in Chronic Renal Failure	Dr. Asib Raja
10:55 am - 11:35 am	Bariatric Surgery: What's Out & What's In – An Update	Dr. Naveed Iqbal
11:35 am - 12:15 pm	Male Sexual Dysfunction – An Update	Dr. Zafar Khan
12:15 pm - 1:00 pm	Restless Leg Syndrome & Periodic Leg Movements	Dr. Mohammed Aziz
1:00 pm - 1:05 pm	CLOSING REMARKS	
13:05 pm	LUNCH & JUMMAH PRAYERS	

## Greetings From The Host Publication Committee



Munir A, Shikari, MD  
Host Publication  
Committee Chair

Thanks to Dr. Riaz A. Chaudhry for entrusting me with the responsibility of compiling the News letter for the Local Host Committee for APPNA 2011 Fall Meeting in NY. I am also indebted to all my committee members and the Local Host committee at large under his Chairmanship for the coordination and planning over conference calls in organizing with frequent meetings. It is needless to say it would be impossible without the untiring efforts of peers like Dr. Mahmood Alam and our President Dr. Manzoor Tariq to bring this publication.

Here are the highlights of the meeting as you all will see in detail and enjoy in person in the glamorous hub of the City of New York!

MUSHAIRA  
YOUNG PHYSICIANS  
CME  
DELIGHTFUL MUSICAL EVENING  
FOOD & EXHIBITS  
*Hope you all will enjoy, the various aspects of the  
APPNA Fall Meeting of 2011*

Publication Committee Members  
Mahmood Alam, MD  
Taseer Cheema, MD  
Arif Qureshi, MD  
Rizwan Hameed, MD  
Nasir Gondal, MD  
Asrar Ahmed, MD

## Advocacy & Legislative Affairs Committee

APPNA Advocacy Committee was given a task of understanding, articulating and lobbying for young physicians' visa issues. Tireless effort of our members put together an excellent presentation backed by facts showing how in last 8 years number of physicians coming from Pakistan has remained static where as other countries have seen 3-4 times rise in their young physicians starting their residencies in US. Reason is due to delay in security clearances and outright denials of visas. Our committee met officials at State department and Department of homeland securities to further understand the issue. We were informed that State department computers are inundated daily by new information of suspected "people of interest" which leads to partial matches of names with the incoming residents. This then takes months to clear their names. Denials in J1 visa on the reason that these residents didn't have enough ties in Pakistan fails to take into account that these young residents have signed contracts and would never become a burden on our society.

Advocacy Committee has met Congressman Guthrie (R-KY), Congressman Quayle (R-AZ), Congressman Russ Carnahan (D-MO) and Senator Bob Casey (D-PA) Chair of South Asian Subcommittee. Community members have presented our presentation to Congresswoman Ileana Ross (R-FL), Chair of house foreign relation committee.

Committee had a major break in August when they were invited by SAAF (South Asian American Forum) to present their case to DCCC. The event in Washington DC was hosted by Congressman Steve Israel (D-NY). Lunch was attended by Joe Crowley (NY), Adam Schiff (CA), Zoe Lofgren (CA), Mike

Honda (CA). Then the round table conference was attended by DCCC Chairman Steve Israel (NY), Congresswoman Zoe Lofgren (CA), Congressman Gerry Connolly (VA), Congressman Mike Honda (CA), and Congresswoman Nita Lowey (NY). This was followed by a reception attended by leader Nancy Pelosi, Congressman Jim Moran (VA) and other prominent members of Congress. Congresswoman Nita Lowey has kindly agreed to write a letter to State Department and APPNA, in collaboration with SAAF, plan to get other members of Congress to sign the letter.

In August APPNA Advocacy committee with SAAF's help was able to host Leader Nancy Pelosi again in Las Vegas. APPNA NV President and prominent Pakistani American physicians attended the program. We are now working with Leader Pelosi's office to address our issue.

Advocacy committee has identified key offices in State department that can address the physician issues effectively. We plan to host a "Day on the Hill" in late November to showcase the achievement of Pakistani physicians to our Congress. We request all members of APPNA to participate in the event to strengthen our voice on the hill. ■

### APPNA Advocacy Committee 2011

Chair: Zaffar Iqbal, MD  
Cochairs: Muslim Jami, MD  
Abdul Majored, MD

#### Committee Members

A R Piracha, MD  
Waheed Akbar, MD  
Naveed Chahuan, MD  
Rashid Nayyer, MD  
Hameed Paracha, MD  
Syed Junaid, MD  
Asim Malik, MD  
Rahman Rafiq, MD

APPNA members can contact Dr. Rashid Nayyar, committee's communication coordinator, to liaison with their member of Congress.  
703-615-5465  
rnayyar@pol.net



APPNA-AZ Meets With Congressman Quale

## Office Management Committee



Imtiaz Arain, MD  
Committee Chair

The OMC has continued to work very closely with the Council, Board of Trustees, and the APPNA Central Office since our last report given at the Summer Meeting 2011. Committee meetings have

been held in regard to Central Office personnel evaluation and recruitment, review of the office policies and procedures, and streamlining of the organization at the central office.

I would like to thank the OMC members, Dr. Arif Agha, Dr. Mansoor Alam, Dr. Javed Imam, Dr. Aftab Khan, Dr. M. Sohail Khan, Dr. Sajjid Mehmood and Dr. M. Ishaq Memon. I would also like to thank Denise Burt, who handles our meeting registrations and office management; Tina Cederborg, who handles membership registration & verification, meeting exhibitors, advertisers & sponsors, and donations; Sidra Tul Muntaha, who handles CME, Maria Khan, our Webmaster and Margaret Serb, who handles bookkeeping for the Central Office.

### New Personnel

With EC approval, we hired Jennifer Wozniak, J.D. as Administrator. She brings a legal background and experience in non-

profit fund raising management, associations, event planning and government. Jennifer is responsible for the day-to-day supervision and management of the office; maintenance of accurate records; timely filing of reports to ensure APPNA retains good standing and other projects as they arise. She is charged with the putting forth a plan to streamline all current APPNA office procedures. Jennifer was hired on July 18, 2011 and has been getting acclimated with APPNA. She is very pleased to be part of the APPNA family.

### Membership Benefits

The Central Office was tasked with completing the negotiations and contracts for APPNA's new Member Benefits Program as well as for the design of the packet. The number of companies being added to our program continues to grow and we are ensuring that not only will our members receive excellent rates and discounts but that APPNA will receive a portion of the profits when possible.

### CME

As you are aware, this year we re-hired Sidra Tul Muntaha as CME Coordinator to work with all issues related to CME. Sidra telecommutes from her home base in Dallas, Texas and maintains complete contact with the Central Office via telephone, email and fax. To-date 55 credit hours have been processed and 18 credit hours are currently in the verification process for all component societies and affiliates. Sidra has processed 742 certificates to-date for the programs. All ACCME compliance reports have been filed timely.

### Accounting

Thabraize Ahmed, General Partner of C&A Financial, LP has been contracted as of July 1, 2011. Thabraize has been working closely with President Tariq, Treasure Rehman, I and the Central Office staff to provide accurate reports of the 2011 meetings. To-date, all 2011 donations, receipts and profits and losses have been reconciled and reports generated for each of the 2011 meetings. Thabraize and his firm are a welcomed addition to APPNA and we look forward to working closely with them for years to come. The remainder of the year will be focused on streamlining the financial processes within the office to create a timelier report-out to committees, members and staff.

### Recommendations

- The Office Policies and Procedures will be updated to ensure that Membership Dues statements are sent out no later than November 15th of each year.
- The first half of the year is difficult for the office staff as the membership verification, election and summer meeting dates coincide. The OMC recommends that the date of the election be changed to the end of the year.
- The Central Office will undergo changes put into place to streamline all business and make a more efficient work environment; we ask EC and Membership for their patience as these changes are formulated and put into practice. ■

## Publication Committee



Asaf Dar, MD, Committee Chair

The Publication Committee of APPNA was constituted to project APPNA official proceedings and activities in a positive way. We all undertook this assignment solemnly. In addition to this assignment we, just as our predecessors, gave reasonable space for creative thoughts and literary writings by the APPNA members. We the publication Committee held quite a few tele-conference discussions for bringing out informative, yet enjoyable publications in a timely manner. It was also decided by the PC to produce balanced, wholesome publications. We however, have entertained suggestions from our readers too who are not members of the PC. We specially thank those APPNA members who submitted their writings for APPNA publications. Some of those submissions regrettably could not be included due to limited numbers of pages. With satisfaction and pride, we can say that the APPNA members have amply displayed their literary talent. We are confident they will continue doing so in the future.. ■

# Committee Reports

## Project Evaluation Committee



Sajid Zafar, MD  
Committee Chair

During this year we discussed the three project given to us for review.

The first project was Pakistan Public health association project by Dr. Abdul Majid Rajput. It was decided that the project appears to be

good and well written, but this association is a new association founded in December 2010. Its background is not clear. We need to get more information about its current affiliation and work done in Pakistan. We would like them to meet APPNA members or Project Evaluation committee in Pakistan during winter meeting or during summer/fall meeting in

USA

The second project was American University of Antigua (AUA) Medical School project

AUA has approached APPNA to develop a mutual relationship for sending their medical student to APPNA members and to their affiliate hospitals for training and education. It was recommended that APPNA should partner with AUA. It was decided that we invite AUA to our APPNA meeting and discuss with them future relationship possibilities. An email was sent but no further progress has been made since we haven't heard back from AUA.

The third project was given to us by Dr. Nadeem Afridi regarding Non Communicable disease project (NCD) in Pakistan. Dr. Afridi send us a comprehensive project regarding APPNA collaboration in a already ongoing project for prevention of NCD in Pakistan. It was unanimously agreed that this is a good

project. The main feature of this project was a cost of 35k/year for 5 years to be supported by APPNA. It was agreed that at this time APPNA doesn't have available funds about (175K) to support this project. The committee suggested that since APCNA is a major partner in this project then they should raise this money for the project and APPNA could provide any other resource. Since this was a good project it was decided to forward this project to APPNA Executive committee for further review. ■

Chair: Dr. Sajid M. Zafar  
Cochairs: Dr. Shamil Tariq  
Dr. Waheed Bajwa

### Committee Members

Dr. Abid Mian	Dr. Khalid Mahmood
Dr. Abid Nisar	Dr. M. Khokhar
Dr. Hasan Hashmi	Dr. Sajjad Mueed
Dr. Iqbal Akhter	Dr. Tariq Malik
Dr. Khalid Iqbal	Dr. Zia Virk

## Communication Committee



Khawar Ismail, MD  
Committee Chair

As a chair of communication committee I am please to report that communication committee has accomplished a lot in the past eight months.

APPNA has new website with full APPNA control

and ownership in place.

APPNA's website is being hosted on APPNA's owned dedicated server. This new website is not only serving APPNA's introduction in cyber world but also providing APPNA a management tool. APPNA data was scattered in different forms and on different servers and serious attempt has been made to consolidate all APPNA data to APPNA's new web server and all management of data takes place from

one window so that record is kept for all transactions. All members can access their transaction in futures and can generate the receipt of their past transaction with APPNA on as needed basis. All members have access to their page so data can be managed by APPNA individual members and similarly all component societies has been given one page at APPNA main website with sub control to manage their page. We believe with time this decentralization of web control will result in better management of APPNA website since office has limited resources to manage day to day affairs of APPNA's members and component societies.

Full time APPNA webmaster has been hired at the recommendation of communication committee. Maria Khan is working on daily basis on APPNA's day to day web-affairs.

Payment via checking account (ACH) has been introduced on line. Did you know that APPNA spend more than \$50,000 each year in credit card fees? New website gives option

to pay APPNA dues and meeting related fee via checks and this costs APPNA only 10 cents per transaction instead of hefty 3 % credit card charges. Communication committee is optimistic that if only 25% members next year opt pay by check option online this will save APPNA \$15000.

APPNA has meeting registration software that APPNA rents from 3rd party and has to pay usage fee for registration process. Communication committee is working to establish new integrated software for meeting registration as well. This will stream line all meeting and vendor operation for future and will save APPNA significant amount of money.

In the end I believe APPNA website can play a pivotal role in APPNA financial and administrative management. In this era of computing APPNA should take full advantage of the advanced web management tools to manage day to day affairs on one window operation basis. ■

## Committee For Liaison With Professional Organizations



Busharat Ahmad, MD  
Committee Chair

The committee has been active since the beginning of this year. It has met numerous times on telephone conference calls and discussed several issues. Communication with different organization were discussed and implemented.

**AAPI:** We have ongoing dialogue with the AAPI leadership and had good responses. AAPI president was present at our annual meeting in St. Louis and had a fruitful dialogue. We plan to continue our cooperation with them.

**NAMA:** We developed a good rapport with Arab Association through its presi-

dent Dr. Hammami. We will work with them on immigration issues and combined annual meetings.

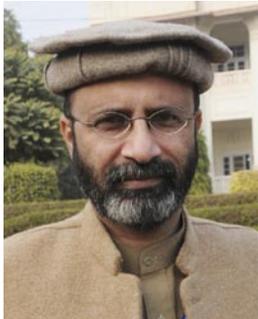
**Bangladesh Medical Association:** We worked with Dr. Shafi Ahmed

their representative and are working with them on mutual issues including visa problems.

Our main focus is working with the AMA. We would like to increase our membership in AMA and AMA-IMG Section. AMA had a very prominent presence in St. Louis with active recruiting and had its own booth. AMA is participating at our meeting in New York. AMA President Dr. Peter Carmel will be our honored guest at our Banquette. Our President Dr. Manzoor Tariq sent an appeal through APPNA blast mail to join AMA.

We would like us to have a full court press for our members to join AMA and it is towards that goal that we will be having an open meeting in New York at our fall meeting on Friday the 30th of September from 2 PM till 4.30 PM. The topic will be "Brainstorming session for discussion of APPNA and AMA relations" I am hoping it will be well attended. We need to have a seat in the AMA House of Delegates for which we need to increase our membership in AMA. AMA has promised a special preferential treatment for our members who decide to join AMA. We also encourage our members to join their speciality societies. ■

## Committee for Relationship between Center and Component Societies



Nasir Gondal, MD  
Committee Chair

The committee was formed to enhance the relationship between the central office and component societies (CS).

The main objectives of this committee were as follows:

1. Ensure compliance between APPNA and its component societies.
2. Help maintain APPNA & its component societies' nonprofit status and, if possible, look for avenues to register the societies as separate entities.
3. Provide conflict resolution between component societies & central APPNA and among component societies.
4. Assist the President-Elect with the component society verification process.

The committee members are Mahmood Alam, Imtiaz Arain, Omar Atiq, M. Khalid Riaz, Saima Zafar (ex-officio) and Nasir Gondal.

While it is of utmost importance that the component societies have their independent profile and run their own affairs according to their membership desires, it is equally important to appreciate that the affiliation with APPNA is APPNA's privilege. The component societies have to conform to a uniform and centrally adopted framework while engaging in APPNA related work. It is APPNA's responsibility to train, educate and assist the local leadership of component societies in organizational work. The formation of the Adhoc Committee was a step towards that end.

**Compliance:** The committee prioritized its work. The first was the compliance of CS. That was one of the reasons of jeopardizing APPNA's non-profit status. Research revealed that there already existed Council approved policies and procedures. Council had approved in 1996 which disallowed CS's to vote in council if financial statements of last year were not

provided by March 15th of the year. Later in 2007 the comprehensive Policies and Procedures were adopted, obligating financial reporting within 30 days of the year end. Based on that Adhoc Committee recommended and the Council resolved in Spring 2011, "The committee unanimously recommends that the requirements and the guidelines outlined in the organization's bylaws and the previously approved policies and procedures, be implemented with immediate effect."

**Representation in Council (Proxy):** Another issue for Spring Meeting was the representation of CS's in the Council meetings. It was noted that many times individuals remotely connected with the CS's end up representing them. At other times, some familiar faces are seen repeatedly to represent component societies. It was resolved that, "The delegation of representation of component society in Council meetings through proxy should follow a set process. Only office holders with decreasing hierarchical position should represent the component societies and it should not be at

# Committee Reports

the discretion of the president of the said society. The conference calls rules should be stricter; only the next person in line of authority (usually the president-elect) should represent the component society in the event the President is not available, No third person will be allowed”.

**Role of Central APPNA as final arbitrator in locally irresolvable component society conflicts:** There should be a clear process of conflict resolution in the bylaws of all the component societies. If a conflict still exists after all the local avenues have been exhausted, there should be a provision for the matter to be taken to Central APPNA.

However it was noted that it may involve amendments in the bylaws of Component Societies. It was suggested to request the Constitution and Bylaws Committee to come up with recommendations in this matter.

**Independent Registration of CS's:** It was realized after much deliberation that it is a daunting task every year to enforce fiscal reporting compliance in a timely basis. It was feared that APPNA's status would be constantly at risk if a

tangible plan is not in place. Proposal of getting the component societies their own tax exempt status will be promoted. This recommendation was made in the Summer Meeting. A not-for-profit organization has been contracted to assist the CS's at a reasonable rate towards that goal. A suggested deadline of October 15th, 2011 was proposed, so that the reporting cycle for next year is streamlined.

It was also recommended that APPNA be registered with individual state boards as a Not for Profit organization for its own fund raising purposes.

## Fall Meeting

**Review of CS Bylaws:** Central APPNA office does not have the bylaws of all the CS in their record. A review of the available bylaws revealed that many did not have a declared relationship with APPNA, had different membership criteria and were deficient in financial reporting guidelines. The Committee recommends additional guidelines to the Component Societies membership package highlighting the requirements of APPNA. These include:

1. Recognition of APPNA as a parent body with overall governance authority.
2. Membership criterion should be same as center.
3. Election/officers terms should be parallel with APPNA.
4. Financial responsibilities and its timely reporting should be acknowledged.

It is recommended to the council to either ask the CS to provide APPNA with the updated approved bylaws which include the above mentioned requirements OR provide with a MOU/Contract in which the CS is in agreement with the above requirements.

I, the President Elect, and the Chair of the Constitution and Bylaws (CABL) committee are working to review and up-date the document prepared in 2009 by the Ad hoc Committee on APPNA Chapters. We are planning to discuss and get approval of a generic component society bylaws document by the CABL committee prior to its presentation and approval by the fall council meeting. ■

## Research, Education, and Scientific Affairs Committee



Tariq Jamil, MD  
Committee Chair

It is my pleasure to report on the activities of the RESA committee over the last 6 months. Committee is chaired by Tariq Jamil, MD with two cochairs and fourteen members. The committee held its first teleconference on 2/8/2011. Agenda included a rundown of responsibilities and formation of subcommittees. Every member showed the commitment to support the mission statement of APPNA by providing high quality CME programs that enhance professional growth.

Over the last few years, CME programs have continued to grow. Beside APPNA meetings, local chapters and alumni meetings are participating in the CME programs in greater numbers every year. It is the responsibility

of the RESA to make sure that our CME programs are in compliance with accreditation standards set by ACCME. We just had a very successful CME program in St. Louis during our 34th annual Summer Meeting.

ACCME audit will be our principle priority this year. 15 CME programs from the past three years have been picked by ACCME for review. All the necessary paperwork was submitted by the deadline and accepted by ACCME. Teleconference was held on 26th of July between ACCME and RESA representatives. It went very well. ACCME will inform us about their decision in December. I remain confident that our CME program will stay accredited. Our vision is to streamline the paperwork, fix the loopholes in the application process, maintain members' interest by inviting good speakers and keep adding novel topics for CME. Keen interest of general membership and EC of APPNA will be required to fulfill this vision. I am encouraged by the support I have received from the president and the EC to achieve these goals. ■

## Social Welfare & Disaster Relief Committee



Aisha Zafar, MD  
Committee Chair

After the summer meeting, SWDRC has had a very busy few weeks raising funds for multiple projects. At the beginning of Ramzan, the major disaster of the famine in Somalia was the first project for which SWDRC

raised funds. The committee decided to give funds through USAID/World Food Programme and 30,000 dollars have been collected. Ten thousand dollars were given in the first week of August and the remaining funds collected later will now be given.

The floods in Sind unfortunately again affected thousands of people. According to recent estimates, about ten percent of the population in Sind has been affected. Dr. Manzoor Tariq released 10,000 dollars on an emergency basis to the flood affected areas in Mirpurkhas and this is being coordinated by Dr. Razi Mohammad who had done an excellent job with the flood relief efforts last year as well. According to more recent reports, the areas of Badin and Tharparkar are very badly affected and a group of Appna members will be traveling to the area to assess the situation. We will continue to raise funds and I hope member-

ship will support these very deserving people.

The Village of Munirabad that is being built in Kot in Punjab has already forty homes built and our goal is to build a total of 130 homes. The plan is to build a school, dispensary, and vocational rehab center and water purification system. For all this, additional funds were needed and in the last four days of Ramzan, fund raising was initiated and we were able to raise 70,000 dollars and more funds are still coming in. We were also able to distribute rice and flour to 160 families in this area prior to Eid. The village should hopefully be completed by the beginning of December.



We were given a very generous donation of 150,000 dollars in the summer meeting from Dr. Asif Chaudhry on behalf of the California chapter. These funds were given to build homes in the village of Sajawal. The village will also have a school, a dispensary and a vocational rehab center just like the village of Munirabad. Unfortunately, at this time the construction is delayed due to the floods and



may be started in mid October depending on the situation.

Our Hepatitis C project under the leadership of Dr. Maqbool Arshad is making good progress in the medical colleges and hospitals in Pakistan. It's mainly through the students volunteering in the patient welfare societies in these colleges that we have been able to spread the word and we remain grateful to them. A conference dedicated to this cause will be held during the winter meeting in Pakistan.

Finally, please do listen to the interviews of the many Appna members who have volunteered for charitable causes. These are conducted by Dr. Shahid Yusuf, member SWDRC and can be heard on [www.charitiesamericana.com](http://www.charitiesamericana.com). They can also be heard every Saturday at 9am on WCAR 1090AM.

Thank you Apona family for your ongoing support. ■

## Chapter Committee



Aamir Jamal, MD, FACP, Committee Chair

The 2011 has been a great year. On behalf of the members of the committee, I would like to express that it has been a pleasure serving APPNA under the superb leadership of Dr. Manzoor Tariq, and the executive committee. The APPNA Chapter Committee has been quite successful in approaching the local chapters by identifying and suggesting plausible solutions to solve the issues they are facing. Unifying the chapters and their presidents at this platform has and will be the most effective way to make our chapters more meaningful and efficient. APPNA Chapters have been great resources in identifying future leadership opportunities for mainstream APPNA leaders. The Committee believes that strengthening the chapters and identifying APPNA members at a local level and then bringing them to a common platform, will make APPNA a much stronger organization. Our committee is excited to bring proposals to our Fall APPNA meeting for discussion and implementation of new ideas. ■

## Committee On Young Physicians



Rubina Inayat, MD  
Committee Chair

2011 has brought some old challenges of visa problems back to surface. It was a matter of great concern as in the last few years, the number of visa refusals had declined significantly for J-1 & H-1B. 46

doctors have contacted us for various visa issues including, clearance, revocation and delay in clearance.

Since May, 8 physicians who matched in residency programs have been refused J-1 visa. Three of them were refused AFTER the “administrative processing” was completed. However, later on we came to know that a PGY-1 resident’s J-1 visa was revoked. This physician was off loaded from the plane and the reason of visa cancellation was not given to him. Another PGY1 resident’s family was refused to board plane and told that their J-2 visa was cancelled.

This is the most alarming event that has happened so far. Unless rectified, it will not only jeopardize the career of the residents but also a warning signal to the residency programs and the program directors, potentially causing further reluctance to hire Pakistani doctors.

Following steps were taken in order to resolve these issues:

1. Numerous meetings with State department and correspondence with US embassy in Pakistan.
2. Collaboration with PakPac. Mr. Irfan Malik, Dr. Saud Anwar and Dr. Faiz Bhora assisted in this regard.

3. Contact established with various legislators to advocate for the physicians.

On June 6th, a meeting was set up with the State department, DHS and Senator from Florida to discuss this critical issue on an urgent basis on Washington D.C. Chair CYP, Rubina Inayat,

Dr. Piracha (advisor), Dr. Zafar Iqbal, Chair Advocacy committee and Dr. Asif Rehman, Treasurer APPNA went to the meeting and discussed the visa in general and the specific cases as well.

4. On June 13th President, Dr. Manzoor Tariq and past president, Dr. Piracha met with Ambassador Marc Grossman (US Special Representative for Afghanistan and Pakistan) and talked about the various problems related to Pakistani Americans as well as the current visa issues.
5. On July 2nd Meeting with Senator and Ambassador Marc Grossman was held again.
6. August 19th Meeting, President, Dr. Manzoor Tariq and President elect Dr. Saima Zafar again met with Ambassador Marc Grossman about the visa issues.
7. On August 23rd a teleconference was held with state dept. and US Embassy in Pakistan.
8. Collaboration was solicited from APPNA members who have meaningful contact with the legislators. Dr. Asif Chaudhry, Dr. Khawar Ismail and Dr. Omar Atiq have been particularly helpful in this regard.

We feel that Pakistani physicians are facing a very unique and unfortunate situation, the reasons of which are not known and need to be explored and corrected at the legislative and governmental level. We can make an educated guess about the possible causes but practical steps can only be taken if the real

policy and procedures driving these issues come to light. An advocacy campaign should be initiated for a legislative resolution in favor of IMGs from Pakistan. Such efforts must continue until each and every physician who has matched gets his and her case re-evaluated on fair grounds

### Other Project

1. **Coaching seminar and mentorship program:** On July 2nd and September 30th coaching seminars and mentorship program were held for the residency applicants from Pakistan. Focus was on guidance to residency process and career counseling in other fields for young doctors. These seminars are attended in abundance by IMGs who are looking for guidance from program directors.
2. **Handbook Guide for young Physicians:** Created under the auspices of young physicians host committee and CYP. This is a good resource of information on USMLE, Interviewing, Do’s & Don’ts of residency and contains lists of IMG friendly programs.
3. **APPNA House in New York:** The two story apartment is housing a score of physicians since 2009. One of young CYP members is overseeing the facility on biweekly basis. While the rent money was not enough to pay for the rent and other expenses of the facility, there for the committee decided to raise the fee to \$200 per month.
4. **A second facility is planned for female doctors.** This will be a one bedroom-studio apartment which can house up to 3 physicians. Rent will be \$200 a month including the utilities.

CYP has initiated a fund raising for the process and request your help in this worthy cause.

# Committee Reports

Checks can be made payable to APPNA Committee on young Physicians with Memo to "CYP fund" and mailed to:

6414 South Cass Avenue Westmont, IL 60559

Please join hands with us and make a difference in a young physician's life. Kindly email us at [info@cyponline.net](mailto:info@cyponline.net), or visit our website at [www.cyponline.net](http://www.cyponline.net) and fill out the mentorship form.

Committee continues to put forth utmost effort to become the most effective entity. We are grateful to APPNA EC for its support through all these years. This year is no exception as Dr. Manzoor Tariq, Dr. Saima Zafar, Dr. Asif Rahman and Dr. Mubasher Rana have provided us with support and help for various projects. ■

Chair: Rubina Inayat, MD  
Co-chairs: Saqib Shaikh, MD  
Junaid Syed, MD,

Advisor: Rasheed Piracha, M

## Members

Tariq Alam, MD  
Ahmad Ashfaq, MD  
Kanwal Shahzadi Awan, MD  
Faiz Bhora, MD  
Waqas Khan, MD  
Omar Malik, MD  
Shahzad Rafiq, MD, Muhammad Rasheed Khan Orakzai, MD

## APPNA MERIT Activities 2011

### APPNA-Pakistan Collaboration in Medical Education



Naheed Usmani, MD  
Committee Chair

APPNA MERIT, Medical Education & Research International Training & Transfer-of-Technology Committee of Association of Physicians of Pakistani-descent of North America

(APPNA), has continued to expand its teaching programs for Pakistan medical universities and colleges in 2011. We now beam 2 live Grand Rounds a week to Pakistan over Internet video conferencing. Recently, Association of Pakistani Physicians and Surgeons of United Kingdom, APPSUK, has also asked to participate in MERIT e-Teaching initiatives and proposed the addition of a 3rd Grand round per week as an afternoon teaching session in Pakistan, organized and funded by APPSUK, to be beamed to Pakistan using MERIT e-teaching system.

#### Live Grand Rounds Highlights, 2011

- APPNA MERIT Grand Rounds with live Q&A are viewed in Pakistan at 8:30am Pakistan time on Monday and Saturday. A

US faculty member covers the latest in a PowerPoint presentation of 30-40 minutes followed by live questions from Pakistan for another hour or so. The live Q&A is considered the most valuable and unique aspect of these Grand Rounds, allowing faculty and trainees in Pakistan to explore issues important to them in a Pakistani context related to the presentation topic with the US faculty expert.

- APPNA MERIT specialties program the speakers for these Grand Rounds on a rotating basis. For Monday Grand Rounds, the specialties are Anesthesiology, Critical Care, Dermatology, Neurology, Pathology, Psychiatry. Saturday Grand Rounds were added in 2011 and cover the specialties of Cardiology, Gastroenterology, Medical Oncology, Pediatrics, Radiology, and Surgery.
- MERIT also broadcast symposia from APPNA's Summer Meeting in St. Louis on multiple nights: "Hepatitis Scourge in Pakistan: Updates on Diagnosis, Prevention and Treatment" on Thursday night and "Updates in Cosmetic Dermatology" on Friday night.
- The grand rounds are recorded and a video library has been developed that is available for physicians to review at [www](http://www.appnamerit.com).

[appnamerit.com](http://appnamerit.com). These videos are regularly viewed not just in Pakistan but India and Bangladesh as well and we have counts of how many times any individual presentation has been viewed completely. Our IT team is organizing these talks into specialty-specific course folders, that may eventually be developed into individual courses for which attendees will receive certification of attendance from Pakistani medical universities, such as Dow.

- New SPECIALTY MERITnets Added in 2011: In 2008 APPNA MERIT launched specialty-specific physician networks in Anesthesiology, Critical Care, Dermatology, Neurology, Pathology, Psychiatry, called MERITnets, to mobilize APPNA specialists by specialty to help create teaching initiatives in their specialty areas for Pakistan. In 2011 we added 6 new MERITnets: in Cardiology, Gastroenterology, Medical Oncology, Pediatrics, Radiology, and Surgery.

APPNA MERIT invites APPNA members to join its teaching initiatives and to donate to the program to defray the cost of its e-teaching system and technical support so it can continue beaming its programs to Pakistan's medical teaching institutions. ■

## Young Professionals Network Report



Naheed Arshad CPA  
Chair

We had an attendance of 150 at the main event in St. Louis on Friday, July 1; 100 girls and 50 guys. The follow up social on Saturday was also well attended and included many who were unable to make it on Friday. We

changed the format this year from having the attendees in groups to having them talk one on one for a few minutes. This format has received positive feedback and something that will be continued.

The APPNA texting also helped at the meeting. A number of older physicians ranging in age from 47-66 years responded to the text and have registered their info with YPN (never too old!). The profiles are handled with the utmost privacy and confidentiality. It is good to see that APPNA is conducting a survey on its website as to the main reason

why members attend meetings. The 37% (second highest) voted that they attend the meeting for "rishta". It quite clearly shows that YPN is very important to APPNA family and is meeting the needs of the membership.

### Some of the comments from attendees

- *First wanted to express that I thought this was the best event yet. I think the format was more effective than on tables and the people we met were great.*
- *The event is definitely getting better and better with each year!*
- *I would like to congratulate and thank you for arranging the YPN St. Louis meeting. I had been skeptical of such events and never been to one before. However I was pleasantly surprised to see a large number and spectrum of educated girls. 2 minutes did not seem enough but then there were a large number to meet. I was able to exchange info/email with some and have already been contacted by a couple. Thanks again for your effort and endeavor in bringing about this meeting.*
- *I hope this finds you well. I wanted to say thank you so much for organizing a successful YPN event at APPNA this year. I really appreciate all that you do to facilitate good Muslim*

*relationships. You are doing such important work. Thank you*

### YPN also invites the young professionals to participate in exchanging their profiles.

Below is an email from the third couple who has informed me of their good news in the past week so things are really picking up in YPN. I have changed their names to maintain their privacy.

They were introduced through exchanging profiles so if you have not sent in your profile consider doing so.

*Salam Naheed Aunty,  
Hope you are doing well.*

*We are emailing you to share some very good news. As of 48 hours ago, Bilal and I are officially committed to each other and have decided to get married!! :) Our families have blessed the union and we will officially be getting engaged sometime in the fall Insha Allah.*

*Sincerely, Bilal and Sanaa*

Special thanks to Shazia Alam, Razia Chishti and Rukhsana Sharif and Aisha Zafar for all their help.

For more information send an email to [appna\\_ypn@yahoo.com](mailto:appna_ypn@yahoo.com) ■

## Sultan Feroze Khan, MD May 20, 1947 - September 5, 2011

Sultan Feroze Khan, M.D., Orwigsburg, Pennsylvania passed away Monday, September 5th while surrounded by his family. He was a gentle man who touched the lives of everyone around him through his kindness, smile and generosity.

Dr. Khan was a Graduate of King Edward Medical College, Lahore, Pakistan, serving his residency in Otolaryngology-Head and Neck Surgery at New York Medical College and Manhattan Eye and Ear Hospital. He completed his internship and surgical residency at Catholic Medical Center and New Rochelle Hospital Medical Center. Dr. Khan was certified by American Board of Otolaryngology. He was a fellow of American College of Surgeons, American Academy of Otolaryngology and International College of Surgeons. He was a member of APPNA and KEMCAANA.

Dr. Khan was a physician who viewed his profession as a means to serve his community. He practiced for 28 years at Schuylkill

Otolaryngology Associates, Pottsville, PA, with his partner and friend, M. Masood Akbar, M.D.

We all found him to be a very caring, compassionate, kind and generous person. He was a valued member of the community and he will be greatly missed by everyone.

Dr. Khan leaves behind his wife Dr. Shahida Qazi and his five children, Salluhhudin Khan, Sadaf Khan, Qasim Khan, Haajerah Khan and Fajjr Khan.

May Allah bless his soul and grant him the highest place in Jannah.



## *Raza Ali Dilawari, MD* *September 28, 1946 - September 18, 2011*

Dr. Raza Ali Dilawari of Memphis, Tennessee, died peacefully on September 18, 2011 at 3 p.m. at home surrounded by his loving family and friends. Dr. Dilawari spent 35 years in Memphis and touched countless lives as the premier surgical oncologist in the Mid South. Through his practice and teaching, he was able to establish many families in his community beyond his family at home. He was held in the highest esteem for his command of surgical oncology, surgical skills, and compassion for his patients, work ethic, and honesty. Dr. Dilawari came to Memphis in 1976.

He was born on September 28, 1946 in the famed Walled City of Lahore, Pakistan to Sadiq Ali and Zakia Dilawari. He was schooled at the Central Model School Government College, and completed his medical education in 1968 from King Edward Medical College, all in Lahore, Pakistan. He did his surgical residency at SUNY Upstate Medical Center in Syracuse, New York. He did his surgical oncology fellowship at the University of Rochester at Strong Memorial Hospital in Rochester, New York and at the Roswell Park Memorial Institute in Buffalo, New York. He was appointed an Assistant Professor of the Department of Surgery at the University of Tennessee Center for Health Sciences in Memphis, TN in 1978. He started his surgical oncology practice at the Regional Medical Center at Memphis and at Methodist Central Hospital in Memphis, Tennessee. His hard work and skill made this practice very successful and allowed him to make a difference in thousands of lives in the Mid South and beyond. At the time of his passing, he was the Assistant Dean for Clinical Affairs at the University of Tennessee Center for the Health Sciences and the Vice Chairman of the Department of Surgery at Methodist University Hospital. His areas of academic interest were in the fields of breast cancer, melanoma and hepatobiliary malignancies, and he was the author of more than one hundred peer-reviewed publications. He represented University of Tennessee Cancer Institute on the NCCN Melanoma/Thyroid/Colorectal Cancers. Significantly, he was the recipient of the 2005 Living Award from the Methodist Healthcare Foundation.

Dr. Dilawari's most lasting contribution to our community is his teaching and mentoring of medical students and surgical trainees at UT College of Medicine and the Methodist Hospitals of Memphis. He led or contributed to the training of over 200 surgical residents, who he considered his second family and the pride of his career. It is this dedication to his students that allowed him to help many more patients than he could have on his own. His third family was the patients he cared for. He gave his all to his patients and received endless gratitude and love from. It is not difficult to find Memphians who have a story about how he helped them or a loved one. His fourth family was all of his

colleagues and friends. Memphis opened its arms to accept him, and he gave his community his all.

He was proud to be one of the first Pakistani physicians in Memphis and that there are now over 300 physicians of Pakistani descent excelling and contributing to the community he loved.

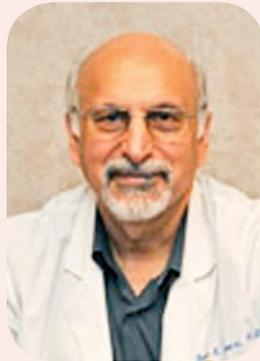
He was the giant oak to which Pakistanis in the medical community and Memphis look towards and drew inspiration from. He also gave back to the Muslim community and served as one of the founding members of The Muslim Society of Memphis and helped construct the Al Rasool Center here in the city.

Dr. Dilawari was not only a lifetime member of the Association of Pakistani-descent Physicians of North America (APPNA); in fact he had a lifetime commitment to promote the educational and academic face of APPNA. He was the Chair of Research Education and Scientific Affairs (RESA) committee of APPNA for several years. He took charge of RESA when APPNA was struggling to maintain its accreditation with ACGME. He led

RESA committee to the highest academic standards for delivering continuing medical education through APPNA programming in this country. His mentorship produced numerous leaders amongst younger APPNA members that will continue to promote the educational endeavors of our Association in the years to come. He last served on the RESA committee as its Chair in 2010. He received a "Lifetime Achievement Award" of APPNA on July 3, 2011, the second highest recognition award that APPNA offers to her qualified members.

He was a voracious reader with broad interests, a tennis player and fan, and a wine aficionado. He had a deep interest in the Sufi philosophy, literature and practice. He was also a passionate and extremely knowledgeable student of Islamic history and theology. His first family that he loved with all of his heart is his wife of 38 years, Bushra A. Dilawari, his five children, Asma, Amina, Mariam, Asad, and Saba Dilawari and his granddaughter Zara and his sons-in-law Daniel Pellegrom and Erik Morrison. He also left behind two sisters Tanveer Abidi and Tauseef Dilawari and his cherished extended family and close friends. UT College of Medicine has established an endowed chair of surgical oncology in his honor and memory. In lieu of flowers, contributions to the endowment fund can be made to: Raza A. Dilawari, MD, FACS Endowed Professorship University of Tennessee Center for Health Sciences Development Center and Alumni Office 62 S. Dunlap, Hyman Building, Suite 500 Memphis, TN 38163.

*The major portion of this obituary is taken from The Commercial Appeal, Memphis, TN. (The Editor)*



## APPNA ALLIANCE



Rania Asif, MD  
President

Dear All,  
Assalam-o-  
alikum,

It has been an extremely successful year for Alliance working side by side with APPNA. I thank Dr. Manzoor Tariq for his support for Alliance this year. Let me

start by the most recent Alliance Summer meeting Banquet, which was extremely grand and very well-coordinated. Hamida Tariq was the chair and arranged the Asim Jofa fashion show; a large number of people attended and made the night extremely profitable. Our Keynote speaker Prof. Dr. Shaheena Asif's talk was immensely acknowledged when she talked about her personal experiences as a working woman living in Pakistan. She was gracious enough when she donated on behalf of APPNA Alliance,

- 1000 head scarves for women oncology patients who lost their hair while undergoing Cancer treatment
- 10 sewing machines to help deserving women to establish their own income

The General Body meeting for APPNA Alliance was largely attended where all members expressed their views and gave suggestions as well as acknowledged the efforts of the Alliance EC, APPNA EC and the volunteers of the St. Louis Host committee and most of all, Hamida for her efforts.

APPNA Alliance also arranged an Islamic Relief Fund-raiser in Arizona and was a huge success. Shaista Khan from Islamic Relief acknowledged APPNA Alliance efforts in arranging this event for them and help raise \$15,000 for the cause.

The Alliance local state chapters also have strengthened the organization, where

they arrange local functions and promote the name and cause of Alliance. Thank you MI chapter's Jabeen B., Texas Chapter's Salma H., Nevada Chapter's Shamim N. and New York Chapter's Subahat for working together in harmony.

APPNA Alliance is a social organization with charitable purposes and I think this year we managed to accomplish both. Thank you Samrina, Fatima, Zoha and Hanadi and also Thank you everyone else for your guidance and support throughout the year and I hope next year will be even better for Alliance!! ■



## Pakistani-Descent Physicians Society

Zubair M. Syed, MD FACC, President PPS 2011

As you know PPS is now a tax exempt entity though still pending approval of registration by the office of the state attorney general which may happen any moment. We have finally arranged for a full time professional accountant service to keep our finances streamlined from the very beginning. This is no other than the same company APPNA has hired and I honestly believe that's the way to go for all local chapters too in this matter.

We are all very excited about our upcoming annual general body meeting on October 29 2011. Mr. Secretary as you very well know that in today's precarious situation we will serve ourselves as well as our motherland Pakistan by standing together rather than divided. For this particular reason I invited the honorable ambassador of Pakistan Mr. Husain Haqqani as well as the current and future APPNA leadership of Drs. Manzoor Tariq, Saima Zafar and Javed Suleman to attend this meeting so as to help bridge the gap that developed after an unfortunate incidence in recent past. They all very graciously have accepted my humble invitation and I hope that with next year's APPNA

summer meeting to be held in Washington D.C. we will be more united than ever and hence more effective in our endeavor.

Our free clinic PPS/APPNA health center has been equipped with an electronic medical record system; thanks to the brilliant and dynamic leadership of Dr. Imtiaz Arain. Dr. Arif Agha has kindly agreed to train our voluntary physician staff and hopefully the clinic will become more eco-friendly by going paperless very soon.

The society as promised did bring out an on-line publication and is set to come out with its first ever print version by the fall meeting; this was only possible due to the persistent efforts of the publication committee headed by the president elect Dr. Waseem Kagzi who was very ably supported by other committee members Drs. Mansoor Alam and Sajid Mehmood

The society's finances remain stable with over \$50,000 in its account; we expect this will rather swell rapidly once we operate with our new tax exempt status.

In short, Mr. Secretary, state of the PPS is healthy and will inshaAllah keep flourishing in days to come. ■

# Chapter Reports

## Georgia Chapter



Roohi Abubaker, MD  
President

Greetings everyone, here I am once again with another report from our chapter, they say nothing succeeds like success and that truly implies to our chapter, there has been so much happenings since I took over office in January 2011 that for some of our members it's hard to keep up with all the activities. The foremost thing that we did that contributed to our success was having a great team and forming different committees like Publication Committee comprising of Dr. Yaseen Abubaker, Dr. Shahid Rafique and Dr. Khalique Rehman and published Newsletter. They are working now on the

fall Journal of GA-APPNA. The Social and welfare committee includes Dr. Gulshan Harjee, Dr. Rana Hasan and Dr. Durshi Zoberi. They proposed four projects that GA-APPNA will support for the next 5 years. The projects are Indus Hospital, SIUT, DIL (which opens up schools in Pakistan) and the local organization Glitter of Hope, which works for the orphans in the local immigrant population of Clarkston area. The Election Committee, chaired by Dr. Farid Qazi has, with Dr. Mirza Ahmad and Dr. Farzana Bharmal, is working on introducing a smooth and transparent Election process for the upcoming Election for the year 2012. The Bylaws

committee has people like Dr. Ebrahim Mohammedy, Dr. Rahil Kazi and Dr. Adnan Abbassi who have already proposed much needed amendments in the current GA-APPNA bylaws. The Ethics and Grievance committee is chaired by Dr., Khalid Siddiq along with Dr. S. Shirazi who already has proposed a code of conduct and forms for anyone who has any grievance.

Since our chapter has become so active and with the daily inquiries from new physicians who want to become members our treasurer Dr. Sarah Hayat has been the busiest treasurer that we had and is diligently doing her work, our General secretary, Dr. Waheed Malik, is the perfect man for this job and he is well liked by everyone. I would also like to mention Dr. Khizar Ahmed, one of our regional representative and his wife Dr. Sadia Khizar who have always helped with every program that we had.

We had EID dinner on September 2 which was attended by 350 people and gave a chance for all GA physicians to socialize under one roof. We are geared up for our fall meeting which will be held on December 10, and the Executive Committee of GA-APPNA is proud to say the Mayor of Atlanta will be the chief guest and we are really honored that Dr. Manzoor Tariq, Dr. Saima Zafar and Dr. Javed Suleman will be attending this event.

*"Don't go where there is a path, go where there is no path and leave a trail."*  
—Ralph Waldo Emerson ■

## Michigan Chapter

M. Sohail Jilani, MD, President

The spring meeting was held in Saginaw, Michigan in collaboration with APPNA Alliance MI. It was attended by about 300 members and guests. The food, exhibition and entertainment were enjoyed by everyone. Children made it more beautiful by participating in the national anthem and Cultural program. This was all made possible because of the hard work of the volunteers. Our event was supported by more than 50 sponsors. Dr. Busharat Ahmed was recognized for his lifetime services at the spring meeting.

The Constitution was revised and amendments were made by the committee. It was approved by General body at the spring meeting. We are building a secondary school in partnership with TCF in Jhulkey, in the District of Lahore in Pakistan. This will allow the children from three neighboring primary schools to continue their education. This will include a Library and fully equipped science lab. Alhamdulillah, construction has already been started. If everything goes well, the school will start in the spring of 2012. This project is going to cost approximately \$180,000. About half of the money has already been raised. Inshaallah, we

will raise remaining funds with the help and generosity of our members, friends and sponsors. TCF will also do the fund raising to achieve the goal. We are working with HDF for the extension of one of the existing clinics in Karachi under the name of Michigan Chapter. We have donated \$25,000 to them. Preliminary planning work is in progress.

The chapter website is under construction. It is in its final stages and Inshaallah, it will be ready by fall meeting. We had a bone marrow registry awareness drive in collaboration with central APPNA and local community. It was coordinated by Dr. Muneer Abidi. We will have, Inshaallah, our fall meeting on October 8th, 2011 in Pontiac, Michigan. This is an election year. Election committee has already sent the email for nominations for the President and Secretary/Treasurer to be elected for 2012 and 2013.

Finally, I would like to acknowledge the work of our volunteers who helped us organize our events. Without their efforts the events would not have been as successful. My sincere thanks are to all whose hard work brought the success. ■

# Chapter Reports

## New Jersey Chapter



Shahnaz Akhtar, MD  
President

This year, I have had the distinct honor of serving as the President of our vibrant chapter. I have been impressed by my team's commitment and dedication from the very beginning of the year. Masha'Allah, this year has been one of our most successful; the NJ chapter not only increased its membership but also upheld its constitution to run this chapter according to democratic principles. My first challenge was to bring fiscal transparency and stability back to this chapter. I appreciate our Treasurer, Yasmeen Chaudhry and the executive committee for taking the responsibility and increasing the

revues very much needed for our chapter.

I have been great advocate of team work and inclusiveness in our collective effort to serve our community. During the very first Executive Committee meeting, we instated 15 committees. All of them are working hard, however our Social Welfare Committee has met with unprecedented success. Over the course of this year, Dr. Farooq Rehman and Dr. Mohammad Zubair have worked with JFK Hospital in Edison to establish a free clinic on the Muhlenburg Hospital campus in Plainfield. We have also raised money for the victims of the Japanese earthquake and tsunami related crisis and are currently working to raise funds for the victims of famine in East Africa. The Constitution and Bylaws (CABL) Committee has met and deliberated for hours to discuss necessary changes that we need to make in particular the membership criteria and the election process. The CABL committee is expected to present proposed amendments

to the up-coming general body meeting for approval. Finally, the NJ chapter will be teaming up with Central APPNA to help funding Hepatitis C Awareness Program in Pakistan. In Pakistan, 25% of the population is infected with Hepatitis C, an epidemic we hope to combat through education.

WE had our Annual Banquet held on September 10, 2011. About 400 physicians and their families attended the program. Andre Carson, the 2nd Muslim congress representative in US history from Indiana's 7th district was the chief guest. He asked the membership to participate in the democratic process in order to safeguard our rights and civil liberties. He encouraged more community members to seek public offices from the school boards and city council level in order to promote the affairs of our community in the mainstream political arena. The Arif Lohar entertained the audiences well beyond the midnight and was greatly appreciated. I thank all the volunteers whose continued hard work is behind the success of this chapter. Our annual general body meeting will be held on December 11, 2011. ■



## North Carolina Chapter



Khalid Aziz, MD  
President

It is a great honor for me to serve as President of APPNA NC Chapter. I am proud to say that we have a very vibrant chapter and we have been involved in several projects both in North Carolina and in Pakistan. Our recent annual convention held in May, 2011 was attended by fifty five Pakistani Physicians along with their families.

Community Service Committee of our Chapter has initiated multiple projects to help local community in North Carolina.

Two Cookouts were sponsored during the month of Ramadan to feed the homeless and needy people and in future Inshallah one such cook out will be arranged every month. Needy people are notified through press release in the local news paper. A food bank has

also been initiated which includes a large freezer to keep frozen food for cookouts. Canned food is collected to distribute during these cookouts.

A free clinic is being started in September in Cumberland County. Indigent patients will be seen once a week in an already established private clinic. A Diabetes Education Day is also being sponsored on September 17th 2011. Four hours of free education will be provided to prevent and manage obesity and diabetes.

Community Service Committee of APPNA NC Chapter has also started a Community Center for women in Tehsil Fort Abbas District Bahawalnagar. The Center provides free training in stitching and embroidery. In addition it has an adult literacy program where these women are being given basic skills of reading and writing. The center also plans to provide a day care for the children of these women. After completion of one year's course the graduates will receive free sewing machines so that they can start their own business. ■

## Fatima Jinnah Medical College Alumni Association



Nosheen Mazhar, MD  
President FJMCNA

My Dear Friends  
Assalamo-Alykum

It's my distinct honor to welcome each one of you to Fall APPNA meeting. We had a well attended summer meeting in St. Louis this year. We were blessed to have 4 distinguished speakers that night. Dr. Mahelaqa Rana secretary AFJOG and Dr. Shaneena Asif women activist and FJMC alum joined us all the way from Pakistan. Dr. Saadia Khizer PhD and Mr. Ethan Casey were also amongst guest speakers from the US.

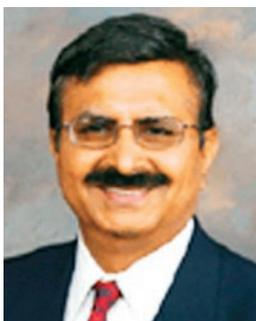
Last 2 years we have been on the forefront of the Hepatitis-C crisis with help of Association of Fatima Jinnah Old Graduates (AFJOG) and FJMC. Our plan for this year is to continue to sustain all our projects for prevention and treatment of this disease. We sent monies last year and this year. Last year Dr. Manzar brought this project to the attention of APPNA and the Social welfare and disaster relief committee (SWDRC) has taken it up as their project for this year. I have been involved with the SWDRC and especially with the Hepatitis C sub

group. As far as our contributions for last year we have continued to work on all our annual projects. This includes Behbood funds and the 15 scholarships that we support every year. We did miss Dr. Rakshanda Tayyab the principal FJMC this year as she could not attend the meeting this year. This is unfortunately her last year. She has done outstanding service for FJMC and us. She has always supported our projects and she will be sourly missed.

Another new project this year that I had identified was to help stock a new 12 bedded ICU at Sir Ganga Ram Hospital. The other project that I would like us to address in future is the university status for FJMC. The only thing we need for that are an independent exam hall and exam question data bank. Another project for the future in my mind is to be able to set up internships for students from here to go to FJMC and AFJOG for learning and charity work. We have responded to all catastrophic events including the floods that have happened in Pakistan. We did send money this year and last year as well.

We continue to try and engage as many FJMC alumni in USA as we can to join us. I and the current committee members really appreciate each one of you. We applaud you for all your contributions. We cannot flourish in the future without your continued support. I thank you once again from the bottom of my heart. ■

## Quaid-e-Azam Medical College Alumni Association



Shabbar Hussain, MD  
President QAMCCANA

The year 2011 is one that shall never be forgotten by QMCAANA as it has been filled with immense humility and great achievements. We are honored to have one of our alumni members, Dr. Manzoor Tariq, at the helm of APPNA as its President. This accomplishment reflects the enrichment and growth of APPNA over the years, where a capable person from one of the smallest alumni associations of APPNA has been recognized and acknowledged for his hard work and dedication, resulting in his election to the highest office of APPNA. Dr. Manzoor

Tariq immediately delivered as expected by restoring the APPNA status of 501c3 as his first and none ending endeavors. This is also the year when APPNA elections were conducted smoothly following the constitutions & by laws.

The Summer Meeting was an occasion of great pride and honor for our entire alumni and was visible during our alumni banquet. We had overwhelming attendance with Quadians coming from all corners of the United States to reminisce and relive memories of the past, and celebrate our growth through the years. Our pride in Dr. Manzoor Tariq and in

being members of APPNA brought us together and made for a joyous weekend. Dr. Zaheer Hasan came after many years along with Dr. Naveed Bari, Dr. Shahid Munif, Dr. Mohammad Alvi, Dr. Farhat Hassan, Dr. Sajjad Mueed, Dr. Chaudhry Hassan, Dr. Fiaz Ahmed, Dr. Maqsood Javed, Dr. Alamdar Kazmi, Dr. Masood Ahmed and Dr. Mohammad Jahanghir. Dr. Rakshanda Bashir came all the way from Dubai to commemorate this special occasion. Dr. Abid Rasheed Mian represented the first batch of QMC graduates and Dr. Zahid Imran helped to bring a different and entertaining perspective to the meeting. We also welcomed new guests such as Dr. Sumera Tariq Khan.

Dr. Khawar Ismail presented a report focusing on the plight of medical students in Bahawalpur, leading to overwhelming pledges and donations. In a matter of minutes we were able to collect more than \$10,000 for our scholarship fund. Dr. Dawood Nasir informed us about the school's recent acquisition of an ACLS interactive training mannequin. Quadians are very thankful to Mr. Muhammad Munir Akhtar for donating \$ 10,000.00 for QMC.

Dr. Manzoor Tariq hosted us and members of APPNA at his residence in St. Louis, Missouri. We were even more honored to host APPNA's Winter Meeting at our alma mater, Quaid-e-Azam Medical College in Bahawalpur, Pakistan. Many of our members committed to not only attending the event but to help in assuring that it is an extraordinary meeting. We are working closely with the local host

# Alumni Reports

committee to provide first class hospitality, accommodations, food, transportation, entertainment, and much more.

I would like to personally invite you to the APPNA Winter Meeting of December 22-24, 2011 to be held at Quaid-e-Azam Medical College in Bahawalpur, Pakistan. We are working diligently to organize

and plan an excellent meeting. Bahawalpur is also a city full of hidden gems and treasured history of Pakistan that everyone is encouraged to explore and visit. We look forward to reuniting with you in Bahawalpur this winter from December 21-24, 2011. ■

## Rawalpindi Medical College Alumni Association



Shahida Rehmani, MD  
President RMCAANA

It has been an honor for me to work as the President of RMCAANA for the year 2011. Since the time that I joined RMCAANA to present, I have seen my Alumni grow and do wonderful charitable work. Our membership has increased and I see a surge of young graduates joining the Alumni which, was also evident from the attendees of RMCAANA Alumni summer dinner meeting.

RMCAANA has been involved and pivotal in supporting and successfully accomplishing many projects in the past

and is actively supporting and executing many ongoing projects as well: Some of these projects are:

- 1) Rawalpindi Medical College Overseas Foundation (RMCOF) Burn Center in Rawalpindi: this center was started and operated by RMCAANA for more than 3 years and has now been taken over by the Punjab government.
- 2) Rosalina Child Developmental Center: This was established to fulfill the need for an assessment center for developmental disorders in children, and to provide child and adolescent mental health services.

These funds have supported the salaries of 2 psychologists in RCDC for more than 2 years.

3) RMCAANA has started a scholarship program for the RMC students.

4) RMCME is a committee of RMCAANA that is dedicated to promoting and coordinating CME activities in RMC.

3) Rawalian Flood relief and Rehabilitation Project: This a comprehensive and long term project aiming for the rehabilitation of rural communities badly effected by floods in Pakistan. RMCAANA in USA in Collaboration with RAWALIANS (RMC Alumni in Pakistan) and RMCOF have launched this project to help the communities, who have lost everything in flood, one village at a time. To start with, we chose Basti Mardan Kheil Wali, Moza Karloo, Band Road, Darya Khan, Bhakkar, which was in dire need of help. Our plan was to build over 330 houses which would provide shelter to those people who were living in tents after the flood devastation.

Estimated money needed for the 1st village of the project is about 330,000 US \$, out of which major part was from RMCAANA AND RMCOF. So far 230 single family houses have been built and handed over to needy people.

We will continue to require funds to continue this project forward and any donation big or small is helpful. ■

## Welcome to the APPNA Fall Meeting in New York



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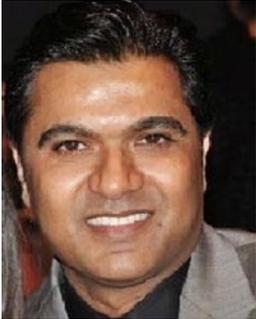
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## SINDH MEDICAL COLLEGE ALUMNI ASSOCIATION



Aftab Ahmed, MD  
President SMCAANA

Dear APPNA Members,

It was good to see so many of you at the APPNA Summer meeting in St. Louis, MO. We had a very good turnaround and as most of you will agree, we had a very good gathering for SMCAANA.

The SMC Alumni Class Presidents and I have had the first meeting to restructure SMCAANA for the future. All attendees provided great feedback, which we will post on the website soon. Our vision is to add checks and balances to our organization to ensure we make decisions that

benefit a vast majority of our membership. Class President meetings will be held every three months to update latest membership numbers. Currently we have representation from each class from 1980 through 1995. I would appreciate volunteers from the classes of 1996 to 2010 to serve as Class Presidents for their respective class. If you have any nominations, please submit to the Executive Director, Mansoor Alam. Additionally, we are working to get an office in Chicago, IL with a part-time secretary to better ensure communication through our website. She will work under the supervision of the Executive Director.

Additionally, the Executive Director will be sending the recommendations from the By-laws committee for amendments to current by-laws for approval from the general membership. We would like your input and your feedback; if there is no response, we will assume your satis-

faction with the amendments.

Another addition to our growing ranks is the addition of SMCAANA Canadian Chapter. I personally met with Tausif Ahmed and Ikram Ghani in Toronto, Canada where we discussed this exciting growth for our organization.

As many of you know, we have been working to get a 501C for SMCAANA to channel our charitable contributions. Inshallah, we expect that to come through by the end of this year.

And finally and obviously with great pleasure that I once again congratulate, Javed Suleman, for his victory as the APPNA President-elect 2012. I also want to thank Javed for his confidence in me to lead his election campaign. All SMCIANS should be proud as he will be the second SMCIAN in 6 years to become the APPNA President.

Look forward to meeting you in New York. ■



*Welcome to the APPNA Fall Meeting in New York*



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# APPNA Hepatitis C Initiative



Maqbool Arshad, MD  
APPNA Hepatitis C  
Initiative

The team of APPNA physicians in two groups, one comprised of experts who developed guidelines and second an administrative team which devised an awareness campaign for Hepatitis C and

put it into practice on ground in Pakistan. This started at one medical institution in Lahore in March 2011, and now the program stretches all across Pakistan from the hills of Kashmir to Karachi. In a short span of 6 months, APPNA Hepatitis C program module is fully functional in many hospitals and affiliated medical colleges in the country. It is expected that this awareness campaign is going to be implemented in another 10 institutions in the next 3 months. Considering the political and cultural atmosphere in Pakistan, it took some effort on behalf of this team to break through the bureaucratic red-tape and build long-lasting relationships within the medical community. Moreover, it ruffled some feathers and dampened some spirits in the high echelons of some partner institutions when briefed that only the APPNA-funded printed

educational material will be provided and there will be no monetary or logistic funding for this program. But after hectic attempts and persuasion, medical institutions happily embraced the idea of a student-run awareness campaigns across hospitals, adjoining neighborhoods, and far-flung areas across the country.

This is a unique initiative. Although, a number of awareness programs initiated by government-backed and private organizations focused on Hepatitis C and other viral diseases have been attempted in the recent past but a simple and uniform student-run campaign at medical institutes and hospitals without any funding is indeed a new concept. Moreover, making it a part of curriculum across urban and rural schools to spread awareness through education at the grass root level makes this campaign an exceptional and an effective effort.

Currently, the target of implementing this program module within major hospitals in Lahore, Karachi, Islamabad, Rawalpindi, Peshawar, Larkana, and Muzaffarabad has been achieved. In the next phase, it is planned to run campaigns in Faisalabad, Multan, Quetta, Abbottabad, and Bahawalpur. Moreover, an exclusive curriculum-based educational plan is being introduced at schools and colleges to spread the prevention message. A 46-page workbook will become part of curriculum at the schools run by The Citizens Foundation, Daanish Public Schools,

Human Development Foundation, Tameer-e-Millat Schools System, and Bali Memorial Trust Schools.

Although the campaign for hepatitis C awareness is still evolving, we can say with pride that our campaigns have had significant impact on the lives of those people who had little or no idea about this disease. Our partner institutions have been generous with their volunteer time and are showing determination to assist in eradicating the cause of Hepatitis C in Pakistan. Medical students, nurses, cleaning staff representatives, and physicians have worked with devotion and enthusiasm to educate the masses with the assistance of APPNA printed educational materials. These include posters with the messages about blood transfusion safety protocols, syringe reuse, barber blade safety, causes and treatment of the disease, a detailed workbook, treatment guidelines and brochures.

There is a long way to go. A lot of work has to be done specially in the facing up to this preventable menace. We look forward to assisting the local interested parties in organizing themselves to face up to this challenge. We intend to hold a consensus conference and an organization workshop in Lahore in the first week of March, 2012 to get all of our volunteer groups and other stakeholders at one platform to strategize how to manage this menace. ■

## *Welcome to the APPNA Fall Meeting in New York*



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# International Meeting Report



Riaz A. Chaudhry, MD

First international meeting for 2011 was decided by voting during previous international meetings and it was decided for South America for April 2011.

South America meeting had a total of 171 registrants. This trip started in Rio de Janeiro, Brazil. We spent 3- days in Rio and flew to Iguassu Falls; it was beautiful place to visit. Hotel accommodations were up-scale. 2-days in Iguassu were wonderful and relaxing time. We then crossed boarder into Argentina and



flew to Buenos Aires. Stayed for 3-days in Buenos Aires where members enjoyed city; Tango show and shopping.

Post meeting survey showed that it was one of the best International trips APPNA had. More than 85% rated this trip from Very good to Excellent and more than 95% say that accommodations were excellent and over all trip was very well organized.

I like to thank my committee members for all their efforts in making this another successful and pleasant trip for APPNA members.

CME: Eight hours of CME divided in 3-sessions at 3-cities was attended by all CME registrants. CME was rated as high quality and well organized. Thanks to Dr. Ghazala

Hayat for taking this responsibility on.

Talent Night: As a long tradition of International meetings, had farewell dinner with entertainment by members of the group. This was organized by our veteran entertainer Dr. Aftab Naz. This year talent show unveiled new talent in APPNA membership.

Second International Meeting for year 2011 is confirmed

for African Safari from October 15-24, 2011. Committee had 2-meetings to discuss logistics of the meeting. CME committee, again, led by Dr. Hayat also met to discuss CME

program. This trip is sold out, it is first time APPNA has an International trip that is sold out and have people on waiting list.

It is all set, most of the registrants have received their visa

to Tanzania; all preparations are going well.

We will start in Kilimanjaro on our way to famous Ngorongoro and Serengeti fro Safari



with a relaxing last 2-day on Zanzibar Island.

## Hotel Selection Committee:

Hotel Selection Committee for this year was recently formed. Committee under the chairmanship of Dr. Riaz Chaudhry will be

meeting on conference calls few times between now and November to discuss possible sites for future Summer Meetings. After selecting few cities, we will review proposals from hotels and pay close attention to overall package. Attention will be paid to overall logistics, costs and growing numbers of attendees in future. We have already received information on few cities. ■

Thank you,  
Riaz A. Chaudhry, MD, Chairman  
Hotel Selection Committee 2011  
International Meeting Committee 2011



# PHOTO GALLERY



APPNA's 34th Annual Summer Convention Opening Ceremony featuring St. Louis Mayor, Francis Slay



APPNA's 34th Annual Summer Convention Opening Ceremony featuring St. Louis Mayor, Francis Slay



Ambassador Marc Grossman addressing the APPNA family at the Summer Meeting Banquet



Master of Ceremonies for the Summer 2011 APPNA Banquet, Nimra Tariq



Dr. Mehmood Khan, CSO of PepsiCo and CFO of Global Nutrition Group, Keynote Speaker at the Summer Meeting Banquet



APPNA President, Dr. Manzoor Tariq, addressing the APPNA community at the Summer Meeting Banquet



Dr. Manzoor Tariq and his daughter, Nimra Tariq, at the APPNA Summer Meeting Banquet



Announcement of the Executive Committee for 2012: Dr. Manzoor Tariq, President 2011, Dr. Saima Zafar, President 2012, Dr. Javed Suleman, President-Elect 2012, Dr. Asif Rehman, Secretary 2012

# PHOTO GALLERY



*Dr. Manzoor Tariq, President, presenting an award to Dr. Meher Tabatabaie*



*Mushaira at the Summer Meeting on July 1st*



*The crowd enjoying mushaira at 2:30 am in St. Louis*



*President-Elect, Dr. Saima Zafar, speaking to Dow at the Alumni Dinner*



*APPNA President and Fellow APPNA Members at the Alliance Banquet*



*Youth of St. Louis singing the national anthems at the Alliance Banquet*



*Past Alliance Presidents Hamida Tariq, Fatima Elahi, Rukhsana Mahmood, Bushra Sheikh, and Current Alliance President, Rania Asif*



*The crowd enjoying performances by Shaan at the APPNA Summer Meeting Banquet*

# PHOTO GALLERY



APPNA Yahoo List Gup Shup



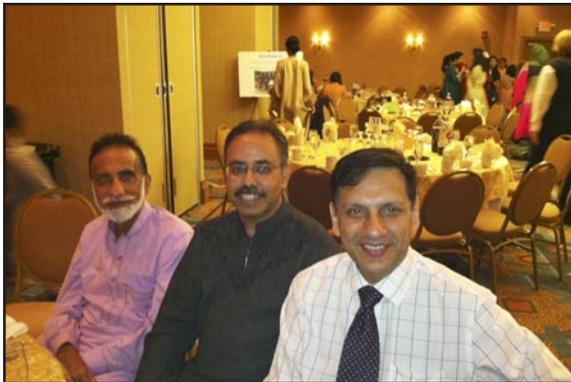
APPNA Summer Meeting Banquet



APPNA Summer Meeting Banquet



Riaz Chaudhry, Chairman of the Host Committee



APPNA Summer Meeting Banquet



Advocacy Committee Peace Walk at the APPNA Summer Meeting to honor Innocent Physicians and Journalists who have lost their lives in the line of duty



APPNA St. Louis Community Health Center Grand Opening



APPNA St. Louis in front of the Community Health Center which opened on 9/11/11



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### **CHAIR, DEPARTMENT OF PSYCHIATRY**

The Chair will have the responsibility to conduct the research, education and clinical services mandate and will provide dynamic leadership to consolidate and further expand the department. Candidates must have suitable post-graduate qualifications with extensive leadership, managerial and clinical experience in a teaching hospital. They should have notable achievements in research and teaching, as well as strong interpersonal skills.

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- **PSYCHIATRY**

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Applicants for Associate Professor should have at least 8 years of teaching / research experience in an Higher Education Commission (HEC) recognized University or postgraduate institution, with 5 years' post-terminal experience of teaching. They should also have a minimum of 5 research publications in journals recognized jointly by HEC and Pakistan Medical & Dental Council (PMDC) with at least 2 of these publications in the last five years. Applicants for Assistant Professor should have at least 2 years experience as Senior Instructor/equivalent.

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**Interventional Cardiologist:** Performs High Risk Angioplasty & Stenting  
**Hypertension Specialist:** Fellowship at University of Michigan & several papers on HTN  
**Carotid Artery Stenting and Peripheral Vascular Interventions**

**Authored Several Papers And Abstracts**

- First Paper on Carotid Artery Stenting in J Am Coll Cardiol – JACC, June 2000
- First (along with Dr. Zweifler) to describe the phenomenon of “PSEUDOHYPERTENSION”  
Co-Author of the Editorial on “Pseudohypertension” in Journal of Hypertension
- First to report on Percutaneous Transmyocardial Laser Revascularization – AJC, Feb. 1999

**Social and Welfare Activities**

- Chairman, APPNA Summer Publication 2008.
- Member Host Committee, APPNA Summer Meeting 2008.
- Member APPNA Publication Committee 2008.
- Co-Chair, APPNA Resource and Development Committee, 2009
- Member, Communication Committee, 2009
- Member APPNA Advocacy Committee 2009, 2010.
- Chairman APPNA Publication Committee 2009.
- Co-Chair Earthquake relief 2005: Set up the first camp in “Garhi Dupatta”, Azad Kashmir.
- Member organizing committee APPNA – DC/Maryland/Virginia chapter summer and fall meetings.
- Faculty APCNA (Association of Pakistani Cardiologist of N.A.) winter meeting Lahore Dec, 2010.
- Member organizing committee Free Clinic with Adam’s Center and Mclean Center
- Founder and Chairman of Appalachian Health Educational Campaign.

**Tariq Shahab For APPNA Treasurer**

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TOGETHER, OR,  
ASSUREDLY, WE SHALL  
ALL HANG SEPARATELY**

Benjamin Franklin  
July 4, 1776

**A Message for all Pakistanis**

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May there be peace & happiness for the entire world especially in  
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May our friendships be sincere & everlasting

May Allah accept our good deeds & forgive our many transgressions-  
May our acts of kindness like feeding the hungry & needy bring light & smiles on all

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Mushtaq Sheikh, MD	Executive Director
Taseer Cheema, MD	Past President
Zahid Asgher, MD	Past President

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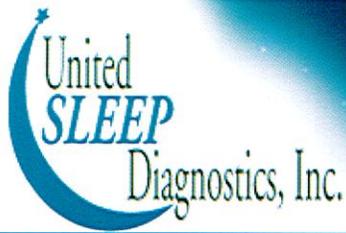
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**"Downstate" and the Host Committee**

*for their hard work and commitment in making this APPNA Fall  
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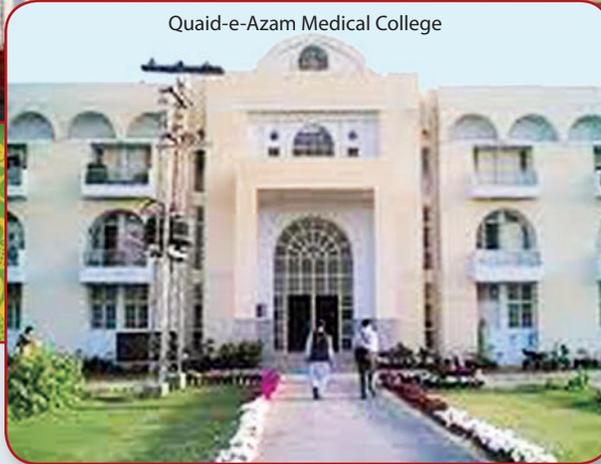
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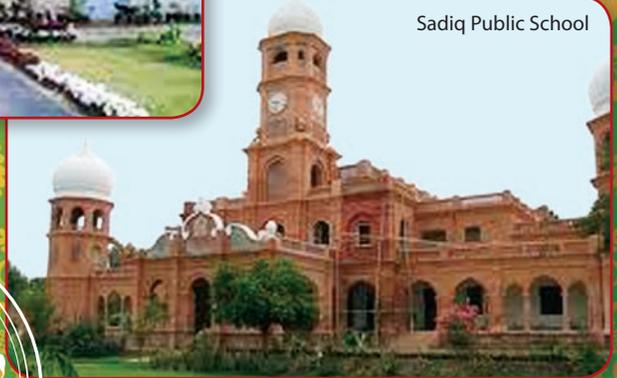
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